

# Boulder County 4H Parents Handbook



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# 4-H Introduction

## What is 4-H?

4-H educational experiences for youth are provided by volunteers who serve as a part of the 4-H program in their community. Volunteers who give leadership to the local 4-H program consist of youth, parents and other interested adults in the community.

4-H differs from other youth programs in that it is an integral part of our nation's education system (through the land-grant universities in each state). It is a co-educational program available to young people aged 5 to 18 regardless of race, creed, religion, color, national origin or mental or physical abilities.

## Who Conducts the 4-H Program?

4-H educational experiences for youth are provided by volunteers who serve as a part of the 4-H program in their community. Volunteers who give leadership to the local 4-H program consist of youth, parents and other interested adults in the community.

## What is Colorado State University - Extension?

Colorado State University (CSU) Extension is a unique achievement in educational because it functions as a partnership of local people, county government, the state university, and the federal government. While it fulfilled primarily agricultural needs early in this century, it now helps many more sectors of society confront new problems and educational needs.

## What is a 4-H Agent?

A 4-H Youth Agent is a member of the CSU faculty who is hired jointly by CSU and Boulder County. The responsibilities of the Agent are many, some of the major duties are:

- provide educational leadership in youth development subject matter to groups and individuals;

- provide educational experiences for 4-H members and leaders which contribute to the completion of their 4-H goals;
- provide organizational leadership and counsel to Boulder County 4-H leader volunteers
- cooperatively plan with county staff in developing, implementing and evaluating educational programs for youth and adults; and
- develop curricular materials.

The agent also participates as a member of the CSU faculty in district and statewide curriculum and program development efforts and in faculty and University affairs.

## **What is a 4-H Leader?**

Leaders are volunteers in the 4-H program and they are the Heart of the 4-H Program. Leaders serve many roles including leading clubs, projects and activities.

Individuals 19 years and older are invited to become a part of the dynamic Boulder County 4-H program as a 4-H Leader. If you are looking for a way to positively influence the future of Boulder County, this opportunity is for you.

Contact Lisa Wallace at [lw Wallace@bouldercounty.org](mailto:lw Wallace@bouldercounty.org) for more information on becoming a 4-H volunteer.

## **Who are Club Organizational Leaders?**

Organizational Leaders (or Club Leaders) coordinate programs and activities as planned by the specific individual 4H Club. They work with club officers in helping them conduct monthly meetings. They help members as well as parents follow through with responsibilities they have accepted.

Organizational Leaders are the main resource between the club and the Extension Office and are in attendance at all club meetings.

## **What is a Project Leader or Resource Leader?**

Project Leaders are the key-teaching members of the 4-H clubs. These individuals may conduct project meetings where 4-Hers learn the how to's of their projects. They provide encouragement, guidance, and evaluation. They also arrange for educational opportunities like tours, and other activities that relate to the project areas. Key Leaders have these same responsibilities but work with multiple clubs who may not have enough Project Partners. Resource Leaders also carry these responsibilities but on a county level.

## **What is an Activity Leader?**

These leaders work with committees in arranging for such activities as recreation, drama, music, speech, special parties, health or safety emphasis, environmental awareness, and or community service. General leaders sometimes takes on these duties.

## **What is the Boulder County 4-H Leaders Council?**

The Leaders Council is the organization that represents all 4-H leaders in Boulder County. Meetings are held the first Wednesday of the month. These open meetings take place at the Boulder County Cloverbud Room at the Boulder County Fairgrounds in Longmont and start at 6:30 p.m. All parents and 4-H leaders are encouraged to become involved with the Leaders Council. The purpose is to give direction to the Boulder County 4-H program, and provide training for Leaders and Parents.

## **What is the Youth Council?**

The Youth Council consists of 4-H members who have been appointed by their clubs and represent their club at the Youth Council. They take an active part in leading county activities. By doing this, they grow, mature & learn leadership skills.

