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Quantum Techniques Teleseminar

Lyme Disease *and* Quantum Techniques® Part 1

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Dr. Tom Miller and Heidi Gilman



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As a QT client, you must take complete responsibility for your own physical health and emotional well-being.

Disclaimer Explained

QT consists of self-help coaching techniques and tools, within the category of “energy therapy.” A client learns and uses QT to balance their own body’s energy system with the intention of reducing stress, enhancing overall health, and removing dysfunctions in the body’s bio-energetic system. QT and its *Quantum Techniques® practitioner* believe that it is the client who heals himself/herself, and that the QT tools simply assist the client in this process. Every QT client is unique, and therefore, each client’s experience with QT may be unique.

QT is not a substitute for regular medical or psychological care. QT is not about disease or illness—rather, its focus is on healing and wellness. Medical authorities do not recognize this work as “medicine”. We agree. There are researchers in this area who believe there is a correlation between the detection of certain energetic frequencies and the presence of disease states or organisms in the body. Energy therapies, like QT, may be able to identify the unhealthy frequencies years before a physical disease manifests in the body. As a person heals those frequencies, health is enhanced. Our work, which includes evaluations and scans of the subtle-energy field, is strictly limited to address the imbalances in the subtle-energy field.

For example, in our scans we may talk about the frequencies of virus, bacteria, fungus and parasite issues. We are only saying that we have often found those frequencies when our clients are in a non healing state. Commonly, people who manifest those frequencies over time experience patterns of deterioration in the way they feel. As those frequencies are cleared and the energy field is balanced, they typically experience a return to feelings of wellness. We cannot determine if the client actually had a virus, bacteria, fungal infection or parasite. We cannot determine if a client actually has Multiple Sclerosis, Parkinson’s disease, Manic Depression or HIV, for example. Testing for that is beyond our expertise. For those determinations, we refer clients to their M.D. or licensed health care professional for appropriate tests.

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Introduction

Dr. Tom Miller and Heidi Gilman will discuss Lyme Disease and **Quantum Techniques®**. Dr. Tom Miller has battled with Lyme Disease for 20 years and Heidi's daughter Misty, has been treated for Lyme disease for 11 years, since age 10. Both have used numerous medications and treatments and numerous food supplements. Tom and Heidi have been searching for answers to the battles of Lyme Disease which is what ultimately brought them to **Quantum Techniques®**. Tom and Misty have both had a new level of healing with **Quantum Techniques®** that they had not been able to achieve with other therapies. **Quantum Techniques®** has enhanced the treatment plan that they are following. Three codes will be given to help with symptoms of brain fog, immune system and fatigue.

Tom: You there Heidi? Are you ready for our first ever **Quantum Techniques®** Teleclinic?

Heidi: This is it!

Tom: OK, so we should introduce ourselves first. Do you want to go first?

Heidi: You go ahead.

Tom: OK, my name is Tom Miller. I live in Minnesota. I'm a chiropractor. I've practiced for 30 years here in Minnesota. Um, and Heidi and I got introduced to **Quantum Techniques®** about a year and a half ago, 2 years ago, a year and a half ago, um, and so it's been really exciting and we're really gratified to be um, practitioners on the **Quantum Techniques®** team. Um, so Heidi why don't you introduce yourself and then we'll kind of launch into our topics for tonight.

Heidi: OK, my name is Heidi Gilman and I started working with Steve and Beth about a year and a half ago for um, chronic illness issues that I had. Um, I had done a lot over the years. I worked with Dr. Tom for about 11 years, I think. He was kind of the one who got me back on the road to recovery after a pretty severe autoimmune illness and started investigating different healing techniques and I came across **Quantum Techniques®** about a year and a half ago. Um, up until that point I had come a long ways and I had a real increased my health dramatically but **Quantum Techniques®** added a new dimension to that. It brought me to a new level of healing that I wasn't able to receive with the other techniques and um, it was just opened up a whole new door for me and I'm really excited to share this with other people to work with the **Quantum Techniques®** team and be constantly learning new information and helping to get other people on their healing path.

Tom: That's good Heidi! Is that it? Do you have any more to add?

Heidi: I think I'm good there.

Tom: OK, so our topic our... I kind of wanted to break it down into some separate areas. Our first one is called hope. The second area is called healing. The third area is how does it work? Or actually how does QT help, have to throw in some kind of rational explanation there, OK?

Heidi: Oh, yeah.

Tom: And, um, and then we're going to interview Misty, Heidi's daughter and then that will be it for tonight, and then we have a couple other um, teleclinics planned, Part 2 and maybe Part 3. Do you want to talk about what they are?

Heidi: Sure, yeah, we thought we would cover, um, some information about nutritional supplements that would, that helped both Tom and my daughter quite a bit with um, my daughter had, I guess I don't know if I mentioned that but she has had Lyme Disease about 11 years and had really severe case also and has been through many struggles. Um, you know we have been through all the different types of therapy with her over the years and so we thought we'd talk about um, obviously both Tom and Misty used quite a bit of antibiotic medications and some other medications but we thought we'd talk about some of the supplements. Um, develop some codes for the energy of some of those supplements. Talk about detoxification which seems to be really hard for people that have Lyme Disease. They get so toxic and they get so, um, toxic from the die-off of the bacteria when they are treating it that you know, that sometimes you don't know if you're having Lyme symptoms or you're having die-off symptoms because many times they are about the same. Um, we thought we would talk about ways to open up that detoxification and give some codes for that also and inflammation. Inflammation is also is a very huge deal for people with Lyme Disease, both for Tom and for Misty and you know people with other chronic illnesses also. Lyme's just seems to be really um, has a large amount of inflammation issues and then we wanted to talk about rebuilding the body with um, energy and how different things, different supplements, healing foods, energy codes, and maybe some energy work from my background of body work and energy work, um, that I have done over the years. So those are kind of our main topics we would discuss and in the future upcoming Part 1 and possibly Part 2 of this.

Tom: Um, and so we should mention too we have um, is it 4 codes, yeah, we have 4 codes. We have Misty's code and then we have a code that we call immune reset, and then the one for brain fog, and then the code for fatigue, is that right, Heidi? Those are...

Heidi: Yeah, I think that's the ones we had ready for today.

Tom: Yeah, and so if anybody is listening to this if they downloaded the agenda for tonight's meeting already um, prior to this, they might have to go back and download it again to get Misty's code.

Heidi: OK, but first thing I want to, go ahead...

Tom: No, go ahead, I'm sorry.

Heidi: Um, I thought we would talk about um, how does QT help? Did you want to talk about that first before we interview Misty or...

1. Hope for recovery. A personal history of our involvement with Lyme Disease.

a. Dr. Tom and Misty relate their history of dealing with Lyme Disease.

2. Healing. Results from using Quantum Techniques.

a. From sick to functional to feeling well.

Tom: Yeah, but I kind of wanted to talk about hope first because my experience with Lyme Disease is you get such a feeling of hopelessness when you're sick and part of what Lyme's does is it works on your neurotransmitters. It makes, it poisons your body, poison's your

neurotransmitters, poisons your ability to make neurotransmitters, so consequently um, a lot of people with Lyme Disease get very depressed and anxious, and just being ill in general causes this feeling of hopelessness and so that was my first thought when I thought about doing the Lyme's teleclinic was just to tell people that there's hope. Um, you know and every time you start feeling better you get more hopeful and then you get sick again and you think is this ever going to end? You know, am I going to have this forever and so the hopelessness, I still remember um, I think the tick bite was in 1990 and it took awhile for me to get sick, um, and I still remember my birthday in I think it was 1991 or 92, I can't remember for sure but I was sick on my birthday. I was in bed and the Lyme's stuff just kept going on and on and on and on and I remember in July of that year coming downstairs one morning, you know it was just a beautiful, beautiful Minnesota morning, the sun was shining, the grass was green, it was just gorgeous and you know, I said to my wife, I said, you know, this is starting to get to me, I am not sure how much longer I can go on with this and really from there on it was just a short slide down to depression and you know, anybody who has been depressed knows it's a long climb back out and so I just want people to know that there is hope and um, in **Quantum Techniques®** is such a fantastic way to heal the body that I just want people to know there's hope. Um, and really sometimes I think you were saying something about that Heidi, sometimes when you're sick you just don't have the energy to even try to heal yourself and again, that's where **Quantum Techniques®** comes in because you've got a practitioner that can help you um, unblock your energy and get your energy moving so your body can start healing itself. Is that kind of what you said?

