



WELCOME. THIS IS A...



HAPPY CAFÉ

PART OF THE HAPPY CAFÉ NETWORK



ACTION FOR HAPPINESS

www.actionforhappiness.org

A Happy Café is one which has agreed to be part of the Happy Café Network, which is being set up by members of the Action for Happiness movement.

Happy Cafés provide a warm welcome for anyone interested in happiness and wellbeing - and encourage them to meet together for a drink and friendly chat.

Happy Cafés also display inspiring and informative material to help people discover new ways to improve their wellbeing and help make others happier too.

Action for Happiness supporters may also identify themselves by wearing a sticker provided by the café, to help them connect with other like-minded people.

YOUR LOCAL  **HAPPY CAFÉ** IS...



Let's make the world a happier place together

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