## **Program Advisory Committees**

### **Horse Council**

Membership is open to all horse project leaders. The role of the Council is advisory and promotional for youth horse program development and coordinating horse activities in Boulder County to obtain maximum benefit of the horse for developing youth.

### **Livestock Advisory Committee**

Membership is open to anyone interested in the positive development of youth and the 4-H Livestock Program. The role of this committee is to provide advisory and coordinate educational opportunities for youth development in the livestock program.

### **Shooting Sports Council**

Membership is open to anyone interested in the positive development of youth and the 4-H Shooting Sports Program. Their purpose is to promote and coordinate an educational program that teaches safe and responsible shooting sports disciplines and develops life-long skills through active and qualified leaders.

## Definition and Purpose of 4-H

4-H is a voluntary, educational program designed to meet the needs and interest of youth. 4-H members, parents, and leaders have great fun in learning and working together in club activities, project groups, special interest groups, and endless special events. Specifically, 4-H programs help the individual:

- Develop leadership skills
- Gain knowledge and skills in various project areas
- Become self-reliant and responsible
- Develop communication skills
- Develop inquiry and decision making skills
- Learn to respect and cooperate with others
- Explore careers

### **The 4-H Mission**

The mission of the 4-H Youth Development Program is to provide learning opportunities for youth, volunteers and parents that assist them in developing appropriate and essential life skills by creating an environment that empowers youth and adults to develop their leadership and volunteer skills.

### **4-H Goal**

The 4-H Youth Development Program will be youth centered, meeting the needs of the individual through an open, mentoring environment which recognizes youth as equal partners in decision making and leadership.

### **The 4-H Emblem**

The emblem is a four-leaf clover with an H in each leaf. This symbol is well known, yet it means different things to different people. The letters in the emblem stand for Head, Heart, Hands, and Health - the foundation of all 4-H

programs. The 4-H program helps youth develop their:

**Head** - learning to think, making decisions, understanding the "why's," and gaining new and valuable knowledge.

**Heart** - being concerned with the welfare of others, accepting the responsibilities of citizenship, determining values and attitudes by which to live, learning how to work with others, and making new friends.

**Hands** - learning new skills, perfecting skills already known, and developing pride in work and respect for it, and developing concern for others through community service projects.

**Health** - practicing healthful living, protecting the well being of self and others, and making constructive use of leisure time.

## **4-H Pledge**

**I Pledge....**

**My Head to clearer thinking,**

**My Heart to greater loyalty,**

**My Hands to larger service,**

**My Health to better living,**

**For my club, my community, my country and my world.**

## **4-H Symbols and Traditions**

You will hear the basic purpose of 4-H stated in many different ways. The 4-H clover, pledge, motto, and other symbols and traditions have helped identify 4-H for many years.

**4-H Colors:** It is most appropriate that green and white are the colors of 4-H. The green in the 4-H clover represents life, springtime, and youth. The white represents purity.

**4-H Slogan:** The slogan to "Learn by Doing" is a constant incentive to motivate

4-H'ers to strive toward acquiring new skills and knowledge and the opportunity to practice those skills in a safe environment. The results can mean a very productive and healthy life.

**4-H Motto:** "To Make The Best Better" is the goal of each member. The motto gives a special motivation always strive to make things better.

**4-H Pledge:** The 4-H pledge was officially adopted in 1927. The pledge has been changed only once. In 1973, "my world" was added to the end of the pledge. It has stood the test of time, is educationally sound, and states the true purpose of 4-H.

## What are the types of 4-H Members?

Cloverbud – Cloverbud members are children ages 5 to 7. 4-H age is determined by the age of the child as of January 1 of the current year. This program is a non-competitive membership opportunity. Cloverbuds may exhibit at the fair by making a poster or project of their choice. They will meet with a judge to talk about their project, but will not be judges. They will earn a participation award.

Traditional – Traditional 4-H members are youth between the ages of 8 to 18. 4-H age is determined by the age of the child as of January 1 of the current year. The 4-H year runs from October 1 to September 30. Traditional members are grouped by 4-H age as juniors (8-10), intermediates (11-13) and seniors (14-18).