Heidi: Yeah, and then as you get stronger, you know, and as you have some faith that you can, you know, take some control of your life again, I think, you know, anytime you have chronic illness you lose kind of faith in yourself that you have any control over your body anymore. You just feel like it is not even your body anymore. I know I felt like that when I was at the state of my illness and you just feel like it isn't even my body but once you start getting some of that energy back and you start getting some of your old self back a little bit enough to know that, hey, I can crawl out of this hole and I'm not going backwards so much anymore, then you get a little bit stronger and then you can start using the **Quantum Techniques®** tools yourself to help rebuild yourself even more and it gives you a sense of you know, self-control once again that you've lost.

Tom: Exactly!

Heidi: I think that's a cool part. You can have practitioners help you and you can learn things and do things yourself and it's just kind of an all around good package deal.

Tom: Yeah, and really I thought it wasn't that long ago, just a few years ago, I thought I would die with Lyme Disease. I wouldn't necessarily die from it but I would die with it because I had no hope really of eradicating it and then I bought a Rife machine or a coil machine and that helped dramatically but the Hexheimer reaction from that is just tremendous but if you can put up with the Hexheimer, I mean it will help you, it can kill a Lyme but part of what you already talked about the detoxification is, um, part of the Hexheimer, the inability of the body to detoxify properly and so, you know, that's that thing about the **Quantum Techniques®** is that it helps your energy just in general so all the functions of the body work better. So I think that

kind of brings us into our 2nd phase of what we call healing, unless you want to add more there Heidi?

Heidi: I was just going to add because um, you know we were affected with Misty and for the family members, like you know for Tom's family and for us when you know, when people are going through Lyme's that is so severe and everything, you know, the family kind of loses hope too and I know Misty um, you know I would get the phone calls and I knew the minute I picked up that phone that this was a bad situation again and you know, either she was going to the hospital or in the hospital or thinking that she should go or you know, there was something pretty severe going on, so um, but now I don't feel that way with her anymore. Now, when she calls, I don't, honestly I don't ever have that fear anymore that this is going to be really bad. You know, that this is going to move into something that is really bad again and so not only does it help the Lyme person heal but it helps their family heal because their family can start having hope again and start seeing, yes, my loved one is going to have a life again and going to make some healthy moves.

Tom: Yup, I really, I missed, I mean when I got sick my kids were young, I think they were like 6 and 9, and man, I missed a whole chunk of time with them, when they were... just because, um, I couldn't do anything. I was too sick to play with them, you know, and um, you know, I had my favorite recliner and the kids would come home from school and there I would be in my recliner and they would be like, "Oh, Dad is sick again", you know, and I um, you know what, I just grew to hate that chair, just because that was my sick chair, you know. Um, so anyway I don't want to beat that to death. But um, so do you want to, maybe you want to talk about how we got acquainted with **Quantum Techniques®**? It is kind of an interesting story I think Heidi.

Heidi: OK, well I saw Dr. Daniel as many people do on the EFT DVD and the minute I saw him I was actually on my treadmill at the time and I did all kinds of educational DVD's and I was on there and I saw him, and I knew exactly when he started talking that this was something that I need to know and I needed to learn, that I was interested in. So I went and stopped and I went and rewound and I got a notepad out and I started taking notes and um, the next day I looked up on the website and listened to, um, their information on the website and um, I talked to my daughter about, you know, I think we need to get in touch with them and do a session for you and um, I wanted to do it for myself also. I wanted to get her started, then I started shortly afterwards doing sessions and um, you know, Misty did one session at that time and um, you know we kind of, she was a little resistant to it and we kind of let it go for awhile. I continued on and she lives out of state. She went back home and was doing her thing and she didn't get back to it until February this year. So, another thing that happens with people with chronic illness such as Lyme is they really don't have a lot of faith in a lot of people and like many chronic Lyme people Misty had been to a 2 zillion doctors and um, had a zillion people tell her that it was all in her head, there was nothing wrong with her, that um, you know, they could find anything wrong with her. That she had undiagnosed illness and so and so on. That this couldn't be Lyme anymore etc. etc. so, she did not have a lot of trust in a lot of people and so um, she was not really willing to work with other people until Tom and I got going with this and then she has worked with Tom for years as a chiropractor and nutritional advisor for her so she felt very comfortable working with him so she actually didn't start working with the **Quantum**

Techniques® until February but I started about a year and a half ago, so and then I introduced it to Tom.

Tom: I just think that Misty and I kind of had a connection because I know exactly where she was at and what she was feeling and what she was going through even to the extent of the paranoia and anxiety and depression and all those, you know, those kind of things.

Heidi: Yeah, and she could feel comfortable with that, yeah.

Tom: Yeah. Um, so I still remember that day that you came in the office and you're like, this is it! This is it! You got to test 3 ways. You got to go, I want to be healthy, I want to be healthy, and I want to be sick and I was like yeah, right, it is one more thing to, one more technique to learn, you know, but you persisted. That was good! I'm so happy about that. Um, and Heidi even got me a gift certificate so I could call the Daniel's. You were so sure that this was it. You got me a gift certificate for my birthday so I could spend some of my money and call the Daniel's and man, was that worth it. It was so worth it because um, that first session with Dr. Daniel, he cleared out, you know I can't even remember, I hate to say it but it was like a couple hundred viruses out of my brain and found some fungus in my body, and found some foods that I should stay away from, the nightshades, and a few other things, and put my systems back online and I can't, you know, I can't even remember what all he did. I'd have to go back and listen to that recording again and really I had no, I mean when I was going to call Dr. Daniel I had no, I was like Misty, you know you just, you just don't really think that there is any hope for you anymore, and so um, because both Misty and I had been through all of those IV's and we both had a PICC line and we both did the insulin potentiated therapy, where they give you the insulin and drive your blood sugar down and then they give you the Rocephin and so while your cell, and then they give you sugar too, so as your cells are sucking up that sugar it pulls the Rocephin into the cells, which really worked but it didn't last very long. So, yeah, where was I, oh yeah, I talked to Dr. Daniel and I admit the first few days were pretty rocky because I had some viruses dying off and a bunch of fungus dying off and I am sure some of the Lyme's but you know within a week I felt remarkably better, and I did my code and then I don't know how long, maybe a month, maybe two, I called him again and he gave me another code, and so then you, you had gotten the materials by then and we started reading and watching the DVD's and learning the techniques and doing some testing on her own. And did some codes on each other and all that and so it's, really it's just built over the past year and a half where we just, you know I forget, honestly I forget how sick I used to be. I mean I remember I used to just, if, I thought if I just had a normal day I would be so happy, and now if I have a day where I'm sick it's like strange for me. You know, and I used to live, I used to live in fear of getting sick again and if I started not feeling good, it just brought all of that stuff back like, ah, this is going to go on forever and I'm going to be sick forever and blah, blah, blah. It doesn't feel that way anymore. It is just amazing.

