



Tamera's Kitchen

Menu & Wine List

Appetisers

Served with Salad & Mint Sauce

Paneer Tikka	£4.95
Pieces of Indian cheese marinated in herbs & spices cooked in a clay tandoori oven on a skewer.	
Mixed Kebab	£4.95
2pc Chicken, 2pc Lamb, 2pc Sheek Kebab	
Onion Bhaji	£3.95
Deep fried onion balls	
Samosa	£3.95
Stuffed pastry with (Meat or Veg)	
Chicken Tikka	£4.50
Skewered grilled marinated chicken	
Lamb Tikka	£4.75
Tandoori Chicken	£4.75
On the bone, marinated & grill	
Sheek Kebab	£4.50
Sausage shaped mincemeat kebab	
Garlic Chicken or Lamb Tikka	£4.95
Marinated in garlic & grilled	
Chicken Pakora	£4.75
Lightly spiced grilled chicken breast in batter	
Chicken Chat Puri	£4.75
Diced chicken in slightly hot, sweet & sour, wrapped in a soft bread	
Prawn Patia Puri	£4.75
Raja Puri.....	£6.75
Grilled king prawns in sweet & sour and slightly hot sauce wrapped in soft bread	
Prawn Cocktail	£4.50
Tandoori King Prawn.....	£6.75
King prawn marinated in spices & yoghurt, then cooked in the clay oven	
Salmon Tikka	£5.95
Pan-fried salmon tikka steak coated in sprinkled turmeric and rock salt	

Tandoori & Kebab Specialities

Marinated in yoghurt & spices. Served with fried onions, peppers, salad, mint yoghurt sauce & bhuna curry sauce.

Chicken Tikka	£9.95
Tandoori Chicken	£10.95
1/2 chicken on the bone	
Lamb Tikka	£10.95
Garlic Chicken or	
Lamb Tikka With added garlic	£10.95
Tamera's Chicken or Lamb Tikka With hot spices	£9.95
Chicken or Lamb Shashlik	£10.50
Tandoori Mixed Grill	£12.95
Chicken tikka, lamb tikka, sheek kebab and tandoori chicken, roasted in tandoori	
Tandoori King Prawns	£12.95
Cocktail Chicken or Lamb Kebab	£11.95
Large pieces of lean chicken breast or lamb, chargrilled & served with grilled tomatoes, peppers, onions & mushroom	
Paneer Tikka	£10.95
Pieces of Indian cheese	

Tamera Tawa Specials

Cooked with onion and green pepper, strongly spiced with herbs.

Chicken Tikka Garlic Chilli	£8.25
Chicken Tikka	£8.25
Chicken Tikka Jalfrezi	£8.25
Tikka Massala	£8.25
Chicken Tikka		
Mushroom Sagwala	£8.95
Lamb Jalfrezi	£8.25
Lamb Sagwala	£8.95
Lamb	£8.25
Lamb Tikka	£8.25
Tamera Special	£8.50
Prawn	£8.95
King Prawn	£10.95
King Prawn Sagwala	£11.95
Mix Grill Shank	£8.95
Vegetable	£8.25
Vegetable Jalfrezi	£8.25
Sag Paneer	£7.95
Potato & Mushroom Sag	£7.95

Balti Dishes

Cooked with onions, peppers & tomatoes with fresh coriander, ginger and a touch of garlic.

Absolutely delicious.

Chicken or Lamb Balti	£8.95
Lamb Tikka Balti	£9.25
Prawn Balti	£8.95
Vegetable Balti	£7.95
King Prawn Balti	£11.95
Mix Grill Balti	£9.95
<i>Selection of kebabs</i>		
Garlic Balti (Chicken or Lamb)	£9.50
Special Balti	£10.95

Chicken, lamb, prawns & mushroom mixed. Gorgeous !