Collegiate – There is also a program called collegiate 4-H for youth in their college years.

## What is each member expected to do?

Select a project for his or her age and ability: They should do the best possible job on them. It is better to do an outstanding job on a project than a poor job on five or six.

Attend and share in the meetings of his or her 4-H club: Business meetings are important because this is where decisions are made concerning community service projects, fundraising activities, and upcoming plans for participation in contests and events. The 4-H members also can share their project demonstration with the rest of the club at these meetings. Attendance is a requirement.

Participate in club activities: Clubs may set up activities. Some activities are just for fun; others may pertain to specific projects or learning sessions.

Serve on committees to which he/she is appointed: Clubs may set up special committees to accomplish the clubs work. Members may be appointed or elected to these committees.

Keep, Complete and turn in a record book: 4-H teaches life skills that include record keeping and accountability. Each project has a record book requirement to be considered complete. It includes setting goals, record keeping, project costs, pictures and a story. Members should download a copy of the e-record as soon as projects are chosen. It is a road map to complete their projects. It is helpful to keep a family calendar recording everything related to the project.

Participate in a Fund Raising project: Clubs will plan and carry out fund-raising projects for expenses. Carnivals, suppers, talent programs, club sales and service projects often are successful fundraisers. Members gain valuable experience working together to organize and carry out such activities. It is recommended that 4-H fund-raising activities give people something worthwhile for their money and develop 4-H members in the process. All money raised in the name of 4-H can only be used for 4-H activities and programs. All property bought with 4-H funds must be inventoried by the club. Every club is required to submit annual financial reports to the Extension Office.

Participate in a Community Service Project. 4-H Clubs do community service as a "service-learning project". This means that the 4-H members participate in planning, implementing and celebrating the community service project. The community service project should reach beyond family and friends. Members are also encouraged to do a project related community service for every project they enroll in, but the requirement is that they do at least one. This is recorded in the record book.

Complete a public demonstration. Every 4-H member is required to do a demonstration about something related to his or her 4-H project. This is a

great opportunity to learn about public speaking and helping others to learn. 4-H leaders and agents will provide information and training about how to give a demonstration. The demonstration is recorded in the record book.

Exhibit their project - Yes. 4-Hers DO have to exhibit their project to someone other than family. The exhibit requirements are listed on the state and county 4-H websites and in the Boulder County Fair premium book. You don't have to exhibit at the County Fair, but it is encouraged. The fair board administers the Boulder County Fair. It provides a showplace for 4-H and FFA members to display their projects. Make sure to refer to your Boulder County Fair Book to prepare for the county fair. <http://www.bouldercountyfair.org/exhibitors.htm>

Participate in a judging exercise. By participating in a judging exercise, members learn how to use critical thinking to determine the best of a class. Many clubs set up a judging experience for their members during a business meeting. County wide judging teams are set up and open to all members.

## **What is a 4-H Club?**

A 4-H club is a self-governing group of young people between the ages 8 to 18. It has adult guidance from Club Leaders. Members elect officers to lead their club meetings and activities. It is the duty of the officers and appointed committees to see that all parts of the club's program are carried out. The main purpose of 4-H Club work is to make our homes, community and country more prosperous, healthier, safer, and more attractive places in which to live. A 4-H club may be one family, or a number of families. The minimum size of a club is 5 members.

## **What is a 4-H Meeting?**

Most 4-H clubs meet monthly, these meetings are sometimes called 4H Club business meetings. Each meeting should be started promptly and finished on time. A good agenda for the club meeting is:

- Pre-meeting Activity
- Business Meeting

- Call to order
- Pledges
- Secretary’s Report (roll call and minutes of the last meeting)
- Treasurer’s report
- Report of Committees
- Unfinished Business
- New Business
- Information or project instruction (demonstrations, etc.)
- Adjournment

All 4-H clubs strive to conduct their meeting with the best parliamentary procedure, as the club belongs to the members. 4-H clubs are youth democracy in action.

