



## IELTS READING/WRITING LESSON 6-19/20-2019

## Section One Vocabulary

**Directive:** Match the correct word in column A with the definition in column B, then use in a sample sentence

Column A	Column B
VOCABULARY	DEFINITION
1. <b>Self-Improvement</b> (Noun)	<b>A.</b> to surpass others or be superior in some respect or area; do extremely well.
2. <b>Excel</b> (Verb)	<b>B.</b> improvement of one's mind, character, etc., through one's own efforts.
3. <b>Responsibility</b> (Noun)	<b>C.</b> a property of space; extension in a given direction.
4. <b>Knowledge</b> (Noun)	<b>D.</b> the quality of being capable; capacity; ability.
5. <b>Skill</b> (Noun)	<b>E.</b> the faculty of discerning; discrimination; acuteness of judgment and understanding.
6. <b>Dimension</b> (Noun)	<b>F.</b> to ascertain or plot and control the course or position of (a ship, aircraft, etc.).
7. <b>Capability</b> (Noun)	<b>G.</b> the ability to judge, make a decision, or form an opinion objectively, authoritatively, and wisely, especially in matters affecting action; good sense; discretion.
8. <b>Judgement</b> (Noun)	<b>H.</b> the ability, coming from one's knowledge, practice, aptitude, etc., to do something well.
9. <b>Discernment</b> (Noun)	<b>I.</b> acquaintance with facts, truths, or principles, as from study or investigation; general erudition.
10. <b>Navigate</b> (Verb)	<b>J.</b> the state or fact of being responsible, answerable, or accountable for something within one's power, control, or management.

## Section Two Reading

## ARTICLE A

## Learn, Grow and Succeed

Source

1. Self-improvement is a journey that anyone who wants to excel in life must take. It does not matter in what area you want to excel and progress, whether it be in your business, in your work, in your studies, in your marriage or in your spirituality.

All aspects of our lives can only truly improve if we take responsibility for their improvement. The greatest area of such improvement that will impact all other areas of our lives, is improving ourselves.

This can be at several levels:  
Improving your KNOWLEDGE  
Improving your SKILLS

But is it clear from this that even improving your skills first requires improving your knowledge. Therefore, we can conclude that all self-improvement begins with self-growth in the area of our knowledge.

2. "Man's mind, once stretched by a new idea, never regains its original dimensions." -Oliver Wendell Holmes, US author & physician (1809 - 1894)

The mind is the thing that we must stretch in order to broaden our reality and capabilities. Without a stretched and open mind that is receptive to new ideas and information, self-growth is impossibility. But with such openness and receptivity to new ideas comes great responsibility. This is because not every idea or theory is correct. Some things are wrong, and some things are dangerous and can be destructive.

Therefore, we must use our judgement and discernment in deciding what ideas to accept and what ideas to reject. Accepting correct ideas and information will lead to success. Accepting wrong ideas and information can lead to failure and frustration.



3. Here also the circle is completed, because having such judgment and discernment requires that we first have the right knowledge by which to make such judgement and choices. So again, knowledge comes out on top. You need to have the right knowledge in order to navigate the unpredictable terrain of life.

This section of the site and others are there to give you that right knowledge that will equip you for success in life and give you the tools you need to excel.

## ARTICLE B

### Self-Motivation Tips To Help You Succeed

Source

1. A collection of self-motivation tips through articles that I have written over the years for my weekly motivational column in the Post Newspapers in Zambia. I hope you enjoy them and learn something new from them. I also hope you will put what you learn into practice and that you are successful in all you plan to achieve.



Self-Motivation Tips Awaken the Inner Child

Is being grown up proving to be a stumbling block to your success? Has your imagination and belief been stifled by maturity and adulthood?

2. **You Need A Bigger Problem**  
How do you fire up your motivation? How do you get lasting motivation that doesn't fade or wane? Like most people, I bet you would like to be motivated all the time. You would like to have drive and passion that is always at its peak and allows you to achieve all the wonderful things you would like to achieve.
3. **The Language Of Success**  
Your language proficiency has a huge bearing on your level of success. You can increase your earning power simply by increasing your vocabulary. There are some things that you just don't want to hear at times, especially when they are so simple and so true. This is one of those things.
4. **The Value of Selfishness**  
Go after the things you want with everything you have. Pursue your own dreams and desires with vigor and determination.

Vaccination Theory of Education. The vaccination theory of education is the perception that education comes to an end. People that believe in this theory think that once they have attained a certain level of education, they no longer need to learn anything new.

### 5. Quotes About Success

- "Coming together is a beginning; keeping together is progress; working together is success." Henry Ford
- "Develop success from failures. Discouragement and failure are two of the surest stepping stones to success." - Dale Carnegie
- "A strong, positive self-image is the best possible preparation for success." - Joyce Brothers
- "Success is nothing more than a few simple disciplines, practiced every day." Jim Rohn
- "However difficult life may seem, there is always something you can do and succeed at." Stephen Hawking
- "Think twice before you speak, because your words and influence will plant the seed of either success or failure in the mind of another." Napoleon Hill
- "If everyone is moving forward together, then success takes care of itself." Henry Ford
- "There are people who make things happen, there are people who watch things happen, and there are people who wonder what happened. To be successful, you need to be a person who makes things happen." Jim Lovell
- "If you have no critics, you'll likely have no success." Malcolm
- "Success isn't measured by money or power or social rank. Success is measured by your discipline and inner peace." Mike Ditka
- "Eighty percent of success is showing up." Woody Allen
- "The successful man will profit from his mistakes and try again in a different way." Dale Carnegie
- "Keep steadily before you the fact that all true success depends at last upon yourself." Theodore T. Hunger
- "Success is the child of audacity." Benjamin Disraeli



- "I cannot give you the formula for success, but I can give you the formula for failure--which is: Try to please everybody." Herbert Bayard Swope
- "The talent of success is nothing more than doing what you can do, well." Henry W. Longfellow
- "Frustration, although quite painful at times, is a very positive and essential part of success." Bo Bennett
- "Success is getting what you want, happiness is wanting what you get." W.P. Kinsella
- "Success is not measured by what you accomplish, but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds." Orison Swett Marden
- "Definiteness of purpose is the starting point of all achievement." W. Clement Stone