Heidi: Mmm hmm, yeah, I remember, um, you know I had gotten myself quite function-able. You know I was working and had a you know, function-able life and everything before I started QT after my devastating illness but I had to spend a lot of time, in fact every night I was kind of like doing everything I needed to do to feel OK to get through the next day, so it was a lot of work to feel good, you know. I was on a billion supplements and did detox baths and you know,

did my energy work and it was just every night was doing everything I could to prepare myself so that the next day would be OK and stuff.

Tom: Heidi, do you want to just mention what you were struggling with at that time?

Heidi: Just an undefined autoimmune illness that had been diagnosed with many different things about 15 years ago, you know, but just you know, severe body pain, um, all kinds of airborne, pretty much the environmental illness thing going on. Food allergies, environmental illness, lots of infections that would not go away,

Tom: Oh, yeah, remember you got that MRSA infection on your forehead, remember you looked like Harry Potter.

Heidi: Yeah, MRSA infection...

Tom: The lightning bolt on your forehead. You should mention, you should mention about your thyroid and about your back because that, those are two things that are amazing to me.

Heidi: Yeah, I had um, a thyroid condition that I had for about 15 years, been on thyroid medication and I am no longer on thyroid medication and we never specifically targeted that when we were doing scans. Actually it started getting better after we did a scan on my back. I had some torn discs, um from an accident about 10-12 years ago, torn again twice after that, so three times a torn disc, L4 and L5 torn discs, and for about a year and a half before I started QT, they had torn and torn again. We just couldn't get them to heal. You know, all the things that we do here at our, at Tom's clinic here, we just could not get them to heal and was getting really frustrating and I was pretty much thinking was probably going to have to have surgery soon. You know, because I just couldn't function with it the way it was and I had so much numbness in my feet and pain in my legs and my back and stuff. Um, anyways, I started, I worked with Dr. Daniel on that and it started healing pretty much immediately and not only did that start in and that's when my thyroid kicked in and pretty soon I had to keep cutting down, cutting, down, and cutting down on my thyroid medication and then I had to stop because it was just way too much. So...

Tom: So he cleared your cell receptors of what was it? Was it metals, yeah it was metals, it was metals.

Heidi: It was some metals because I distinctly felt the metal's feeling, smelled the metal's feeling and also some tendon issues in my back and connective tissues and there we go.

Tom: So he cleared not only the cell receptors in your back like in your ligaments but it also cleared receptors in your thyroid, so all your receptors in general were working better. So, that's amazing because most people when they start on thyroid medication they never go off.

Heidi: Yeah, usually they start, you take more and more, you know.

Tom: And with your back, I mean, we did everything, inversion, and we did laser, and we adjusted and we did acupuncture, we did all sorts of acupuncture, yeah, just incredible. That's an incredible story, really it is!

Heidi: Yeah, and I even started running a little bit again, um, I hadn't been able to run for about a year and a half and now I can run a couple days a week without it irritating it and I hope to be able to keep getting it stronger and stronger and doing that even more, so...

3. How does QT help

a. Removing stressors to allow the body to deal with infections more effectively.

Tom: OK, um, I kind of want to just talk a little bit about how I think QT helped me.

Heidi: OK.

Tom: Alright, um, if that's OK, unless you got, is there anything else you want to add before?

Heidi: No, I think we're good, we can do that and then do and then do our test.

Tom: OK, um, and really what I think is that um, by taking the stress of the body by getting rid of the viruses, the viral energies and the fungus and some foods that were making me inflamed and some chemicals, you know, in my house particularly in the carpet. Um, I brought that nice air cleaner home and put it in my bedroom. Um, I think what happened is that it took a big load off my body so that energy was better so my body could heal itself, and I think, um, I think that allow my body to start dealing with the Lyme Disease more effectively and I believe too that the codes help eradicate, help my body to get stronger to eradicate the Lyme's out of my body but um, that's just my thought about how QT worked for me as it just unloaded my body so that it could heal itself. That make sense?

Heidi: Yeah and I think another thing that's important is that it helps restore your body's intercommunication. I mean, you know when I was really sick at my sickest point, I knew that my body was not communicating on the inside. I mean I had exercised forever and eaten healthy forever and there was just, this was like an alien inside my body, it just, there was no communication going on and the same with Misty. She's been a dancer since she was little, um, always eating really healthy and taking good care of herself, and it's like your body is so screwed up on the inside that there's no, it's just not communicating. It's like, you know, a switchboard with the wires all crossed, there's nothing going on there, so I really think that QT helps restore that communication within your body.

b. Unlocking emotions that keep the body in flight or fight – non healing state.

Tom: The other thing too that happens with **Quantum Techniques®** is you can, you can clear out some of the, some of like the emotional things that are hidden away in there that are blocking your healing too because like Dr. Daniel says, he says every chronic illness has at least some kind of a emotional underpinning and then people who have Lyme Disease has a personality where they attract um, I don't want to say parasites but right, is that right?

Heidi: They're nice people, they're nice people and they take on from the world when the environment and other people they just take on and you know, I did that myself too. You just take on everybody else's stuff and feel sorry for everybody and still feel sorry for the world in general and then you store all that in your body and it just puts a huge stress load on your body, and the nice thing about dealing with that with **Quantum Techniques®** is you don't have to bring it up and you don't have to hash it over, you know, you just put it as part of the treatment and get going on it.

Tom: Yup, your body just takes care of it, yup, OK. OK, let's see, what else. We talked about the codes, um about Misty's code, um, is there anything else that we should mention?

Heidi: Um, well another thing that we wanted to say about the emotion thing is that um, the emotional stress and the emotions that we talk on that keep your body in that flight of fight situation...

Tom: Oh, yeah, right.

Heidi: And the fight or flight situation is a non-healing state. Your body cannot heal when it's in that stressed fight or flight state. Most people with chronic illness are in a fight or flight state all the time, so...

Tom: I think that was what I was trying to say when I was trying to describe how it worked was, yeah, I shifted my cells out of fight or flight state into a healing state. That is exactly right. Sorry, I interrupted, go on!

Heidi: Oh, that's OK, and you can feel, I mean you can start feeling when your body starts shifting out of that fight or flight state to a healing state, you feel those shifts and at least I do, I'm very sensitive to feeling and stuff. So, it is just an amazing, amazing shift to start feeling that in your body.

Tom: Yeah, it's just a, um, it's hard to imagine how bad I felt and how good I feel now. It's just night and day and I mean I realize I've got a ways to go but I haven't taken any antibiotics for weeks and I had been antibiotics almost steady for 20 years.

Heidi: Mmm hmm.

Tom: So, for me, for me that's huge.

Heidi: Mmm hmm, and you know, I'm sure your family notices it and ah, and you got to kind of think back, there's things I do now that I think, wow, can't believe I am doing all of that, you know, and both Tom and I had pretty bad seasonal allergies. Mine was pretty much all season and ah, that's been, I mean it's just amazing, this was my first year I ever went from, um, I did not go from heat to air conditioning with no days of you know, of nothing, with no open...

Tom: Yeah, go from heat to air conditioning right?

Heidi: Yeah, but this year it wasn't, I did not do that, it was like I honestly I didn't even think about it until it started getting humid out, so.

Tom: I didn't sneeze this year. Usually, yeah, usually I stay in for like the latter part of May and for about a month there and I had no allergies this spring, it was incredible. Heidi, I think we should say one thing out loud about the QT treatment is if somebody has a tick and they should go to their doctor, the medical doctor and get some antibiotics ASAP.

Heidi: Yeah.

Tom: Immediately, because calling me when they have a tick on their skin is not the way to go.

Heidi: Yeah, you need to; we are not donning any of the medical treatments. I mean they were needed for what both Tom had and what Misty had. I mean, you don't want to mess around, so.

Tom: And, you know, I mean once they get on some treatment they can call us, you know, we can work with them but if you get a deer tick, or get a rash, or um, you had exposure, you know, you need to go your medical doctor as soon as possible and get on antibiotics because you can get the stuff early you can kill it and get rid of it.

Heidi: Right.

Tom: Eradicate it, so I don't want to discourage anybody from doing that because had I done that you know, I wouldn't be in the situation I'm in.

Heidi: Yeah!

Tom: Maybe.

Heidi: Yeah, it's a big deal!

Tom: Yeah, OK, so are we about ready for Misty?

Heidi: Yeah, I think we should.

Tom: OK.

Heidi: So we're going to interview Misty now and then that will be it for today and then next month we're going to continue on with some of the other things that we talked about.

Tom: Super! All righty!

Interview:

Heidi: Hey, this is Misty we've got here and um, Misty has had Lyme's for about 11 years starting at age 10. Um, we have done 3 **Quantum Techniques®** sessions with her. First one starting around the first part of February of this year and um, some of her symptoms that we talked about when she was starting, when she was real chronic with Lyme's was a lot of muscle and joint pain. Ah, really severe headaches, stiff neck, fatigue, dizziness, frequent infections, heart palpitations, hard time sleeping, nausea was a very big issue, um, some paranoia, anxiety feelings, cognitive issues, no energy. There was an issue with memory and word search, not being able to find the right words and memory lapse. You know a hard time with memory and she has real, a lot of pain in her wrists for quite some time. It was very painful and swollen and that was a real painful joint and she was on about 8 medications at that time.

Tom: Do you want to add anything to the list Misty?

Misty: Um, no that sounds good. I think that's it.

Heidi: The whole ball of wax.

Tom: So we, so I forgot when did this start now? How old were you?

Misty: I was 10; I believe the summer after 5th grade, so, is that right?

Tom: Did you have a tick, I don't remember?

Misty: I got a deer tick actually in Wisconsin during the summer at one of my friend's cabins.

Tom: OK.

Misty: And it was found by my mom that weekend when I got home.

Tom: OK, um, yeah that sounds familiar, that is where I had my tick too, Wisconsin. So, then what happened after that. Did she get treatment, on antibiotics?

Heidi: Yeah, it was about a week, a week afterwards when she became really ill and um, do you remember that Misty at all?

Misty: Yeah, they thought I had um, Cocksackie because all of a sudden my neck got stuck in one position, like really far to the right and I couldn't turn my neck at all and um, I had, this is gross but I had like green goo oozing out of my eyes, and so I went into the doctor and they put me on antibiotics for a very short time for Cocksackie.

Tom: And then what happened after that? Did the antibiotics help?

Heidi: I think they helped short-term.

Misty: I think they helped while I was on them but after I was off of them again, it was kind of like things, I started feeling sick again after they stopped.

Heidi: And she had a 104 temperature I think at that time too.

Tom: Oh, really, OK, so then what happened after that I kind of forgotten how that transpired?

Heidi: Well, you know one thing that was kind of a double whammy was that um, just like two weeks after that when she was having these multiple infections, she got um, a bad E Coli- HI57 so she was hospitalized for about 3 weeks with that.

Tom: OK.

Heidi: And so um, that kind of deep, took the attention away from that whole thing and the problem was that she wasn't getting better from that and we couldn't understand why she wasn't getting better from that.

Tom: From the E Coli.

Heidi: From the E Coli, yeah.

Tom: So she had 2 infections at the time.

Heidi: Yeah, she started having really severe joint pain and still in the hospital and it didn't really go with E Coli. So that was kind of a double whammy on her body right at that time.

Tom: And so then, but then you got better right, Misty, for awhile, or not?

Misty: Um, after I got out of the hospital, um, that's when like the back, lower back pains started, so all of the sudden I had no movement in my lower back at all and um, it was almost like, I don't know, like they thought I had broken my back or something, because it was so painful and so stiff but obviously the x-rays showed that I hadn't broken it and so it was about 2 years of searching for what was going on.

Tom: And then you guys saw the Osteopath, right?

Heidi: Yeah, then we found a doctor, at that time, you know Misty had a hard time even walking and she, you know wasn't able to go to school and she was just extremely sick like with the flu, also with so much body pain and joint pain and fevers and she had a fever every day and um, there was just so many things, and a lot of doctors said that she had Lupus or MS or rheumatoid arthritis she was diagnosed with, and all kinds of stuff like that, so.

Tom: And then...

Heidi: And then she saw an Osteopath.

Tom: That's right, yup, who treated her.

Heidi: Yeah, that treated her for Lyme's, and actually did pretty good for awhile there while she was on the antibiotic. He had left his practice so we were kind of left without a doctor and we did do a lot of supplements and some different energy work during that time. She done work that really helped and...

Tom: So when did I start seeing Misty?

Heidi: You've been seeing her when she was getting some acupuncture treatments and she had a hard time with that because the nerves in her legs were so inflamed that the needles just made her go crazy.

Tom: OK.

Heidi: And you had started seeing her and um, then we just kind of, actually she kind of got OK for probably about 3 years where she was active. Misty's been active dancer since she was 3 and um, when she was about, when you were about 15, Misty?

Misty: Yup.

Heidi: About 15-16, she started having some more joint pain starting up again and at age 16 the whole ball of wax just kind of like starting going. All the symptoms came back that she had in the very beginning plus more and it was just kind of a downhill slide from after that. I remember her inflammation was a big thing for her and I'm sure a lot of people can relate with that and um, I remember her not being able to go to school a lot of times because even the vibration of the people walking in the school would make the pain in her body just go crazy.

Tom: Mmm hmm.

Heidi: Remember that, Misty?

Misty: Yeah, my whole lower back would feel sore walking down the hallway, just like from other people's footsteps. I could feel it going up my back and I was kind of worried that someone was going to bump into me or something because my back was so sore.

Heidi: Yeah.

Tom: So then that kind of carried through...

Heidi: Her whole senior year.

Tom: Your senior year, yeah, that's right. I remember your lower back was really bad then, yeah.

Heidi: She had a lot of abdominal pain; nausea was pretty much all the time. The headaches were pretty much all the time. Visual, we had a little issue of driving in a parking lot, remember that Misty?

Misty: Very funny!

Tom: Then you went out to California, right?

Heidi: No, not yet.

Tom: No, not yet, OK.

Heidi: No, then she saw a really good doctor that um...

Tom: Oh, yeah, yeah!

Heidi: And she did about 9 months of IV antibiotics which helped her out a lot.

Tom: Yup, that's right, except she hurled every time.

Heidi: Yeah, was pretty sick for long, was really hard on her.

Tom: Did you have the insulin potentiated one, too?

Misty: Yeah, I did. Just from the smell of the heparin I would start vomiting.

Tom: Yup, yup, you're blood sugar would go way down and you'd feel like you were going to like pass out?

Misty: Yeah, I was like looking at them like I was going to pass out and then they'd start putting my blood sugar back up.

Tom: I would start to sweat and then I'd, I would start to sweat, you know when I did insulin...

Misty: Me too, I would be like soaking wet.

Tom: And then things started to like to turn black around me like I was going to pass out, then they would like hit me with the sugar.

Misty: Yup.

Tom: Oh, man.

Misty: Yup, I remember that. That was fun.

Tom: But it helped.

Misty: It did, it definitely helped. It helped a lot; it helped a lot, yeah.

Heidi: And then she would, I would say she was probably about in the 80-90% better after that Misty?

Misty: Yup.

Heidi: And um, I mentioned she moved to California to pursue her life career. She was a dancer. A very talented dancer and um, and it hit after a year there, 9 months, I guess. Um, kind of back full force again, only probably even worse, right Misty?

Misty: Yeah.

Heidi: And so then we were kind of back to the same old thing and then she found a really good doctor there that she's been doctoring with, so he helped her out tremendously and she did the PICC line and did IV antibiotics everyday for probably about 4 months and until she couldn't handle that anymore.

Tom: Did you do that yourself, Misty? Did you put the antibiotics yourself as a client?

Misty: Yup.

Heidi: Yup, and so that helped a lot too, um, get her back on track. Then she's been on, I guess you did go off oral antibiotics for about a year after that went off all antibiotics about a year but um, now, what do you take now, Misty?

Misty: I am taking Clindamax or the Ceftin but that's because I am allergic to Doxycycline and Erythromycin and a couple other things that worked really well.

Heidi: Yeah, so at a lower dose than what she was taking before so it's more.

Misty: Only once a day. I was taking it 3 times a day, and I'm now down to once.

Heidi: So, that's a big difference. So, now Misty, since we've been doing the **Quantum Techniques®** with you um...

Tom: And actually we've only done 3 treatments.

Heidi: Yeah, we've only done 3 treatments since February with Misty, so she's just had infrequent treatments and has had quite a bit of improvement actually. Um, sleeping, ah, sleeping better Misty?

Misty: Well, before I started working with you guys, I was taking um, because of all the inflammation and things, I was taking a couple muscle relaxers at night so I would be able to sleep and I'm not taking those anymore and I'm sleeping through the night.

Heidi: And are you still having the insomnia type things where you're so tired but you can't sleep.

Misty: No.

Heidi: And then how about the body pain, all over general body pain, how would you say that is?

Misty: Um, it's definitely a lot better, um, certain times I'm still sore but I can manage it with Advil. In the past I was on Vicodin for years.

Heidi: And then how about your wrist that was so inflamed, where you really couldn't do very much?

Misty: That's definitely a lot better, um, and I'm even going to aesthetic school right now and I'm able to do facials all day long without it bothering me, so that's pretty good.

Tom: Good!

Heidi: Awesome!

Tom: Yeah.

Heidi: And um, how about your energy?

Misty: That is better. That is definitely one of the things that has been the hardest to um improve but I mean before I was not able to even like get out of bed and now I'm going to school and things, so I'm, able to make it through the day.

Heidi: And I remember talking to you one day and you actually had been out jogging.

Misty: Mmm hmm, yeah I started running again, well not again. I started running for the first time in my life.

Heidi: Well, that's pretty exciting and um, and back in school.

Misty: Yup.

Heidi: And how about infections. Do you feel like your infections are as persistent as they used to be or are you having an easier time getting rid of them?

Misty: No, it's definitely easier to get rid of them. I mean I still feel like my immune system kind of worn. I forget things easily, but I definitely have an easier time getting rid of them, luckily instead of holding onto things for weeks at a time.

Heidi: And then last year when we started working you were having some, a lot of um, kind of the brain issues with kind of paranoid and um, you know that kind that weird feeling that you were getting. How are you doing with that now?

Misty: That's actually been a lot better. Yeah, there is a portion and time where I was a little paranoid and anxious and like didn't want to leave my apartment and things but that's completely better for the most part.

Heidi: How about medications? Have you, when we first started you were on about 8 different medications. How are you doing with that now?

Misty: Yeah, before I was on a couple antibiotics and um, the pain medication and muscle relaxers and sleeping aids and things, and now I am only on one antibiotic and what am I on? I'm on 3 medications total. So, I went from 8 or 9 to 3.

Heidi: And one exciting thing that I just talked about yesterday was that you just had your labs redone and you had to have your Striker panel which Tom, do you want to explain what that is?

Tom: Yeah, the Striker panel is um, the measure of a particular subset of lymphocyte that seems to be targeted by the bacteria that causes Lyme Disease and Misty's number was down to like, what was it?

Heidi: 34, 35...

Tom: Yeah, it was lower than that before.

Heidi: A couple years it has been extremely...

Misty: 34 was the last one that I had my blood work done.

Tom: What was it?

Misty: It was 34 about 6 months ago the last time I got it done but it had been lower than that previously.

Tom: That's what I remembered.

Heidi: 25 or 24.

Tom: And now it was 68, right?

Misty: Yup, I think that's the highest it's been in at least 3-4 years.

Tom: Fantastic.

Heidi: Yeah, so that's pretty exciting. Misty actually had a pretty bad a couple years ago. She was, well, she was sick all the time so you never knew how much sicker or sick was, you know and still try to function and she got food poisoning and ...

Misty: It was the same time I had my PICC line in and so I was already very nauseous and sick all the time and I didn't realize that I was...

Heidi: What it was.

Tom: Didn't know if you were sick or sicker?

Heidi: Yeah.

Misty: Yeah.

Heidi: Ended up in intensive care and was actually had contracted um, what was the name of the bacteria? (Inaudible) because of the state of her health that the Lyme's had attacked her bone marrow and was killing off her blood cells and she was bleeding internally.

Tom: Yeah, platelets.

Heidi: And um, she almost died actually in the emergency room, so, that was pretty intensive scary. So, much better days since then, right Misty?

Misty: Yes, it has been. So, do you want to talk about what's your most, your worst issues right now that we still need to work on?

Misty: Probably my fatigue and my immune system in general, just getting sick very easily.

Heidi: How about your brain? How's that doing?

Misty: Just having a hard time with word search still and um, brain fog a lot of the times.

Heidi: You had mentioned that your lab showed that your liver is kind of stressed from the antibiotic.

Misty: Yup.

Heidi: So that is probably something that needs some work. Something that happened ah, a little while for you was, you had some, um, you broke your finger and had a little shock where your adrenals kind of shocked out.

Misty: Mmm hmm.

Heidi: So, a little bit of adrenal fatigue then. Alright, so we're going to do a treatment on Misty right now and just to make it clear we are not like curing Lyme's Disease or anything. We're just trying to help the body to be stronger so that it can fight it itself. Anything you want to add to that Tom?

Tom: No, that's right.

Heidi: OK.

Tom: Yeah, I mean the body cures, the body cures everything. We just have to get the roadblocks out of the way.

Heidi: And get it opened up.

Tom: And get it opened up. So, Misty, I checked you already, um...

Heidi: We should do this for the demonstration...

Tom: Made sure you were not switched and all that, or reversed, so, I'll have you say "I have a..."

Heidi: Can we just say something first for the people.

Tom: Yeah, go for it.

Heidi: Since we already tested Misty a couple times we are not going to go through the whole initial testing that we normally do, like what foods are throwing her off and what body products are throwing her off and...

Tom: Cleaning products...

Heidi: Cleaning products and stuff like that because she's already done that in the past. We're just going to kind of jump right into the current symptoms and this is what would happen if you already done a treatment and then um, you're going to have another treatment, we would

jump right into what your current issues are right now and find out what's blocking that part from healing and help your body get some of those things online, so...

Tom: Misty, we found some foods, didn't we? Were there some foods that were giving you trouble, that were toxic?

Misty: Yeah, I feel like potatoes, tomatoes, green type of peppers, and wheat and gluten.

Heidi: And you're pretty, I mean you're not 100% but you're pretty good about the whole gluten thing. It seems to help you?

Misty: Yeah, I'm pretty good, I mean I cheat sometimes but I'm pretty good, on a daily basis.

Heidi: (inaudible) ... don't you?

Misty: Yeah I do.

Tom: Now are we ready?

Heidi: Sure.

Tom: OK.

Heidi: You have a blood source on you also, because that's important especially for when you're testing things for infection, you want to give a little bit of a blurb about that, Tom?