## How to select a 4-H Club

Boulder County has over twenty 4-H clubs. Some clubs are project specific clubs and some are more general. To choose a club a family should consider the following:

- What are the projects offered by the club?
- Where is the location of the club meetings?
- What are the dates and times of the meetings?

This information can be found on the Boulder County 4-H webpage at: [www.Boulder4H.org](http://www.Boulder4H.org), Click on **Enroll Here**.

It is always a good idea to contact the Club Leader to discuss the clubs meetings and locations. Families are invited to attend a club meeting before enrolling in a club to understand the Club Leaders expectations and to determine how good a “fit” each club is with your child.

## How Are Parent(s) and Guardian(s) Partners in 4-H?

- Help member select the right project(s) for their interest.
- Give encouragement and supervision, but allow the 4-H'er to do their own work. Also, this means giving positive encouragement when problems arise.
- Help locate or assist youth in finding financial aid for project work.
- Provide a place for records and other club and county materials in the home.
- Help members set standards of honesty, teamwork and good sportsmanship.
- Be willing to help whenever possible for the club as drivers, chaperons, lunch committee, or as need arises.
- Attend club meetings with the member.
- Help member complete club and county requirements for the year.
- Give input into the county program by participating in county meetings and serving on committees.
- Have fun with the youth.

### 4-H Parent or Guardian's Pledge

I Pledge My Head - to give my child the information I can, to help them see things clearly and to make wise decisions.

I Pledge My Heart -to encourage my child no matter whether they have successes or disappointment.

I Pledge My Hands - to help my child's club; if I cannot be a leader, I can help in many equally important ways.

I Pledge My Health - to keep my child well and strong for doing better work, through 4-H, for our club, our community, our country and our world.

## How To Select 4-H Projects

First make a list of the things that you would like to do or would like to learn more about. Talk over your list with your parents, leaders and friends. They may recognize some special things that you are good at, that you don't even realize you do well.

Then compare your list with the projects listed on the Boulder County Project Guide. Ask yourself, and your family, if you have the equipment, money and time to do the projects that sound interesting. Ask your club's general leader or the Extension Office about the type of help that is available for the projects in which you have an interest, project leaders, groups, workshops, trainings, printed materials, etc.

### **How much does a 4-H project cost?**

It varies. Some projects use supplies and equipment from around the house and incur little or no additional expenses, while others may cost hundreds of dollars. Livestock or animal projects, where a project animal is purchased and maintained over the lifetime of the project, will cost substantially more.

### **How should members choose a project?**

Members should pick something that interests them and that they want to learn about AND that they think would be fun. Find out the costs and time requirements (review the "Clover Guide" on the state4-H website and ask your leader for help.) Ask other 4-H members for advice.

### **How do members learn about their project?**

Through the project manual, project leader/meetings, fellow 4-Hers taking the same 4-H project and any other resources they may find that are related to the project. Attending project workshops and other activities promoted through emails and the newsletter is also a great way to learn.

4-H Club Leaders order project literature and it is mailed directly to them. Your leader will distribute it to members at a club meeting.

Be aware that some projects such as horse, livestock, dog, and shooting sports may have additional requirements and additional meetings.

## What is a record book?

4-H teaches life skills that include record keeping and accountability. Each project has a record book that must be completed in order to complete the project. It includes setting goals, taking pictures, writing a story and recording project costs and accomplishments. You should begin completing a copy of the e-record as soon as you choose your projects. It is a road map to complete your projects. It is helpful to keep a family calendar recording everything related to the project.

## Where do we find record books?

Go to the Colorado 4H website e-record page ([http://www.colorado4h.org/project\\_resources/erecords/index.php](http://www.colorado4h.org/project_resources/erecords/index.php)) and look for your project. You will also find user guides, tip sheets and score sheets that will help you complete your record book. Your 4-H leader and 4-H agents can also help you.

E-records can be filled out in the computer or hand written on hard copy. However, neatness and spelling are important, so make sure the handwriting is legible.

