

SPROUTS FOR LIVING

Sprouting Seeds in 1.5 lb mylar bags--unless otherwise noted			
Alfalfa	\$9.50		
Garbanzo	\$5.50		
Lentils	\$4.50		
Mung Beans	\$5.00		
Whole Peas	\$4.00		
Soybeans	\$4.00		
Triticale	\$3.75		
Case of 7 bags above	\$31.75		
Org Adzuki	\$6.25		
Org Black Turtle Bean	\$9.25		
Org Hulled Buckwheat	\$6.00		
Org Kamut	\$5.75		
Org Soybeans	\$6.00		
Org Spelt	\$5.75		
Org Hard Red Wheat	\$5.25		
Case of 7 bags above	\$39.25		
Sprouting Mix	\$5.00		
Broccoli	\$13.80		
Radish	\$10.50		
Alfalfa 5 # bag	\$24.50		
Alfalfa #10 Can	\$25.00		
Alfalfa 45 lb Bucket	\$155.50		
Alfalfa 25 lb bag	\$99.95		
Sprouting Mix 5 lb bag	\$10.50		
Salad Sprouting Mix 5 lb can	\$43.00		
Year Supply Sprouting Bucket	\$150.00		
SPROUTERS			
Easy Sprouter	\$13.00		
Sprout Master Sprouter--single	\$16.00		
Sprout Master Sprouter---triple	\$42.00		
Sprout Master --triple mini	\$26.75		

TOTAL

Sprouting Mix= hard red wheat, hard white wheat, soft wheat, adzuki beans, whole green peas, mung beans, triticale, spelt, red lentils, lentils

Salad Sprouting Mix= broccoli, cabbage, radish, clover, alfalfa

Year Supply Sprouting Mix Bucket= 42 lbs of The Nutrition Basics Mix, Adzuki Beans, Mung Beans, Green Peas, Wheat, Triticale, Green Lentils, Red Lentils, Fenugreek + 3.5 lbs of Salad Sprouting Mix (see above)