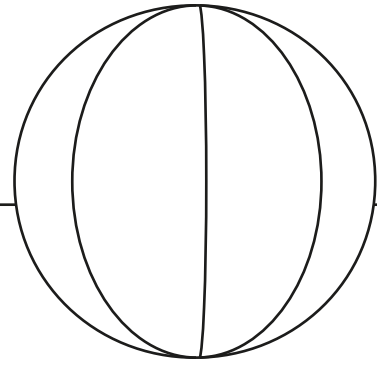


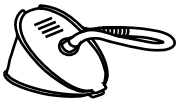
OFFICEBALL

Instructions

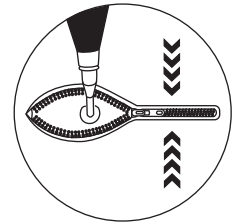


Safety

- The Officeball is an alternative kind of seating. It is not suitable for sitting for longer periods, or as a toy or a sports item for intensive use.
- The distributor and the manufacturer accept no liability for accidents or damage to individuals or property resulting from improper use.
- Be careful with sharp objects or edges in the vicinity of the Officeball. While sitting, avoid jolting / excessive movements and avoid using during pregnancy, due to the risk of tipping over and potential injury.
- While sitting, avoid jolting / excess movement and avoid using during pregnancy, due to the risk of tipping over and potential injury.
- Make sure that room temperature is constant. With greater fluctuations in temperature, the air pressure in the Officeball will noticeably increase or decrease. If this happens, it is necessary to refill the ball.



Pump



- Step 1:** Place the inner ball inside the cover and make sure the valve is next to the zipper opening.
- Step 2:** Remove the cap from the valve, place the pump connection in the valve and pump the Officeball up (using a hand pump, bike pump or a compressor).
- Step 3:** As soon as the ball is almost fully inflated, pull the sides of the zipper towards each other and close the zipper as far as possible. Then pump the ball all the way up to the desired degree of firmness.
- Step 4:** Remove the pump connection from the valve and quickly close the valve with the cap. Then carefully close the zipper.



Usage

- Make sure you sit up straight and on top of the centre of the ball.
- Do not sit diagonally, you could slide off the ball
- Knees should be lower than the pelvis, with the thighs slanting downwards
- The forearms should be positioned properly on the desk
- Use the Officeball for a maximum of 2 to 3 hours a day.
- Do you want to pump the ball up? Open the zipper and release the valve. Pump the ball according to the 'pump' instructions.
- Maximum weight: 120 kg.
- Make sure the room temperature is constant. Temperature differences can cause the inner ball to expand or shrink.
- The cover can be machine washed at 30 degrees on a hand wash program.