There are four types of records –one for Livestock projects, one for the Horse project, one for Dog/Small animal projects and one for General/Natural & Family and Consumer Science projects.

Each General/Natural and Family and Consumer project requires an *individual record*. For example, if the members' projects are small engines and child development, he/she must fill out *two books- one for each project*. Some of the pages can be duplicated such as the community service page but there are a number of pages that are project-specific.

The livestock records are a bit different. All your livestock records can be combined in one book. For example, if the 4-H member is raising beef, goats and rabbits, they all can be recorded in one record. On the cover sheet, you mark all the animal projects you will be recording.

The Horse and dog e-records are a separate book for each project but include all animals in that project. For example, my horses, Frank and Julie, will be in my Horse e-record and my dogs, Spot and Fluffy, will be in my dog (Pet) e-record.

# Animal Project Information

## Animal Care and Housing Form

All 4-H members with animal projects will be required to have a completed, signed and approved Animal Care and Housing Form for Colorado 4-H Livestock Projects. Primary care is defined as the 4-H member making the decisions for and/or providing the care, handling, and training of their animal project a majority of the time. The expectation is that 4-H members will provide primary and continuous care of their project animals.

This form is available for download on **Boulder4-H.org, Enrollment** and is to be submitted to your Club Leader with other enrollment form(s). Members who enroll in beef, dairy, sheep, swine, goat, poultry, horse, rabbit and dog projects are required to file this form. If your animal is housed at your place of residence all that is needed on the form is your name and contact information, indication of project specie(s) taken and signature. If your animal project is not housed at your place of residence then you will need to provide additional information that details where your animal is kept and your plan on providing primary care for your animal.

## Youth Meat Quality Assurance (MQA)

Members with livestock projects are required to complete Meat Quality Assurance (MQA) Certification their first year with a livestock project and each time they move into a different age group. For the purposes of MQA, livestock is defined as breeding and market beef, sheep, dairy, swine, rabbits, goats, chickens and turkeys. Horse projects are excluded from MQA requirements.

## Market Swine Project PQA Requirement

If you plan to sell your pig at the Boulder County Fair or exhibit at the Colorado State Fair, **it is required** that you be PQA certified. To meet Pork Quality Assurance (PQA) requirements, you must attend a MQA training annually. Exhibitors may choose to test out when once they qualify. Contact the Extension Office for more information on PQA requirements and testing out.

## **Record Book Review for Livestock and Horse Project Members**

All Boulder County 4-H record books for horse, dog, beef, dairy, goats, hogs, sheep, rabbits, and poultry projects are to be reviewed by their Boulder County 4-H Leader by the first week of July. These books should be as complete as possible and up to date. Each club leader will check all of their club's books and return them to the members. Leaders will notify the Extension Office of any members who do not have up to date record books. Members whose records are not up to date will not be allowed to show in the current year's Boulder County Fair. Some livestock species are requiring up to date record books to be in hand at check-in, check by department. **Completed record books are to be turned into the Extension Office by the 2<sup>nd</sup> Friday in September.** All record books will be evaluated for completion and awards. Members who fail to turn in record books will not be eligible to show or sell animals in the next years fair.

### **Premises identification**

Provides quick and accurate traceability of livestock and locations in the event of an animal health concern, which will help maintain the health of all Colorado livestock. For this program, a premise is defined as a location or site where livestock are born, handled, housed, managed, marketed, processed or exhibited. Premises ID is managed by the Colorado Department of Agriculture. 4-H members with livestock projects (beef, dairy, goat, horse, sheep, swine, poultry and lease an animal) are strongly encouraged to obtain a Premises ID. **It is required to exhibit at the Boulder County Fair and Colorado State Fair.** If you don't already have a Premises ID, you can obtain one by calling the Colorado Animal ID coordinator at 303-239-4517 or 303-239-4100. For more information on the National Program for animal Disease Traceability, go to <http://www/aphis.usda.gov/traceability/>.

