

# THE 15 COMMITMENTS COACHES CERTIFICATION TRAINING F.A.Q.

The Conscious Leadership Group was co-founded by Jim Dethmer and Diana Chapman to support the expansion of conscious leadership in the world by working with the 15 commitments of conscious leadership that they co-authored. Over the past many years coaches have stepped forward requesting training so that they could work with these commitments with their clients. This training specifically focuses on how to embody these commitments in your own life and use them in one-on-one coaching with organizational leaders. This program will not be focusing on group facilitation of the commitments.

## What is the 15 Commitments Coaches Certification Training?

The 15 Commitments Coaches Certification Training is a one-year program that supports organizational coaches in developing mastery of:

- Living the 15 commitments
- Holding space for other individuals to live the 15 commitments
- Coaching one on one clients using the 15 commitments and CLG tools

## Who is this training for?

- Coaches who already have basic coaching certification or training. This program is not for people who want to learn the basics of how to coach individuals. We assume that you already have both the knowledge and skill to coach others.
- These coaches also already have a coaching practice with organizational leaders (people who work in organizations as managers and who have direct reports). This program is not designed for coaches who are just beginning their practice and looking to learn the basics and build a new business. Rather this program is for experienced coaches who want to learn how to master the CLG coaching consciousness and tools.

OR

- HR/OD/Human Capital professionals who coach organizational leaders as part of their professional responsibility.

## What is the structure of the training?

- The training will run for 12 months
- Participants, facilitated by Jim Dethmer and/or Diana Chapman, will meet in person three days each quarter (4x/yr) from 9 AM of day 1 until 3 PM of day 3, 2x per year in the Bay Area and 2x per year in the Chicago Area.

- Weekly Assignments
  - Everyone has a peer learning partner that they practice with 30 minutes a week.
  - Everyone participates at least once a week on the group discussion board.
- Monthly Assignments
  - Everyone participates in a small peer practice group that meets via phone/video 90 minutes a month. These groups will be facilitated by a member of the CLG coaching team.
  - Everyone joins a monthly 60-minute call led by Jim and/or Diana.
- Quarterly Assignments
  - Everyone provides one recorded coaching session to Jim and Diana per quarter.
  - Everyone will exchange a separate recorded coaching session with their learning partner and provide feedback to one another each quarter.

### What is the unique value of the training?

- 15 Commitments Coaching Certification
- Access to and use of CLG coaches materials provided for life
- Training in how to use all CLG tools and materials
- Practice in using all CLG tools and materials with other coaches
- Feedback. Feedback. Feedback.
  - Daily access to a discussion board where Jim, Diana, CLG team members and fellow participants will offer feedback.
  - You will be available for mentoring and feedback about how you are living and embodying the commitments of conscious leadership and how you are coaching using the materials and tools.
  - As part of the one-year training you will have four coaching sessions reviewed by CLG master coaches to receive feedback on your coaching skills.
  - You will also get feedback on how you are holding the space of transformation.
- The opportunity to be considered to join the CLG coaching team as a CLG master coach. CLG has a select group of master coaches who have all been practicing the CLG consciousness and coaching methodology for years. Periodically we invite others to join our team and those who complete our certification training will be considered for the CLG team.

### What certification is provided?

This program is not affiliated with any other coaching organization. You will receive a certification from The Conscious Leadership Group declaring that you have completed a one-year 15 Commitments Coaches Certification Training.

### What are the dates for the in-person trainings?

- October 21-24, 2017 in Bay Area
- February 26-28, 2018 in Chicago
- June 18-20, 2018 in Chicago
- Oct 8-10, 2018 in Bay Area

### What are the times of the in-person trainings?

- Day 1 1:00 PM - 9:00 PM
- Day 2 9:00 AM - 9:00 PM
- Day 3 9:00 AM - 9:00 PM
- Day 4 9:00 AM - 3:00 PM

### What is the investment?

\$15,000 per person per year plus travel and expenses.

### If I can not pay in full, is there an opportunity to pay in installments?

Yes, for special circumstances, we allow participants to pay a full quarterly payment before each in-person training.

### How many people will be part of the training?

There will be up to 20 coaches in the year-long training.

### Is there an attendance policy?

Yes, every member of the 15 Commitments Coaches Certification Training agrees to attend all four quarterly meetings and fully participate in virtual training platforms in order to be a part of the training.

### What is the refund policy?

Participants are registered once they have paid in full before the training begins. There is no refund available after you have registered.

### Is there an opportunity to speak with someone who has gone through the training?

Yes, we can offer you the contact information for others who are certified or near certification to get their perspective on the value of the training.

### How do I apply and become fully registered?

1. Contact [hello@conscious.is](mailto:hello@conscious.is) to request an application.
2. Await approval of application (expect 2 weeks).
3. Provide payment to secure your spot.

