

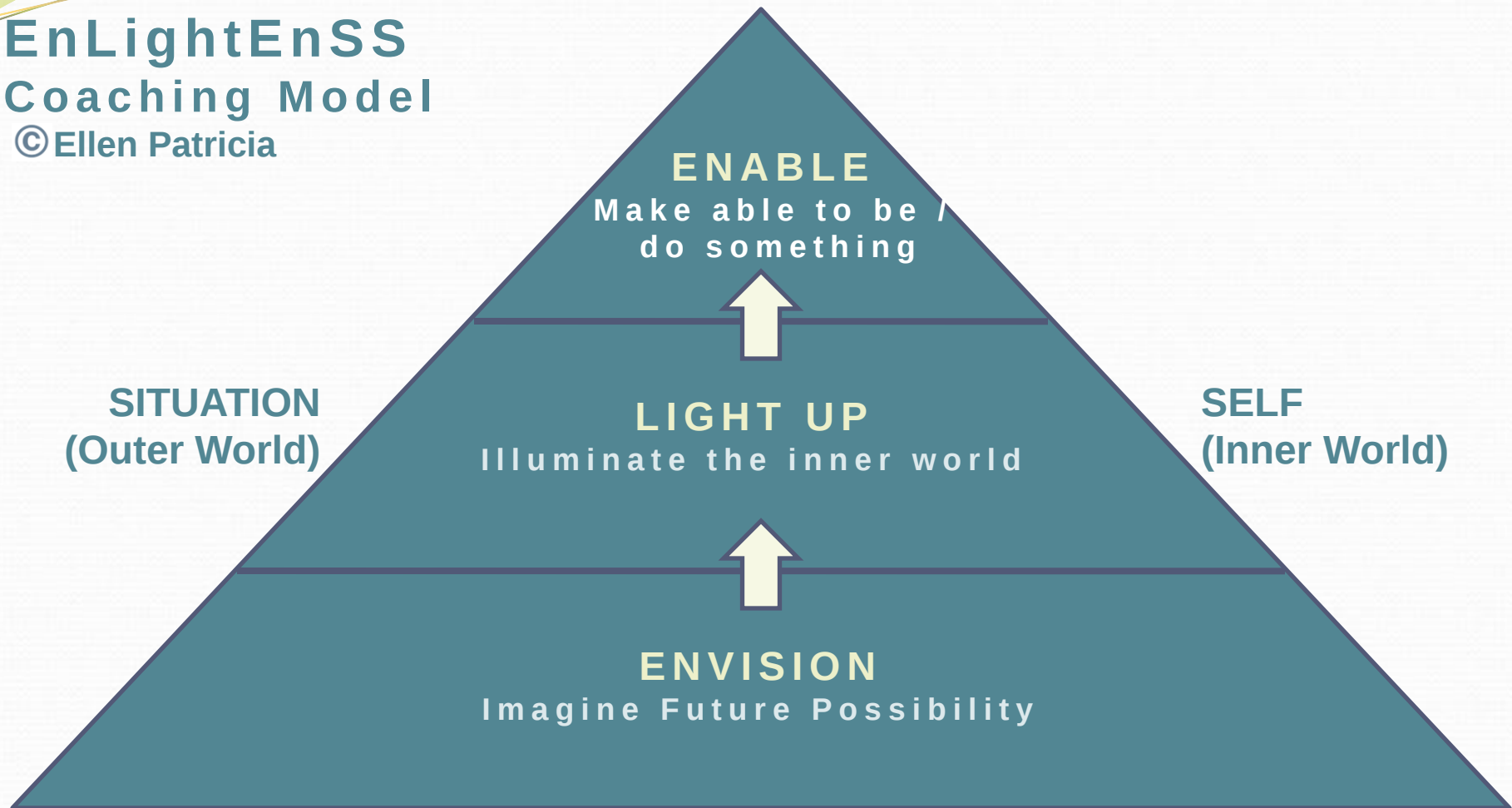
NATURE COACHING

Coaching Model

Framework of step-by-step process to be followed, in order to help client move from where they are currently to where they want to be

EnLightEnSS Coaching Model

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Competency 3: Establishes and Maintains Agreements

3.1: Coach partners with the client to identify or reconfirm what the client wants to accomplish in this session.

3.2: Coach partners with the client to define or reconfirm measure(s) of success for what the client wants to accomplish in this session.

3.3: Coach inquires about or explores what is important or meaningful to the client about what they want to accomplish in this session.

3.4: Coach partners with the client to define what the client believes they need to address to achieve what they want to accomplish in this session

ENVISIONING PRACTICE

1. Prepare mindstate

2. Interact with your outer landscape & use the 3 sacred questions to get direction on :

- What is next for you?
- How does that look like?
- What makes it important for you now?
- What do you need to address to achieve that?



Thank
you

