



## FOR IMMEDIATE RELEASE

**RE:** New BAT 2.0 from Grisha Stewart!

**Title:** *Behavior Adjustment Training 2.0 – New Practical Techniques for Fear, Frustration, and Aggression in Dogs*

**Author:** Grisha Stewart, M.A., CPDT-KA **Author contact:** [info@grishastewart.com](mailto:info@grishastewart.com)

**Price:** \$24.95

**Binding:** Paperback, 7" x 10", 293 pgs, Indexed

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## Empower your dog to gain confidence and social skills

With *BAT 2.0*, trainer/author Grisha Stewart has completely overhauled *Behavior Adjustment Training (BAT)* to create a new efficient and practical tool for dog reactivity. *BAT 2.0* builds resilience and self-reliance by giving dogs safe opportunities to learn about people, dogs, or other “triggers.” Clear enough for all readers to follow, this book also includes technical tips and bonus chapters just for dog behavior professionals.

### Learn how to:

- Rehabilitate aggression, frustration, and fear.
- Use survival skills to prevent reactivity on walks and at home.
- Use a long line to safely maximize your dog’s freedom of movement.
- Apply Grisha’s BAT philosophy to all dogs and puppies...and get your life back!

### What dog professionals are saying about *Behavior Adjustment Training 2.0*:

*BAT 2.0* is a must-read for anyone who has or works with reactive dogs. For years, dogs all over the world have benefited from the successful philosophies and empowering techniques in BAT, but Grisha Stewart has taken it to the next level. A clear appreciation for the canine experience and easy to follow, practical techniques is what makes *BAT 2.0* so beneficial for dogs that experience frustration, anxiety, or fear in any social situation. Stewart gives control back to the dog allowing a delicate balance of freedom, the ability to make choices and safety. I highly recommend *BAT 2.0* to anyone who is struggling with a reactive dog or who wants to gain a better understanding of their canine companion. **Victoria Stilwell**, author of *Train Your Dog Positively*

*BAT 2.0* is unique—a living document detailing the evolution of a very effective intervention from the experience of many practitioners. I loved the practicality of this book, as well as Grisha Stewart’s dedication to giving dogs a voice in their own development! This is must-reading for those working with dog reactivity in its many forms. **Risë VanFleet, Ph.D.**, CDBC, author, *The Human Half of Dog Training*

**Distributed by:** Dogwise Publishing, Ingram, and B&T

**Intended Audience:** Dog trainers, behaviorists, veterinarians, vet assistants, pet dog owners

**Link to Excerpt:** [dogwise.com/authpub/Bat2.0\\_excerpt.pdf](http://dogwise.com/authpub/Bat2.0_excerpt.pdf)

**Grisha Stewart** is a dog trainer and international speaker based in Alaska. Her dog training techniques, including Behavior Adjustment Training (BAT), use empowerment to build dogs' confidence, social skills, and manners. In addition to her rigorous travel schedule, Grisha teaches dog trainers and families worldwide in her online Animal Building Blocks Academy. She loves hiking with her dogs, reading, and rock climbing. Seminar info: <http://grishastewart.com/tw>