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Worship Sheet

Thankfulness

In this session we will be giving thanks to God in worship, exploring thanksgiving through a psalm and doing a creative exercise which stimulates us to think about the things for which we are thankful. We will finish by just considering if we have received answers to prayer, as a group, for which we can be thankful.

Other worship sheets on the OneStop

Worship Sheet - Writing a Psalm - Under pressure - [LINK](#)

Worship Sheet - Writing a Psalm - In awe of God - [LINK](#)

Recommended reading on worship

The Good God by Michael Reeves - [BUY NOW](#)

Desiring God by John Piper - [BUY NOW](#)

Worship sheet – Thankfulness

Opening prayers - The leader may like to open in prayer, thanking and glorifying God for the many things (*ie, everything!*) He has given us through His son Jesus. **ASK for the Holy Spirit** to constantly inspire us with thanks that God has blessed us in Christ with every spiritual blessing ([Ephesians 1:3 \(ESV\)](#))

Playlist of songs - Listen, worship and prepare

[Link to 'King's' playlist for alternative songs](#)

♪ [Holy Spirit you are welcome here](#)

*(The group can **listen** and prayerfully prepare themselves for the session whilst listening to this song and/or others from the playlist)*

Bible

Read this psalm between you (except given below). Ask the group to be sensitive to any parts of the chapter which may be speaking to them in particular

[Psalm 92 \(ESV\)](#)

It is good to give thanks to the LORD and to sing praises to Your name, O Most High...

Discussion

For what things and/or in what circumstances does this psalm suggest we should be thankful?

Activity

You need a **large piece of blank paper** and some **pens**. The paper is placed in the middle of the group. Each person writes/draws, in a circle, something for which they are thankful. The piece of paper is then **rotated**, so that what person **'A'** wrote is now in front of person **'B'**, etc. Each person then writes/draws something they are thankful for **which is related** to what the **previous person** wrote.

The above process can continue for as long as you would like the activity to go on. While the activity is happening people will probably be talking about the things they are writing/drawing and what about them makes them thankful. As this is the point of the exercise, it may be best to encourage this as you go along, rather than leaving everything to a big 'de-brief' at the end.

Example:

Person **'A'** writes that they are thankful for trees. Person **'B'** then writes that they are thankful for the shade trees give in summer. Person **'C'** might then write that they are thankful for the way a forest walk makes them feel ([Genesis 2:9 \(ESV\)](#)) or that shade reminds them of the shading that God gives us from the pressures of the world, etc.

Discussion (de-brief)

There may well have been plenty of chat about the things people have drawn, as the process was going on. If there is time then, at the end, it might be good to move the discussion forward to thinking about times when answers to prayer may have been received – especially prayers offered by the LIFE group – but these answers have not necessarily been fully recognised by the group. This is more common if the answer is not received quickly. If such times are identified it would be great to offer up thanks to God for the answers received.

Bible

If there is time, the leader may like to read [Luke 17:11-19 \(ESV\)](#). Clearly God rightly expects that we will be Thankful in our hearts to Him for His goodness and His provision to us.

Prayer

A general time of giving thanks to God seems a fitting way to end this session. Apart from this, of course, encourage individual prayer requests, as per normal.