



IELTS READING/Writing LESSON 2-13-2019

Section One Sentence Construction

There are 4 basic word "classes": Nouns, Verbs, Adjectives and Adverbs.

PART I: You will be given a "simple sentence" and asked to expand it, using a variety of words that add depth to the sentence.

PART II: After you will be asked to construct a sentence using the words in Column A-E to reinforce your ability to construct sentences.

PART I	
1. He is single	USE THIS SECTION TO WRITE YOUR IDEAS
2. She is married	Example: He is single however, is interested in a long-term relationship
3. They live together	Example: She is married but misses her dating life
4. She likes dating	Example: They live together but decided to not get married
5. He wants to be married	Example: She likes dating and has a very active social life
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6. She lives with him	USE THIS SECTION TO WRITE YOUR IDEAS
7. Bob is divorced	
8. Sally is afraid of being married	
9. Her parents lived together	
10. He likes being single	

PART II				
COLUMN A	COLUMN B	COLUMN C	COLUMN D	COLUMN E
NOUN/PRONOUN	VERB	ADJECTIVE	NOUN	COORDINATING & SUBORDINATING CONJUNCTIONS
1. We	A. Want	A. Difficult	A. Partner	Coordinating
2. He	B. Desire	B. Easy	B. Girlfriend	A. But
3. She	C. Need	C. Strong	C. Boyfriend	B. Yes
4. They	D. Start	D. Understanding	D. Family	C. And
5. You	E. Decide	E. Domestic	E. Relationship	D. So
	F. Choose	F. Passionate	F. Couple	E. Or
	G. Agree	G. Open		F. Nor
		H. Closed		
		I. Happy		Time related subordinate
		J. Satisfying		A. After
		K. Long-term		B. Whenever
		L. Short-term		C. While
				D. Once
				E. Still
				F. Until

Section Two Reading & Speaking.

ARTICLE A

10 Habits of Couples in Strong and Healthy Relationships

Source

1. What makes for a healthy romantic relationship differs from couple to couple. Forming a trusting and positive partnership takes effort and time. And unfortunately, it doesn't just happen overnight. For any relationship to grow strong and stay strong, you need to put in some work. Below are some habits that will help create and maintain a happy and healthy twosome.





2. Communication

Communication is key. It is one of the most important qualities a healthy relationship. However, not everyone knows how to communicate properly ... or even communicate at all. Happy and healthy couples have this game down. They vocalize their love for one another, saying "I love you" often and offering compliments. They also discuss the bad instead of sweeping issues under the rug. In order to move forward and grow, you two need to be able to truly talk about your feelings. No matter how awkward or uncomfortable it feels, it will make for a long-lasting and fulfilling relationship.

3. Respect

Aretha Franklin sang a whole song about it, so you know it's got to be important. Respecting your partner comes in many forms. Maintaining a joyful relationship means respecting your partner's time, heart, character, and trust. However, there are many things people do in relationships that can break down respect, like name-calling, talking negatively about the other to friends or family, and/or threatening to leave the relationship.

4. Quality Time, Not Quantity

It's all about quality over quantity. It doesn't matter how much time you and your partner spend together. The most important part is about the quality of this time. There's a huge difference between having dinner at a table while talking about your day at work, versus having dinner while sitting on a couch watching the latest episode of *The Voice*. It's fine to zone out together and enjoy distractions, but it's crucial to make sure you two are still engaging and spending quality time together to maintain a deep connection.

5. Time Apart

Spending time together with your partner is important. But just as important is spending time apart. Being able to do your own things and remain independent is vital. When couples spend too much time together, it can create an unhealthy codependence. Maintaining healthy boundaries and some autonomy will make for a long-lasting partnership.

6. Love Languages

Gary Chapman came up with the notion that men and women have five love languages. People have unique ways of feeling loved. There are words of affirmation, receiving gifts, quality time, acts of service, and physical touch. It's important to know which love language speaks to you, along with your partner. Telling each other what makes you feel loved and special helps both of you stay connected. Furthermore, make sure you are attending to your partner's love language consistently.

7. Appreciation

Often, we forget to let other people in our lives know that we appreciate them. We think it, but we don't remember to show it. This occurs in our romantic relationships as well. Show your special someone that you love him or her. This could be done with words, cards, flowers, acts of kindness, or more. Remember, a flower a day keeps the fights at bay. Okay, maybe not every day, but you get the point.

8. Positive Vs. Negative

Sometimes, we get caught up in the negative. We hate our jobs, are annoyed with our friends, and our boyfriend or girlfriend is getting on our last nerve. Uh-oh, have we been drinking too much of that half-empty glass? It's vital that we look at our partner's positive qualities, in contrast to the negative. Nobody is perfect, and that includes our significant other. So instead of focusing on the bad, let's make a conscious effort to look at the good.

9. Choose Your Battles

There are arguments to be had in every relationship. It's crucial to bring issues to the forefront, and work through the hard times together. However, I don't think arguing over your SO using your favorite coffee cup should be one of those. Choose your battles wisely, because people in happy and healthy relationships do.

10. Sex

Let's talk about sex, baby. Let's also talk about how important it is in cultivating a flourishing relationship. Sex is simple. The more you have it, the more you want it. The other side of that is true as well. The less you have it, the less you want it — and, unfortunately, the less you'll feel connected to your partner. Keep your sex life alive and interesting. "Spicing it up" is not just meant for the kitchen.



11. No Comparisons

The grass isn't always greener on the other side. Or even if it is, it might not be the kind of grass you would like. We often compare our lives to those of others — what jobs people have, their homes, their clothes. And with the help of social media, we tend to compare our relationships as well. But the happiest of couples don't look to see what the grass looks like on the other side. They are happy with the view out their own front door.

ARTICLE B

Marriage vs. the Single Life: Who Has It Better? Is it better to stay single or get married?

[Source](#)

- Does getting married make you happier, healthier, more integrated into society, and better off in all sorts of other physical, emotional, and interpersonal ways? I've spent close to two decades making the case that those kinds of claims are grossly exaggerated or just plain wrong. Plus, there are important ways in which lifelong single people do better than people who get married. But I don't think there is a simple, one-size-fits-all answer to the question of whether it is better to stay single or get married. Let me explain.



- What the Research Really Shows

The kinds of studies and comparisons used to support the claim that Marriage Wins just don't pass scientific muster. They are biased in ways that make married people seem to be doing better than they really are, and single people worse (as explained in more detail here and here and here). Used as the basis for claiming that getting married benefits people psychologically, the comparisons are scientifically indefensible.



- What's more, even with that big, fat advantage built right into the research, sometimes it is the lifelong single people, rather than the currently married people, who are doing the best. In some studies, including a few based on large, representative national samples, it is the single people who are healthiest. If you follow people over time as they go from being single to getting married and staying married, they end up no happier than they were when they were single. Those who get married and then divorce end up, on the average, less happy than they were when they were single. Getting married is no royal road to longevity, either.

- Lifelong single people do better than married people in a variety of ways that don't get all that much attention. For example, they do more to maintain their ties to friends, siblings, parents, neighbors, and coworkers than married people do. They do more than their share of volunteering and helping people, such as aging parents, who need a lot of help. They experience more autonomy and self-determination, and more personal growth and development.



- But It's Not a Contest: No One Side is the Winner

Ever since I gave an address at the American Psychological Association in August, making the points I just summarized, celebratory headlines have multiplied. Some claim that single people are happier or that they live richer, more meaningful lives. After decades of seeing nothing but Marriage Wins headlines, one would think I should take some pleasure in this whole new sensibility.

- The problem, though, is that I'm not actually saying that Singles Win. Yes, it is true that there are some profoundly important ways in which single people are doing better than married people. And those ways in which we are so sure that married people are doing better — well, often they don't really hold up to scientific scrutiny.

Even so, there are several reasons you should be skeptical, regardless of whether you are being told that Marriage Wins or Single Life Wins:



7. 1. All of the findings you read about are averages. They tell you about what generally happens, but there are always exceptions. The results do not apply equally to everyone.
2. The married people and the single people are different people. Suppose a study seemed to show that the people who got married were doing better in some way. Remember, the people who got married chose to do so. If you badgered single people into getting married – especially people who are “single at heart” and embrace their single lives – they might not experience the same benefit. To paraphrase one of my favorite cartoons: If I got married, I wouldn’t live longer – it would just seem longer.
8. 3. What is most likely to be true is that some people live their best lives by marrying, whereas others live their best, most authentic, most meaningful and fulfilling lives by living single.
4. Maybe it is even more complicated than that. Maybe, for some of us, single life is best during certain times in our life, while coupled or married life is better at other times. For example, I’ve talked to widowed people who had very good marriages and have no regrets about the years they spent married, but now that they are single, they embrace that life and never want to marry again.
9. Something else is important, too: We have a better chance to live our best lives if we are not impoverished or disadvantaged in other significant ways. That’s true for everyone — married, single, or something in between — but I think it is especially true for single people.
- In the U.S., for example, people who are officially married are more likely to be protected economically. This happens not just for the obvious reasons that they have a second person who perhaps could support them in the event of a job loss or a decrease in income; and that, when couples are sharing a place and singles are not, the couples benefit from “economies of scale” because they split the rent or mortgage, the utilities, and all the other household expenses. Married people are also gifted with more than 1,000 federal benefits and protections, many of them financial.
10. Marriage, in contemporary American society, also bestows couples with a whole array of unearned privileges, social, psychological, emotional, political, and cultural. In countless ways that we sometimes don’t even notice, married people’s lives are valued and celebrated while single people’s lives are marginalized or even mocked.

That means that when single people achieve the same level of health or well-being as married people, they do so against greater odds. I think that suggests that single people have an impressive level of resilience – an admirable quality that is rarely recognized or acknowledged.