

Starting Over Viewer Guide

Session 2: Own It

Discussion Questions:

1. What are some excuses people use to blame others when something goes wrong? Think about what you might tell your boss or what your child says when he or she is caught.
2. Read Genesis 3:8-13. Why do you think failure makes people hid or blames others instead of owning it?
3. Think about a time when a choice someone else made caused you to suffer a setback. What did it cost you? How did you respond?
4. Take a few minutes to complete the following activity individually and then continue the conversation.
 - A. Identify an area of your life in which you hope next time will be different than last time. Write it down.
 - B. Draw a circle, then draw a slice or a wedge that represents the percentage of the situation you are willing to own. (It could be the entire circle, 50, 25, or even 2 percent.)
 - C. Write down some details about what's in your slice of the pie – some pieces of the situation you are willing to own.
5. If you feel comfortable sharing, walk the group through your answers to the previous activity.
6. If the other person refuses to own his or her part, do you think it's impossible to own your part of the past? Why or why not?

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