

# PRE-CONCEPTION TESTS

Healthy mommy gives birth to a healthy baby



**Dr.Amrita Basu**

<http://healthwealthbridge.com/blog>

## **When you need to do these tests?**

When you are planning to have a baby.

**Before you conceive**

## **Why you need to do these tests**

Prevention is better than cure.

It's more important in this case .Many of these diseases do not have a cure .Only an unfortunate conclusion.

## Tests you need to get done

1. Thyroid function tests
2. Rubella or German measles test
3. Test for anaemia
4. Thalassemia trait testing
5. Rh Typing
6. Chickenpox immunity.
7. HIV.
8. Hepatitis B immunity.
9. Herpes.
10. Other STDs (such as chlamydia, syphilis, and gonorrhea)
11. Other conditions, such as toxoplasmosis and parvovirus B19 (also called fifth disease )

This is a preliminary test list. You might need additional tests according to your ethnicity, geographical location and family history.

### **Disclaimer:**

This is an attempt to empower you to take more informed decisions and