Massala Dishes

Chicken Tikka Massala	£8.95
<i>The nations favourite dish. Mild to medium chicken tikka cooked in a creamy massala sauce</i>		
Lamb Tikka Massala	£8.95
<i>Mild to Medium. Lamb tikka cooked in a creamy massala sauce</i>		
Akbori Chicken Massala	£9.75
<i>A fairly hot spicy sauce with onions, tomatoes and pepper, topped up with mincemeat & egg.</i>		
Tandoori King Prawn Massala	£12.95
<i>Grilled king prawns cooked in a creamy sauce</i>		
Baddami Massala	£10.50
<i>Chicken or lamb cooked in a medium to mild creamy peanut and butter sauce</i>		

Traditional Favourites

Medium Curry - Medium hot

Madras - Fairly hot

Vindaloo - Very hot dish

Phall - Extremely hot!!!

Rogan Josh - Medium, well flavoured with fried tomatoes, peppers and onions

Dupiaza - Medium, well flavoured with onions and peppers

Bhuna - Medium, cooked in fairly dry thick sauce

Pathia - Slightly hot, sweet & sour

Baddami Korma - Creamy & mild with almond, coconut & peanut butter sauce.

Dhansak - Hot, sweet & sour with lentils

Korma - Very mild and creamy

Malayan - Mild & creamy with pineapple

Sagwala - Well flavoured with onions, a touch of garlic, ginger and spinach.

All above dishes can be selected with the following:

Chicken	£7.95
Lamb	£8.50
Chicken or Lamb Tikka	£8.75
Prawn	£7.95
Vegetable	£6.95
King Prawn	£10.95
Mixed Chicken, lamb, prawn.....	£8.95

Seafood Specials

Sea food Platter (Salmon, King Prawn & Scallop)	£14.95
Pan fried fish with king prawn simmered in a tantalising Chef's sauce. Served with scallops, and mashed potatoes.	
Salmon Ka Jalfrezi	£12.95
The famous Bengali speciality. Pan fried salmon steaks simmered in freshly ground spices, dill with caramalised garlic and chilli sauce. A slightly hot and spicy fish dish.	
Sea Bass Bahar	£12.95
Cooked in a medium but spicy sauce. Flavoured with onions, peppers, tomatoes and fresh coriander. Very tasty!	
Scallops Karishma	£12.95
A succulent blend of pure ground almonds and pulped mango with home made sauce to create a sweet sensation	

Tamera Chef Specials

Garlic Falguni	£8.95
Chicken or lamb, an excellent dish for those who love garlic! Cooked in Chef's own medium spices and garnished with fresh bay leaves	
Murgh Mosalam	£8.95
Boneless tandoori chicken cooked with lamb mince & peas, tomatoes, onion and flavoured with green herbs	
Chicken Chom Chom	£8.95
Marinated off the bone tandoori chicken cooked with spinach and chick peas. This dish is served medium and is highly recommended.	
Murgh Badshi Sizzler	£8.95
Chicken in a blend of exotic garlic chilli sauce with fresh coriander and green chilli. This dish is served fairly hot.	
Tamera Raja Special	£12.95
Succulent king prawn marinated then cooked with onions and tomatoes, flavoured with spring onion and fresh capsicum.	
Honey Chicken or Lamb	£8.95
A succulent blend of pure honey and home made spices to create a sweet sensation.	
Naga Chicken or Lamb	£8.95
This is a beautiful flavoursome curry with a devilish kick to it. Cooked with hot pickle.	

House Specialities

Lean chicken breast or lean lamb having been marinated in yoghurt, selected spices & herbs, char grilled then cooked in the different flavours with their own individual taste and aroma.

Atchar Chicken (Medium)	£9.25
<i>Spicy & tangy dish with peppers, onions & pickles</i>	
Chicken or Lamb Passanda	£9.75
<i>Creamy & mild with red wine</i>	
Chicken or Lamb Makoni	£9.75
<i>Creamy & mild with butter</i>	
Shashlik Nawabi (Medium)	£9.75
<i>Chicken or lamb grilled on the skewer with onions, peppers and tomato, then cooked in a tasty Nawabi sauce</i>	
Ghandi's Revenge (Chicken or Lamb).....	£9.75
<i>Extremely hot & volatile curry, with special red bullet chillies. This should bring a grin to Ghandi's soul after you've eaten it!!</i>	
Chicken or Lamb Karishma	£9.50
<i>Creamy & mild with mango and ground almonds</i>	
Chicken or Lamb Kor-Rye	£8.95
<i>A medium but spicy sauce flavoured with onions, peppers, tomatoes and fresh coriander</i>	
Chicken Tikka Jalfrezi	£8.95
<i>Cooked in madras strength sauce with fried green chillies, onions and peppers</i>	
Garlic Chicken or Lamb	£8.95
<i>Cooked in a delicious garlic sauce with onions and peppers</i>	

