



# Quantum Techniques®

## Teleclinic Guide

### Weight Loss and Quantum Techniques

#### Introduction:

Jody King-Colegrove presents this teleclinic with a discussion on weight loss using Quantum Techniques as a tool. Jody will go over different questions & scans to use, allowing you to see if your body is 100% physically & non-physically ready to lose the weight. She will also discuss several books that are extremely helpful in achieving your weight loss goals. One book, "[Women Food and God](#)" by [Geneen Roth](#), will be discussed as a book club in an upcoming [Thursday Healing](#), Sep 22, 2011. It would be helpful to order the [Quantum Techniques Evolution Series](#), but is not a requirement to benefit from this teleclinic. Also, your ability to self-test or muscle test would be significantly helpful. If you need assistance with self-testing, purchase [Truth Techniques Volume I](#).



**Hosted by:** [Jody King-Colegrove](#)

**Recorded:** Tuesday, September 13<sup>th</sup>, 2010

#### Discussion Points:

1. Visualize the way you want to look
2. Is there a cortical split?
3. Test weight loss goal through Curtains Scan
4. What is the most stressed organ, gland, tissue, areas?

Examples: adrenals, large intestine, small intestine, lymph, thyroid, pituitary

5. Test to see if organs, glands, tissue, and/or areas need to be put back into parasympathetic recovery
6. Connect all organs, glands, tissue, and/or areas with cell memory
7. Test for any curtains
8. Connect all brain engines
9. Test inflammation level: 1 – 100% (make sure inflammation is not a curtain)
10. Do Lock & Key Scan



11. Do Cell Surface Receptors Scan

Functional anti-inflammation factors

Functional anti-virus, bacteria, fungal, & parasite

Functional weight loss factors

Functional healthy weight factors

Functional metabolism factors

Functional anti-water retention factors

Functional anti-histamine factors

Functional anti-fat cell factors

Functional T3 factors

Functional T4 factors

Functional thyroid factors

Functional cell surface receptors

Functional anti-weight gain

Functional digestive system

Functional anti-cellulite

12. Are any organs / glands getting in the way of losing weight?

13. Are any areas / tissue getting in the way of losing weight?

14. Are any cortical contacts getting in the way of losing weight?

15. Are any brain engines getting in the way of losing weight?

16. Is there a frozen emotional field

Blocking weight loss?

Blocking anti-water retention?

17. Has there been a change in eating habits?

18. Has there been a change in working out habits?



19. What % does this weight gain consist of:

physical?

non-physical?

20. Pounds gained in last month? Month before that?

Amount fat?

Amount water?

21. Does 100% of my body want to physically lose this weight?

22. Does 100% of my body want to non-physically lose this weight?

23. Do 100% of my parts want to lose this weight?

24. Do I have any blocks to losing weight?

25. Test toxins

All injectants?

Foods that cause inflammation?

All foods against weight loss?

All supplements against weight loss?

All contactants

All inhalents

All injectants

26. Test pathogens (virus, hidden virus, bacteria, hidden bacteria, fungal, parasites, relationship parasites, metals)

27. Test Hormones

28. Is there anything I need to change or getting in the way of my goal? (eating, exercise, weights, yoga, stretch, meditation, other: massage, chiropractic, acupressure, meditation, Tai Chi,

29. Would Balancing Hormone Code help?

Sh,eb,e,g50,sh,g50,sh,eb,e,sh,if,oe,a,c,9g,un,un,chakra pattern 1

### 30. Supplements that decrease inflammation

- Turmeric
- Curumin
- Grape Seed Extract
- Evening Primrose
- CoQ10

## 31. Books

- Women Food and God by Geneen Roth
- Diets Still Don't Work by Bob Schwartz
- I Can Make You Thin by Paul McKenna

**Notes:**

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### NOTES: