

Scarban®

Professional Scar Treatment

Instructions for use

Practical tips

Scarban® is effective for both old and new scars (hypertrophy/keloid).

For best results, it is important to use Scarban® silicone sheets on the scar for at least twelve consecutive hours, every day.

Scar recovery takes time. Prevention or treatment of scars with Scarban® takes at least three to six months.

Use Scarban® only after complete wound closure (after removal of sutures and disappearance of any scabs).

Use Scarban® as long as the scar is elevated, red or causes complaints.

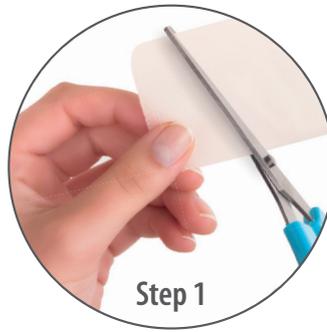
In rare cases, the skin may react sensitively (skin irritation) to silicone treatment. Stop the treatment until the skin is no longer irritated. Re-start the treatment and let the skin get used to the sheet more gradually (apply for one hour longer each day).

When used and maintained correctly, each Scarban® pack provides four to eight weeks of scar therapy.

It is recommended to use a good, hydrating scar cream (for example ALHYDRAN medical cream) in the periods in which Scarban® is not being used.

When swimming or exercising intensively the Scarban® silicone sheet should be temporarily removed. Re-apply the sheet after the activity.

Protect the scar from harmful UV radiation for one year after wound closure. Exposure to the sun can cause accelerated sunburn and permanent discolouration of the scar. Scarban® silicone sheets offer very high UV protection as a standard feature.



Step 1

If necessary, the Scarban® silicone sheet can be cut to the correct size. Make sure that an area of 2 cm bordering the scar is also covered by the silicone sheet.



Step 2

For good adhesion and durability of the Scarban® silicone sheets, remove hair around the scar site. Clean and dry the skin thoroughly before applying the sheet.



Step 3

Remove the protective film from the Scarban® silicone sheet.



Step 4

Apply the adhesive side of the Scarban® silicone sheet to the scar (not to an open wound).



Step 5

Fixing in place: If necessary, the Scarban® silicone sheet can be fixed in place with an additional adhesive or stretch bandage. (This is normally not necessary.)



Step 6

Cleaning: For good hygiene and in order to maintain adhesion, Scarban® silicone sheets should be cleaned daily (e.g. while showering). Rub the sheet with a few drops of Scarban® Silicone Cleaning Soap or a neutral soap.



Step 7

Rinse off: Rinse the Scarban® silicone sheet well under lukewarm, running water so that all dirt and soap residue is removed.



Step 8

Drying: Let the Scarban® silicone sheet dry (adhesive side up) on a dry, lint-free, clean surface. During drying, the sheet will automatically unwind and its adhesive strength will gradually return. After this, Scarban® can be re-applied.

Because every scar needs care!
scarban.eu

Instructions for use - hand and finger product range



Finger tape

Super-elastic silicone tape (30 x 2.5 cm / 11.81 x 0.98") for entire (circular) finger treatment. Always start at the end of the finger and work towards the body (heart). Ensure even pressure distribution. Pressure adds effect to the scar treatment.



Webspace



Special, pre-formed, thick, elastic silicone sheets for use on web between thumb and index finger. Dimensions: 10.5 x 4 cm (4.1 x 1.57").



Finger*

Step 1: Apply a cream (for example ALHYDRAN medical cream) to the finger needing treatment, so that it slides easily into the silicone finger (i.e. not the pressure stocking).



Step 2: Carefully pull the Scarban® pressure stocking back and forth over the silicone finger. The pressure stocking adds effect to the scar treatment.



Step 3: When removing the Scarban® Finger, first remove the pressure stocking from the affected finger (from bottom to top). Then carefully remove the silicone finger.



Hand**

Step 1: Apply cream (for example ALHYDRAN medical cream) to the hand (especially the fingers) requiring treatment. This allows the hand to slide easily into the Scarban® silicone glove.



Step 2: Roll down the collar of the Scarban® silicone glove, to the outside. Then put on the glove by pulling the glove's fingers gently over the fingers using back and forth movements.



Step 3: When the glove has been fully put on, roll the collar back. When taking off the Scarban® Glove, fold the collar outwards. Then gently pull on the fingertips, to slowly remove the glove.

Finger* - If desired, the Scarban® Finger can be cut to length (refer to the stripe markings on the product).
- To clean the Scarban® Finger, refer to the instructions in the manual included in the package.

Hand** - The Scarban® Glove can be used to treat an entire hand, for example for burn wounds.
- Use the Scarban® Glove during the night, or both day and night (for a minimum of twelve hours).
- Make sure the glove is completely intact (do not cut the glove).
- To clean the Scarban® Glove refer to the instructions included in the package.