### **Identification for market beef, sheep, swine, goats, chickens and rabbits**

Any 4-H member showing market beef, sheep, swine, goats, chickens and rabbits must have their animals identified at their respective species official County Tag in day(s). Check the Clover Gazette newsletter for the date for

your species. There is a nominal cost (per animal) for identification to cover the cost of tags and equipment. Animals will have a tag/band/ear tattoo placed on their animal, retinal scans will be done for beef, sheep and goat species. Market swine members may choose to tag their animal at home to reduce the risk of disease spread. Market swine must also turn in a DNA sample (hair) for each pig.

Each species may have specific requirements for identification. See the Boulder County Fairbook ([BoulderCountyFair.org](http://BoulderCountyFair.org), Exhibitors, 4-H & FFA Livestock Shows Fairbook) for individual species requirements.

### **Identification for horses**

4-H members with horse projects must submit an identification form for each of their project horses by May 1. Any member that loses their project horse to injury or death cannot replace the animal for the 4-H year except with another animal currently identified for the year. If the horse is not used the project member must still complete their record book to complete their project. See your club leader or the horse e-record for the horse Identification form.

# County Wide Activities and Resources

## 4-H Newsletter

A newsletter (Clover Gazette) is sent out monthly to all families of 4-H members and leaders. This newsletter contains information on upcoming county, district and state 4-H events and reports on events already held by members and clubs. It is a handy reference and contains a monthly calendar and educational information. **Please** read it carefully as soon as you receive it. If you are not receiving this newsletter, please contact the Extension Office. Contributions of news, information or original pieces are welcome.

## National 4-H Week

National 4-H week is celebrated during the first full week of October each year. This is the time to start to invite youth to join your 4-H club and to promote 4-H throughout the county.

## County Fair

The Boulder County Fair is held the first week of August each year. All 4-H members are expected to enter at least one exhibit in each project in which they are enrolled. Premium money is awarded for most entries. 4-H'ers, leaders and parents are asked to volunteer time to help set-up exhibits and work with judges.

## Colorado State Fair

The Colorado State Fair is held in Pueblo, CO in late August. 4-H members who earned high awards in their projects will be asked to attend the State Fair to represent Boulder County.

## Carnival

The Carnival is a countywide activity that takes place in the second Saturday of March. Each club creates a booth with a moneymaking activity. Some clubs use games, cake walks, water dunks or sell food. Some of the money goes to support County activities with the rest of the money going to the club that

earned it.

## **Challenge Day**

Challenge day is usually held in June. It is a countywide activity where members compete in various activities. There are competitions for Dance, public speaking, cake decorating etc. Winners in some categories will go to the State Fair and or State Conferences as a Boulder County Representative.

## **Leadership Opportunities for 4-H Members:**

### **Leadership Development Conference:**

Held in January, this conference is designed to help our Senior Members (14 and over) develop their leadership abilities. Activities include seminars on team building, personal goals and community service. 4-H members are organized into Think Tanks which address issues for each of the States 13 4-H districts; Teens also participate in dances, games and banquets. The weekend concludes with 4-H Day at the Colorado State Capitol, where members tour the Capitol and observe their government at work. LDC is open to Senior 4-H Members and 4-H Leaders. Members attend with a County Chaperone for the weekend.

### **State 4-H Conference**

A great opportunity awaits all Senior 4-H members! The Colorado 4-H State Conference is held in June and all Senior members are able to attend, in addition to members who have qualified through judging or speech programs. 4-Hers from around the state will gather at the Colorado State University Campus to visit the University, have fun & learn! While many youth will be attending to compete in events other 4-H members are invited to attend to expand their 4-H experience! The three-day event is full of workshops, fun activities, dances and social events. Be sure to watch for information on this fun event.

### **Youth Fest**

Youth Fest is a camp for 4-H members ages 9-13. Youth have the opportunity to learn and discover what self-esteem and leadership are all about.

### **Colorado Leadership Conference**

CLC is a camp for 4-H members in 6<sup>th</sup> to 9<sup>th</sup> grade. Youth have the opportunity to learn and discover what self-esteem and leadership are all about.