Tom: No, go ahead,

Heidi: No, you go ahead.

Tom: OK, um, well the blood spot is so that your body can compare the internal DNA to the essentially to the external DNA that you're holding against your body. That's what it's for, because viruses alter our DNA and other things alter our DNA so our body just needs something to compare it to. Now can I start?

Heidi: Go ahead, we'll start now. Tom is going to start and then we'll just kind of work on some things here and see what we find and clear what we need to find, and we'll let you know what we're clearing.

Tom: Is that clear? OK, Misty, if you haven't fallen asleep, say, I have an open treatment?

Misty: I have an open treatment.

Tom: Say, I have an incomplete treatment.

Misty: I have an incomplete treatment.

Tom: I have lost the previous treatment.

Misty: I have lost the previous treatment.

Tom: I have a blocked treatment.

Misty: I have a blocked treatment.

Tom: Those are all good. I am going to have you say, I'm fighting a virus.

Misty: I'm fighting a virus.

Heidi: We are going to ask a couple other things too.

Tom: OK, I forgot. It wasn't on my list.

Heidi: OK, so Misty, um, I'm going to have you say, um, now we're putting in the field Misty's symptoms that she has right now and these would be things that counteract that. That cause a blockage with that, OK. So, Misty, say all contactants.

Misty: All contactants.

Heidi: All contactants I want to be healthy.

Misty: All contactants I want to be healthy.

Heidi: A little block with that, 2 actually to be precise.

Tom: OK.

Heidi: And so we just need to know what they are so we can put that in the field and that helps the body to see that and um, be able to work with that. So, um...

Tom: So these are things that would block your energy, contactants, things that you're touching, or are touching you would block your energy flow. So we are just going to see what they are.

Heidi: OK, one of them is something in her mouth and the other one is something on her hand, so then I'll have you say, all other contactants.

Misty: All other contactants.

Heidi: All other contactants I want to be healthy.

Misty: All other contactants I want to be healthy.

Heidi: All other contactants I want to be sick.

Misty: All other contactants I want to be sick.

Heidi: Good, and then say all ingestants.

Misty: All ingestants.

Heidi: All ingestants I want to be healthy.

Misty: All ingestants I want to be healthy.

Heidi: Blocks with that. Have you had any gluten at all yesterday, do you think?

Misty: Um, I can't remember past yesterday.

Heidi: OK, alright, um, so I'm just going to ask, is one of them a gluten product, and it is. OK.

Tom: They are both gluten products.

Heidi: They're both gluten products? One of them is something else, is it something that we need to know? Is there something else about that one? Um, OK, we just know that it is causing inflammation in her large intestine, in her bowel, in her small intestine? It causes inflammation in her small intestine. OK, do we need to know more about that? No, OK, so now once again, Misty, say all ingestants.

Misty: All ingestants.

Heidi: All ingestants I want to be healthy.

Misty: All ingestants I want to be healthy.

Heidi: All ingestants I want to be sick.

Misty: All ingestants I want to be sick.

Heidi: And then say all inhalants.

Misty: All inhalants.

Heidi: There's 3 inhalants issues, and I know that you got your hair done today, so I'm just going to ask is one of them your hair? It's not. Is one of them the exhaust from your car? So you were having a little problem with your car, some exhaust issues, and that's still registering in your body there. And one of them is the air pollution, and she lives in the wonderful city of Los Angeles.

Tom: I'm getting that they're all outside.

Heidi: OK, is the other one outside? Yes, do we need to know what it is? Yes, is it some type of pollutant? Is it some type of particulate in the air? Is it a pollen? It is some type of pollen or something in the air. OK and say, all inhalants

Misty: All inhalants.

Heidi: All inhalants I want to be healthy.

Misty: All inhalants I want to be healthy.

Heidi: All inhalants I want to be sick.

Misty: All inhalants I want to be sick.

Heidi: And now say all injectants.

Misty: All injectants.

Heidi: All injectants I want to be healthy.

Misty: All injectants I want to be healthy.

Heidi: Trigger point shots that she just got? The trigger point that she had earlier? Is one of them getting her blood? No, um, is one of them in her mouth? Yeah, as soon as I said all injectants your body went reversed actually.

Tom: It is the trigger point shots.

Heidi: Yeah, it's those trigger point shots that you got this last time they reversed your energy. I know that happened last time that you got them too.

Tom: Yup, they're both...

Heidi: Yup, mmm hmmm. Say, all other injectants.

Misty: All other injectants.

Heidi: All other injectants I want to be healthy.

Misty: All other injectants I want to be healthy.

Heidi: All other injectants I want to be sick, and the reason that we want to get this specific about this is because the more information that the body knows and understands about what's causing blockages in the body the more it is able to find those, neutralize it, and unblock.

Tom: Yeah, those are things that are included with the code.

Heidi: Yeah, OK, Tom, you can go ahead and ...

Tom: Should we just check neurotransmitters.

Heidi: Yeah, I think that's good.

Tom: Misty, I'll have you say all neurotransmitters.

Misty: All neurotransmitters.

Tom: A little glitch there. I'm going to ask how many? One, OK, do we need to know which? Would it be in Misty's best interest to know what that is? Is it a functional neurotransmitter? So I'll have you say all neurotransmitters.

Misty: All neurotransmitters.

Tom: All neurotransmitters I want to be healthy.

Misty: All neurotransmitters I want to be healthy.

Heidi: Say, all neurotransmitters I want to be sick.

Misty: All neurotransmitters I want to be sick.

Tom: One of your neurotransmitters is out for some reason and we don't know what it is because it could be dopamine, or serotonin, or epinephrine. We don't really need to know, we just need to include it in the code. So I'll have you say all hormones.

Misty: All hormones.

Tom: Would it be in Misty's best interest to know what that is? Um, is it functional hormone, no. OK. So, I'll have you say, all hormones.

Misty: All hormones.

Tom: All hormones I want to be healthy.

Misty: All hormones I want to be healthy.

Tom: All hormones I want to be sick.

Misty: All hormones I want to be sick.

Tom: Say, all peptides.

Misty: All peptides.

Tom: All peptides I want to be healthy.

Misty: All peptides I want to be healthy.

Tom: All peptides I want to be sick.

Misty: All peptides I want to be sick.

Tom: One more, I'll have you say, all steroids.

Misty: All steroids.

Tom: Is this a functional steroid, yes, it's a functional steroid. OK, so I am just going to ask, how many fields are blocking your steroids? One, is this a medication? Yes, is it an antibiotic? Is this a pain medication?

Heidi: It's a pain medication. Is it Advil?

Tom: Is it Advil? No, um...

Heidi: Is it the muscle relaxer?

Tom: Yeah.

Heidi: Yeah.

Tom: OK.

Heidi: So you know what Tom is finding is that with the steroid receptor ah, receptor sites, which help the information do what it's supposed to do is being blocked. It is like having sticky glue around it.

Tom: Right, so your, all our cells have receptor sites. You have steroids that are anti-inflammatory that normally would bind with the receptor sites on your cells, but they're being prevented from being bound there because of some medication that's taken up the space. So we're just going to check and see what organs are involved and we are just going to clear that, OK? Actually your mom is going to do that and I'm going to go back and check viruses again. That sound OK?

Heidi: Yeah, and I think maybe you should check the hormones again once we do this too.

Tom: OK, why don't you test that and I'll check viruses and stuff. So we'll go a little bit faster.

Heidi: OK, I'll clear this.

Tom: OK, OK, Misty I'll have you say I'm fighting a virus.

Misty: I'm fighting a virus.

