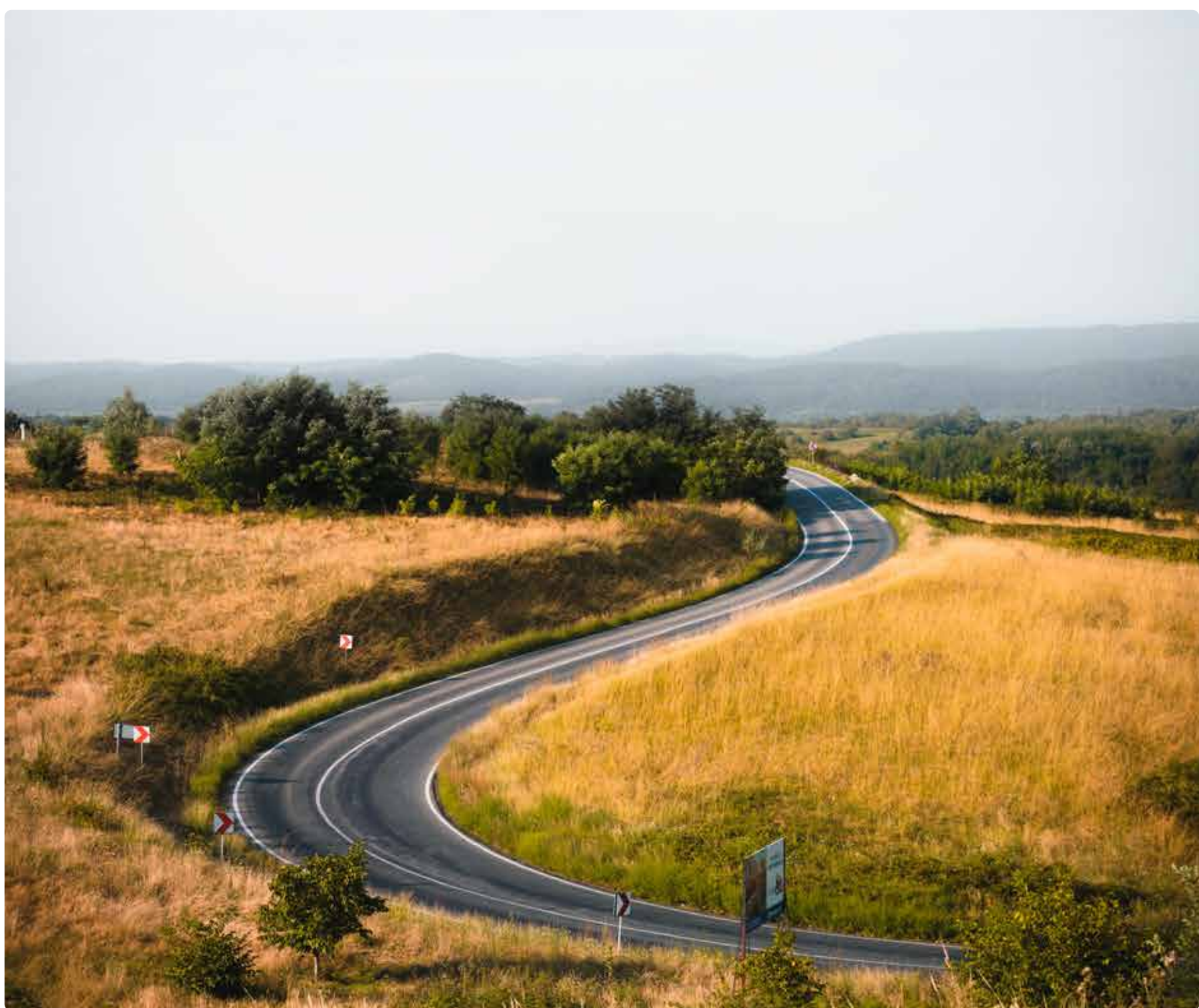


No one knows what their future health holds, but everyone wants to have their voice heard throughout their lifespan.

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Hospitalizations

WHAT IF I AM HOSPITALIZED

When a person is hospitalized he or she may be very sick and physically weak. That person may even be confused at times.

This section will help you to learn about what resources are available and how to connect with local in-home services should you need help after a hospitalization.

You will be able to find out what rehabilitation options are available to you and choose where you would like to receive care should you ever need it.

Most Hospitalizations Are Unplanned

Joan was hospitalized for several days and became weak. She was not able to go directly home. She talks how she went to a rehabilitation hospital for her physical therapy.



OTHER THINGS TO CONSIDER

If you are hospitalized, there will be many things you may not be thinking about.

Here are some other things to consider:

1. Who will help me walk my pets?
2. Who will be able to mow my lawn or remove snow?
3. Who will pick up my medications or can I set up delivery? (Some pharmacies will deliver depending on where you live.)



Please write down details for pharmacies.

Pharmacy 1 — local

Enter first pharmacy here.

Pharmacy 2 — with mail order

Enter second pharmacy here.

If I need low-cost help in the home, I would like this group to be contacted.

Type your answer here.



	ACUTE REHABILITATION	SUB-ACUTE REHABILITATION
Where is it done?	Rehabilitation hospital	Skilled nursing facility or nursing home
Do I stay overnight?	Yes	Yes
What type of equipment is used?	Treadmills, exercise bikes, balls, weights, and more	Treadmills, exercise bikes, balls, weights, and more
On average, how often does it occur?	Daily 1 hour sessions for 3-5 hours a day	Daily 1 hour session for 1-3 hours a day
Does Medicare pay for it?	Yes, if you qualify	Yes, if you qualify