Biryani Dishes (Medium)

Mixed with Rice and served with Medium Vegetable Curry

Chicken Biryani	£8.95
Tandoori Chicken Biryani	£9.25
Prawn Biryani	£8.95
Vegetable Biryani	£8.50
Mushroom Biryani	£8.25
Chicken Tikka Biryani	£8.95
Lamb Biryani	£8.95
King Prawn Biryani	£11.95
Special Biryani	£9.95
<i>Chicken, Lamb and Prawns</i>	

Side Dish

	Side	Main
Mixed Vegetable Bhaji (Dry)	£3.95	£6.95
Mushroom Bhaji (Dry)	£3.95	£6.95
Bombay Potato	£3.95	£6.95
Garlic Potato <i>Cooked in creamy garlic sauce</i>	£3.95	£6.95
Sag Bhaji Spinach	£3.95	£6.95
Cauliflower Bhaji	£3.95	£6.95
Tarka Dall Lentils with Garlic	£3.95	£6.95
Bhindi Bhaji Okra	£3.95	£6.95
Aloo Gobi Potato & Cauliflower	£3.95	£6.95
Sag Aloo Spinach & potato	£3.95	£6.95
Chana Bhaji Chick Peas	£3.95	£6.95
Sag Paneer Spinach & cream cheese	£3.95	£6.95
Dhall Sag Lentils & spinach	£3.95	£6.95
Brinjal Bhaji Aubergine	£3.95	£6.95

Sundries

Plain Papadom	<i>Served with chutney and pickles.</i>	£1.05
Spicy Papadom	<i>Served with chutney and pickles.</i>	£1.05
Chips		£1.95
Raita	<i>Cucumber or onion in yoghurt.</i>	£1.50
Green Salad		£1.95

Rice

Pure Basmati rice is used

Spicy Rice		£3.25
<i>Fried with green chillies</i>		
Peas Pilau Rice		£3.25
Lemon & Garlic Rice		£3.25
Fried Rice		£3.25
<i>Fried with onions</i>		
Garlic Rice		£3.45
<i>Fried with garlic & onions</i>		
Special Fried Rice		£3.45
<i>With vegetables, egg, onion & peppers</i>		
Mushroom Rice		£3.45
Keema Rice		£3.45
<i>Fried with mince meat</i>		
Vegetable Rice		£3.45
Egg Rice		£3.45
Pilau Rice		£2.95
Plain Rice		£2.75

Breads

Plain Naan		£2.50
Garlic Naan		£2.75
Cheese Naan		£2.75
<i>Stuffed with cheese</i>		
Chilli Naan		£2.75
<i>Just chillies, chicken & chilli, keema & chilli or garlic & chilli</i>		
Keema Nan		£2.75
<i>Stuffed with spicy mincemeat</i>		
Kulcha Naan		£2.75
<i>Stuffed with vegetables</i>		
Peshwari Naan		£2.75
<i>Stuffed with coconut & almond</i>		
Stuffed Parata		£3.25
<i>Stuffed with vegetables</i>		
Plain Parata		£2.90
<i>Thick fried bread</i>		
Roti	<i>Wheat flour bread baked in the tandoori.</i>	£2.50
Chapati		£1.95
<i>Thin bread</i>		
Puri		£1.95
<i>Soft pancake type bread</i>		

Chutney

Spicy Sauce		£0.50
Mint Sauce		£0.50
Onion Salad		£0.50
Mango Chutney		£0.50
Lime Pickle		£0.50
Pickle Tray		£1.50