Tom: You are, so I'm just going to count and see how many, 1, 2, and I'm going to ask, is it in your best interest to know what they are? How long they have been there? Anything else we need to know about that? No. OK, I'm going to check you for hidden virus, um, 1, 2 hidden viruses. Um, do we need to know where they're at? Would it be in Misty's best interest? Yes, OK, so I'm just going to check through real quick. Is this a brain virus? Lymphatic? OK, so you have something in your lymphatic system. Um, bone marrow, you've got a couple hidden viruses and we know that you have the virus energy in your lymphatic system for sure, OK?

Misty: Mmm hmm.

Tom: So, we're just going to alert your body to that fact so it can take care of that. So, I'm just going to ask, would it be in Misty's best interest to know where the other virus is at? No, we don't need to know that. OK, um, I'm going to check for cranial nerve virus. I want to be healthy, I want to be sick, you're OK. I'm just going to make sure there's not a curtain blocking cranial nerve virus. I'm going to clear that real quick and I going to check again. Is there a cranial nerve virus, I want to be healthy, I want to be sick. OK, so you're good there. I'm going to check for hidden cranial nerve virus. I want to be healthy, I want to be sick. OK, that's good. Um, Then I'm just checking for brain virus in general, and I get something there. So I am going to ask, 1, 2, 3, and I remember when Dr. Daniel checked me the first time I just had, I mean, I can't remember how many brain viruses I had but when he cleared that on me it made a huge difference so I'm just going to ask um, is it important that we know anything more about the brain virus? No, we can just put it the code? Yes, OK, and I'm checking you for hidden brain virus, I want to be healthy. OK, we have 1, 2 there, and do we need to know where or anything more about those viruses? OK, I'll have you say, I'm fighting a bacteria.

Misty: I'm fighting a bacteria.

Tom: Now, we're going to go ahead and check you for fungus but first I'm going to clear that as a curtain and check the upper half of the dural tube. I want to be healthy, I want to be sick. You're good there. Check the lower half of your dural tube. Do you know what the dural tube is? I want to be healthy, I want to be sick. It is the meninges that surround your brain and your spinal cord and hold um, the fluid in around your brain and around your spinal cord and you seem to be clear there, so I'll check you for systemic fungus. I want to be healthy, I want to be sick. So that's good. That's good! Generally people that take antibiotics develop a lot of fungus but you're doing pretty well on that department.

Misty: That's good!

Tom: And I'm going to check you for parasite – protozoa, I want to be healthy, I want to be sick, and I'm going to check you for mycoplasma which are little tiny bacteria. I want to be healthy, I want to be sick, so, you're good there too, OK?

Misty: OK.

Tom: You had some viruses, and some bacteria. How are you doing?

Misty: OK.

Heidi: So, um, clearing the medication from the receptor sites, the most prominent areas were the pituitary, the hypothalamus, thyroid, um, ovaries, and the fascia and lymph, and then I did some work on the brain engines also.

Tom: OK.

Heidi: Those were all off, every one of them.

Tom: OK, really all the brain engines?

Heidi: Yup.

Tom: Alright, so Misty we're going to check you for inflammation and we're just going to say for Misty, how high is inflammation field? 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, OK, so your inflammation on a scale from 1-10 is 12 out of 10. So, that's you know, significant levels of inflammation, and then I am just going to clear that as a curtain, and for Misty, how high is this inflammation, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, OK, so it is about the same. I'm going to ask is

there synthetic anti-inflammatories factors affecting this field? Nope, I'll have you say all anti-inflammatory factors.

Misty: All anti-inflammatory factors.

Tom: Good! All anti-inflammatory factors I want to be healthy.

Misty: All anti-inflammatory factors I want to be healthy.

Tom: Good! All anti-inflammatory factors I want to be sick.

Misty: All anti-inflammatory factors I want to be sick.

Tom: That probably cleared pretty well when your mom just did the receptor sites, cleared your receptor sites. So, your body makes steroids, you know, although your adrenal has been a little bit funky lately so, you know, you're maybe not making as much cortisol as you need to but I mean your body has some anti-inflammatory, um, you know, steroids that just haven't been able to link up to your receptor sites properly. So, you know the pain you were having in your neck and shoulders and upper back and all that stuff?

Misty: Mmm hmm.

Tom: Hopefully that inflammation will get better after this.

Misty: That would be awesome!

Tom: Do we have 100% of the information necessary for healing? No, we're missing something.

Heidi: Yeah, I'm working on some hormone stuff right now.

Tom: OK, is it something hormonal? OK, I'm going to ask do we have 100% internal cooperation for healing? No, OK, so is it OK if I go into the kind of the nonphysical things and ask a few questions?

Misty: Mmm hmm.

Tom: OK, um, so I'm just going to say is this a cry for a need to be met? Is this a nighttime field? Is there a blocking trauma? Is there a blocking belief? Yes. A belief about self? Yes, OK, um, I am bad, I am unlovable, OK, I need to be punished, um, I have no worth, any other belief about self? OK, um...

Heidi: You might want to explain this a little bit Tom...

Tom: ...beliefs about the world, beliefs about God? OK, so Misty, you have some, you have some beliefs about yourself that are blocking your healing ability, OK?

Heidi: Or a part of you does.

Tom: Yeah, and they are, these false beliefs are that you are um, you're of no worth, and that you're unlovable, OK?

Misty: Mmm hmm.

Tom: Alright, so we're going to include those beliefs into this code, or into the field so that the code will clear those, OK, make sense?

Misty: Mmm hmm.

Tom: Because those are mistaken beliefs that you have about yourself that are blocking you from healing.

Heidi: Or not necessarily you have but they're the inner part of you...

Tom: No, no it's not a part.

Heidi: It's not a part?

Tom: No, it's not a part.

Heidi: OK, alright.

Tom: OK, so I am going to ask is there a blocking emotion? Yes, OK, is it rage, hate, fear, shame? Is it guilt, remorse, it is shame. So, physically it's shame about being sick, about being, you know what, a burden maybe, that kind of a thing, OK.

Misty: Mmm hmm.

Tom: Are there other blocking emotions? No, OK, so again, that um, emotion blocks your ability to heal properly. So, we just include that in this whole field that we're building so that when we build a code that that gets targeted by the code. OK, make sense?

Misty: Yup.

Tom: OK, is there a blocking vow? Is there a need to set a boundary? Is there a conscious conflict? Is there a need to heal an old trauma? Is there symbolic representation? Is there a part that is punishing this person? Yeah, OK, so you're good there, so, do we have 100% in terms of cooperation? Yes, we do. OK, do we have 100% of the information? Yeah, OK, so we now have 100% of the information necessary for healing and we have 100% internal cooperation for healing. OK?

Heidi: And I am just going to add while Tom was working on the operation part I was working on some hormones. The brain engines were not communicating with hormones pathways and um, so I did some resetting on that was he was working on his deal there.

Tom: OK, anything else you think we should of done...

Heidi: Um...

Tom: ...we should investigate before we build a code?

Heidi: Um, I think we should just ask specifically because the one thing that she really wanted to work on was um, was the specifically with brain fog and fatigue. Do we have 100% of the information in the immune system needed? We do, OK.

Tom: We do, and I'm just going to ask are the, is the fatigue code, so we build some kind of generic codes for um, symptoms associated with Lyme's. One of those is brain fog. One is an immune reset code, and the other is for what fatigue, what was that Heidi?

Heidi: Yup.

Tom: OK, so I'm just going to ask is the brain fog code, fatigue code, OK, fatigue, would it be in Misty's best interest to use the fatigue code? Yes. The brain fog code? The immune reset? OK, so what we're going to do is when we build your code our intent is to address that brain fog, OK?

Misty: Mmm hmm.

