

FEBRAURY

2017

**INFINITE WORTH**  
*Remembering Whose You Are*

#NOURISHTHESEED

STUDY WITH *the* SMALL SEED

# WELCOME

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*"Seek me daily and delight to know my ways"*

-ISAIAH 58:2

Thank you for choosing to be a part of our study here at The Small Seed. We are so thankful for you, for your light and for your choice to come closer to your Savior Jesus Christ and Father in Heaven. We are so excited for the opportunity to dig into God's words, together, and to learn more fervently of His eternal truths and the attributes that make our Savior who He is.

We know as you intentionally put God first and study His words, your life will be blessed with peace, direction, and joy. Studying the gospel takes work, but as you consistently do it, God will enlighten your mind, expand your understanding, and deepen your desire to learn of Him and His ways!

It is our prayer that this guide will bless your life, direct your studies and ultimately aid in your own personal revelations from God! Remember- there is no right way to study God's words. Be prayerful and intuitive. Ask God to help you use this guide in the most effective way possible for you personally.

Again, thank you for who you are. We love you. We are praying for you. We promise as you study, ponder and reflect upon these truths, your life will be filled with the enabling power and strength of our Savior!

All our love,

*The Small Seed Team*

# BEFORE YOU BEGIN

*tips to make the most of your study*

## 1) START WITH PRAYER ON YOUR KNEES

Start your study session by asking for the spirit to guide you as you study. Ask to be guided to what you should do and feel, and for the courage to act on those promptings.

## 2) HAVE A PEN AND STUDY JOURNAL READY

Be committed to learning by taking notes on thoughts, impressions, and answers. Recognize ideas that come about things you should do, and then record and do them. Answers to pressing concerns in your own life may be answered as you put God first.

## 3) DIG IN AND LET GOD DIRECT YOUR STUDY

We recommend that you start by briefly over-viewing the three pages of this guide. Don't restrict yourself to simply going through the guide in order, but rather be prayerful and let the spirit guide you in your approach to studying. Remember - there is no right way to study! Find what works best for you, adapt it to your own personal needs, and then let the spirit direct you. As you do this, God will enlighten your mind and teach you eternal truths.

## 4) END WITH A PRAYER OF GRATITUDE

End your study session with a prayer of gratitude for insights, promptings and the change of heart that comes as you're in God's word. Commit in prayer to live and do the things you felt prompted to do.

## 5) SHARE WHAT YOU LEARN

As you learn, look for opportunities to share with others what God has taught you. When we share our light, it not only blesses others, but it strengthens our own testimony. Although some insight are personal, we challenge you to have the courage to share what God is teaching you with your family, friends and our community!

*When sharing on social media tag your posts with  
#NOURISHTHESEED - We want this to be a community 'feast'  
and we can't wait to hear what each one of you are learning!*

# INFINITE WORTH

*Remembering Whose You Are*

## ARTICLES & TALKS

[“He Knows You by Name”](#) : by Elaine S. Dalton

• *Can you think of a time when you felt God’s love and knew that He was aware of you? How can you know that your name and needs are known by our Heavenly Father?*

[“Our Divinely Based Worth”](#) : by Barbara Day Lockhart

• *Is there an area in your life in which you are basing your worth upon the ‘ladders of worldly success.’ How could shifting this perspective enhance your self-esteem and confidence?*

• *Is your eternal spirit getting the same attention and nourishment as your ‘outward appearance’? What is one thing that could change that would help your spiritual nourishment?*

[“You Were Born to Lead, You Were Born for Glory”](#) : by Sheri L. Dew

• *Have you asked God what your divine mission is? Have you ever felt like you were more than your mortal self?*

• *How does knowing your divine eternal purpose, help you overcome feelings of doubt or low self-esteem?*

*You are a child of God. He is the father of your spirit. Spiritually you are of noble birth, the offspring of the King of Heaven. Fix that truth in your mind and hold to it. However many generations in your mortal ancestry, no matter what race or people you represent, the pedigree of your spirit can be written on a single line. You are a child of God!*

BOYD K. PACKER

## SCRIPTURES

• *After reading the scriptures below, what has God taught you about your infinite worth that you hadn't thought of before?*

### OLD TESTAMENT

- [Isaiah 49: 14-16](#)
- [Psalms 8: 4-6](#)
- [Psalms 82: 6](#)
- [Hosea 1: 10](#)
- [Jeremiah 1: 5](#)
- [1 Samuel 16:7](#)
- [Malachi 2: 10](#)

### NEW TESTAMENT

- [Luke 11: 13](#)
- [Luke 15: 10](#)
- [Acts 17: 27-28](#)
- [1 Corinthians 3: 16](#)
- [Romans 8: 16-17](#)
- [Ephesians 4: 6](#)
- [1 John: 4](#)

### BOM/D&C

- [D&C 18: 10-13](#)
- [D&C 50: 40-46](#)
- [D&C 76: 22-24](#)
- [D&C 101: 36-38](#)
- [D&C 121: 34-35](#)
- [Abraham 3: 22-26](#)
- [JS-H 1: 15-17](#)

### Moses Walks with God: Moses Chapter 1

• *What does Moses' experience teach us about the divinity of being a child of God? Why was it so easy for Moses to stand strong against the adversary?*

### Esther's Courage: Esther Chapter 4

• *In what way did Esther's knowledge of who she was, aid in her courage to go before the King? How could knowing your own worth as a child of God, help you to have the courage to do that which God has asked of you?*

## CHRIST'S LIFE

### The Value of One Soul: Luke 15: 1-10

• *What does this parable teach us about the worth of souls? Have you pondered or asked to feel the love that both Christ and God has for you? How can this knowledge give you strength?*

### I Came to do the Will of Him Who Sent Me: John 6:25-71

• *Jesus Christ knew exactly who He was and what His life's mission was about. Because of this, His life was steady, constant and still. Never wavering when other's mocked, doubted or lashed out at Him. How can knowing who you are, despite external influences or opinions, give you the confidence and peace you need to fulfill your personal mission and purpose?*

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