## Citizenship Washington Focus

Take your 4-H experience to another level through Citizenship Washington Focus (CWF), a six-day intensive summer citizenship program for youth age 14-19. CWF delegates learn about the democratic process and their role as citizens while they experience our nation's capitol. Get the inside scoop about how government really works from prominent guest speakers. College-age program fellows lead bill writing workshops, a national issues forum and mock elections and congressional sessions that prepare you for leadership now and in the future. This trip is by application only.



## Helpful Information From 4-H Members and Adults

### **If I Had Only Known.....(From a Member)**

- I can go to any 4-H county activity that is listed in the Clover Gazette (newsletter).
- Read the Clover Gazette (newsletter) every month.
- Keep records of activities in 4-H activities, speeches, demonstrations, school, community, church and other organizations for your later reference when applying for trips and awards.
- Commit to working a little bit on my record books every week. That way June and July can be spent working on my final projects and not trying to get my record book up to date.
- Any of my friends can join 4-H. You do not need to own an animal to join 4-H.

### **If I Had Only Known..... (From an Adult)**

- Encourage my child(ren) to take a reasonable number of projects for their age/ability.
- I should attend meetings with my child(ren) and bring a calendar to meetings to mark down club and county events.
- Keep a drawer or shelf for all the 4-H newsletters, mailings and record-books.
- Parent(s), guardian(s) and grandparents are encouraged to attend and participate in 4-H events with their youth. Everyone's help is needed to make the program strong. 4-H is a family organization.
- The County Extension Office can obtain videos, slides, etc. for project leaders to use at project meetings.
- To read my newsletter and call the Extension Office, or club leader(s) or other 4-H parents with any question (however small I think it

might be.)

- Encourage my child(ren) to work on their record book every week to keep their project up to date. This encourages good time/project management skills and avoids the June/July record book blues. This is when some kids drop out, because they are overwhelmed

## **FAQ: How Do I?**

### **Find a Club?**

Contact Audra Harders at the Extension Office 303-678-6238

Go to: Boulder4-H.org, Click on "[Club Directory](#)" at the bottom of the page

While choosing a club, be sure to call the organizational leader to inquire about the club.

### **Enroll In 4-H?**

Enrollment is online. To begin the enrollment process through the 4-H Online system go to this Website and follow the directions!

#### [How Do I Enroll?](#)

When you have completed the online enrollment, you will be notified by email that your enrollment is "pending". Please print off the confirmation and any additional forms that apply, and turn them in to your Club Organizational Leader along with the enrollment fee ([Enrollment Guidelines and Fees](#))

NOTE: The Extension Office will NOT accept any enrollment forms/fees directly from families. All form must be turned in by the Club Organizational Leader.

Have questions? Contact Audra Harders at the Extension Office 303-678-6238.

### **Find the 4-H Newsletter, Clover Gazette?**

Go to: Boulder4H.org; Click on "Clover Gazette Newsletter."

### **Find Specific Information on Livestock Projects?**

Contact a Project leader. Ask your Organizational Leader to help you find a project leader.

Contact Brenda Kwang. [bkwang@bouldercounty.org](mailto:bkwang@bouldercounty.org)

## **Find Specific Information on General/Natural and Family and Consumer Projects?**

Contact a Project leader. Ask your Organizational Leader to help you find a project leader.

Contact Kim Morrison. [kmorrison@bouldercounty.org](mailto:kmorrison@bouldercounty.org)

## **Figure out what is required for a fair exhibit?**

Go to this webpage:

[http://www.colorado4h.org/project\\_resources/StateFairExhibitReq.pdf](http://www.colorado4h.org/project_resources/StateFairExhibitReq.pdf)

# Local 4-H Club/Group Information:

## My Child's 4-H Club/Group

Name: \_\_\_\_\_

Location of Meetings: \_\_\_\_\_

Meeting Time/Date: \_\_\_\_\_

### Club/Group Volunteer Leader(s):

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

e-mail: \_\_\_\_\_