Heidi: And now let's just ask as far as adrenal fatigue do we have 100% of the information needed for healing?

Tom: Yeah.

Heidi: OK, and then the other thing we should ask about the liver stress. Is there something that we need to know about supplementation for her for that?

Tom: No.

Heidi: OK, for detoxification?

Tom: Ah, no, is there anything else we need to do for Misty? No, OK, no I think we are good there.

Heidi: OK, good!

Tom: OK, so would it be in Misty's best interest to have Heidi make a code? For Tom? I guess it is up to me.

Heidi: OK, Tom is going to do the code and I'm going to write it down for you.

Tom: So, let's think about your issues. OK, the brain fog, the fatigue, the liver stress...

Heidi: Immune system.

Tom: The immune system, all those things in general, OK, so just let's kind of keep those in mind and I'll have you say, I want to be over this problem.

Misty: I want to be over this problem.

Tom: So Misty, you'll need to tap these points as we find them OK? So the first point is UN for under nose, OK and that's a simple one. TH for thumb, do you know where that one is?

Heidi: TH is the outer corner of your ...

Misty: Oh, yeah.

Heidi: outer corner of your thumbnail.

Tom: And then liver.

Heidi: And then just touch your liver.

Tom: C.

Heidi: C, collarbone area.

Misty: Mmm hmm.

Heidi: E is that bone right underneath the eye.

Misty: Mmm hmm.

Tom: 3rd eye.

Heidi: 3rd eye, you know where that is.

Misty: Mmm hmm.

Tom: TH.

Heidi: TH, back to that corner of the thumbnail again.

Tom: Liver, again.

Heidi: And then touch your liver.

Tom: E.

Heidi: E, the bone right under the eye.

Tom: I'll have you say I want to be over this problem.

Heidi: I want to be over this problem.

Tom: And then I am going to have you close your eyes and say, I want to be over this problem?

Misty: I want to be over this problem.

Tom: Want to go over 9g.

Heidi: 9g, Misty, you are just tapping that webbing between your 4th and 5th finger on your hand and you close your eyes, open your eyes, eyeballs down to the right, put your eyeballs down to the left, roll your eyes in a circle, roll them in the opposite direction, hum.

Misty: (humming)

Heidi: Five; 1, 2, 3, 4, 5. Good, I felt that clear.

Tom: OK, and so I'll have you close your eyes and say, I want to be over this problem.

Misty: I want to be over this problem.

Tom: OK, eyes open, say I want to be completely over this problem, OE, IF, SH, 3rd eye, then I'll have you say, I want to be completely over this problem.

Misty: I want to be completely over this problem.

Tom: Right, say I want to be completely over this problem.

Misty: I want to be completely over this problem.

Heidi: Perfect.

Tom: And then eyes closed, say, I want to be completely over this problem, C.

Heidi: Collarbone.

Tom: G50, and then I'll have you close your eyes and again and say, I want to be completely over this problem.

Misty: I want to be completely over this problem.

Tom: That's clear now. OK, eyes open, say, I will be completely over this problem.

Misty: I will be completely over this problem.

Heidi: So, side of hand and then that corner of your eyebrow, um, by your nose there.

Tom: IF.

Heidi: Then IF, your index finger, the corner of the nail towards your thumb.

Tom: 3rd eye.

Heidi: And then your 3rd eye, on your forehead there.

Tom: E.

Heidi: E, the bone under the eye.

Tom: OK, Misty, I'll have you say I will be completely over this problem.

Misty: I will be completely over this problem.

Tom: Alright, and then I'll have you close your eyes and say, I will be completely over this problem.

Misty: I will be completely over this problem.

Tom: OK, and then I'm going to ask, is this issue 100% clear? No, is it in the best interest of this client to do chakra pattern 1? Is it in the best interest of this client to do chakra pattern 2? OK, number 2 chakra pattern. How many times to repeat? One time. OK.

Heidi: OK, let's just read that to her so it comes into the treatment.

Tom: OK.

Heidi: I am just going to read chakra pattern 2 then it completes her treatment: forehead, crown, back of head, back of throat, back of heart, back of solar plexus, crown, halo, crown, forehead, crown, forehead, heart, solar plexus, pelvis, tailbone, crown, tailbone, crown, crown.

Tom: OK, and then I'm just going to ask how many times to repeat this code in a day? 1, 2, 3, 4. 4 times once a day, 4 times twice a day, OK, so you want to repeat the whole code 4 times twice a day, OK, and the whole code means points with the 2nd chakra pattern right after.

Misty: OK.

Tom: Are all aspects of this field 100% clear? Yes. Are any other codes that this client needs today for healing? No. OK, good so that's it. That's your new code.

Heidi: Yeah, so when you just repeat your code you have your blood sample on you. Just think about your issues and then do your code and we'll send you, um, which ones are we going to send her? Brain fog and...

Tom: Nope, fatigue...

Heidi: Fatigue.

Tom: and immune reset.

Heidi: Fatigue and immune reset.

Tom: Yup, so anything else, Misty, anything else you want to say about the Lyme's or how you were doing in the past or how you are doing now or how QT has helped? Anything at all?

Misty: Um, since I've been doing this, this is definitely the best I felt in maybe 3 or 4 years, definitely working.

Heidi: Misty is still seeing her regular doctor and um, her doctor that helps her out in doing (inaudible) and we're not telling people not to do that but this is just helping her immune system so those things can help in a better way also.

Tom: Yup.

Heidi: And um, now she's able to pursue her career which was kind of on hold for quite a while and have a social life. Um, I think there was quite a while that there was no social life, is this true Misty?

Misty: Mmm hmm.

Tom: Her dog.

Heidi: Yeah.

Tom: Pepper.

Heidi: Pepper, was the social life.

Misty: Mmm hmm.

Tom: Hey, thanks for um, thanks for being willing to be a participant. We appreciate it!

Misty: Of course, thank you!

Tom: Yeah, you're very welcome.

Heidi: OK, Misty.

Tom: Take care!

Heidi: We'll talk to you soon. Have a good night! Bye bye!

CODES to Dealing with Lyme Disease

a. Brain Fog: SH, e, th, thymus, liver, 3rd eye, e, if, un, th, liver, g50, 9g, chakra pattern #2. Repeat this code 3 times.

b. Immune reset: Sh, 3rd eye, thymus, liver, sh, if, 9g, un, liver, c, oe, e, 3rd eye, heart, 3rd eye, un, heart, liver, c, oe, a, if, lf, 9g, un, sh, eb, thymus, liver, e, 3rd eye, 9g, 3rd eye, un, 3rd eye, chakra pattern #1, then chakra pattern #2. Repeat this code 3 times.

c. Fatigue: g50, if, e, oe, a, 9g, liver, thymus, lf, ch, if, 3rd eye, un, ch 3rd eye, un, ch, th, back of head, crown, halo, back of head, throat, forehead, back of neck, back of head, crown, crown, crown, heart, crown, halo, halo, tailbone. Repeat this code 3 times.

d. Misty's Code for issues including fatigue, brain fog, cognitive issues, liver stress: Un, th, liver, c, e, 3rd eye, th, liver, e 9g, un, ch, thymus, liver, oe, if, sh, 3rd eye, 9g, un,

sh, c, g50, sh, sh, eb, if, 3rd eye, e, forehead, crown, back of head, back of throat (neck), back of heart, back of solar plexus, crown, halo, crown, forehead, crown, forehead, throat, heart, solar plexus, pelvis, tailbone, crown, tailbone, crown, crown,
Forehead, crown, back of head, back or throat (neck) back of heart, back of solar plexus, crown, halo, crown, forehead, crown,, forehead, throat, heart, solar plexus, pelvis, tailbone, crown, tailbone, crown, crown.