
Abschlussprüfung Englisch

Realschulabschluss Schriftlicher Teil

Name: _____

Klasse: _____

Vorname: _____

Ergebnis des schriftlichen Teils

	mögliche BE	erreichte BE
Teil 1	15	
Teil 2	15	
Teil 3	40	
GESAMT	70	
Unterschrift (Erstkorrektor)		
Unterschrift (Zweitkorrektor)		

Allgemeine Arbeitshinweise

Der schriftliche Teil der Abschlussprüfung besteht aus 3 Teilen:

- 1 Nachweis des Hörverständnisses (Listening)
- 2 Nachweis des Leseverständnisses (Reading)
- 3 Schreiben (Writing)

Vor der planmäßigen Arbeitszeit stehen Ihnen **15 Minuten** zum Vertrautmachen mit allen Teilen und Aufgaben zur Verfügung. Die Arbeitszeit zur Lösung aller Aufgaben beträgt **180 Minuten**.

Die Prüfung beginnt mit Teil 1 Listening.

Die Einhaltung der Normen von fachlicher und äußerer Form wird im Rahmen der Gesamtbewertung berücksichtigt.

Für die Lösung **aller Teile** benutzen Sie bitte die entsprechenden **Arbeitsblätter**.

Es sind folgende **Hilfsmittel** in gedruckter Form zugelassen:

- zweisprachiges Wörterbuch Englisch-Deutsch/Deutsch-Englisch
- zugelassenes Nachschlagewerk zur Grammatik
- Wörterbuch der deutschen Rechtschreibung

Teilnehmer mit Migrationshintergrund können zusätzlich ein zweisprachiges Wörterbuch (Deutsch-Herkunftssprache/Herkunftssprache-Deutsch) verwenden.

Keeping Fit

You will listen to people talking about a leisure centre.
There are two parts. You will hear each text twice.

a) First listen to the advertisement for a recently opened leisure centre. There are **6** mistakes in the leaflet. Find and correct them in English.

Welcome to the new Oak Tree Leisure Centre

Our Facilities

correction

<u>Indoor</u>	
Two yoga and aerobic studios	<i>dance</i>
Two fitness suites	✓
One indoor climbing wall	
Three swimming pools (one with slides)	
<u>Outdoor</u>	
Multi-use games area	
All weather sports pitches - all with floodlights	
Squash and tennis courts	
Ice-rink open from March to October	

Our Courses

correction

Monday and Wednesday	Zumba, Archery, Yoga, Aerobics	
Wednesday	Hula-hooping	
Tuesday and Thursday	Spinning, Fencing, Skating, Aerobics, Indoor rock climbing	
Friday	Paintballing, Skating	

Our Prices

Centre members can save up to 30%.

correction

Juniors	£15.59 a month	
Adults	£29.95 a month	
Seniors	£4.95 a month	

If you join the Oak Tree Leisure Centre now, you can use all facilities for free for the rest of July.

b) Now listen to two students talking about the courses and mark **9** characteristics they mention for these sports.

___ / 09 BE

	Archery	Hula hooping	Fencing	Indoor rock climbing
you need protective equipment				
is fast-paced aerobic workout				
is like a physical chess match				
burns lots of calories				
requires pure focus				
is harder than it looks				
can be done on your own after learning basics				
builds strength and balance				

Laughter is the best medicine

Days go by and we must have strength and energy to live the day effectively, stay active and positive and not forget to smile. Where can we get the strength for this and what is able to charge us with this necessary energy?

It is hard to realize, but it is possible not to get tired ever, to stay active and full of energy all day, always think positively and keep smiling despite the hard impact of the outer world. More and more often people are subjected to different problems and difficulties - home routine, trouble at work, disagreements with the boss, relationship problems - and in the constant flow of these events people lose themselves. They cannot think about anything except ongoing hard times and pretty often they expect that the future will bring even more disaster in their lives. All this sounds fatal, but still there is a way out.

Besides a healthy and balanced nutrition and healthy sleep, laughter can be a strong medicine for your mind and body.

"Your sense of humour is one of the most powerful tools you have to make certain that your daily mood and emotional state support good health", says Paul E. McGhee, Ph. D., a pioneer in humour research.

Laughter is a powerful antidote to stress, pain and conflict. Nothing works faster or more dependably to bring your mind and body back into balance than a good laugh. Humour lightens your burdens, inspires hopes, connects you to others and keeps you grounded, focused and alert. With so much power to heal and renew, the ability to laugh easily and frequently is a tremendous resource for surmounting problems, enhancing your relationships and supporting both physical and emotional health.

- ☺ **Laughter relaxes the whole body.** A good, hearty laugh relieves physical tension and stress, leaving your muscles relaxed for up to 45 minutes afterwards.
- ☺ **Laughter boosts the immune system.** Laughter decreases stress hormones and increases immune cells and infection-fighting antibodies, thus improving your resistance to disease.
- ☺ **Laughter triggers the release of endorphins,** the body's natural feel-good chemicals. Endorphins promote an overall sense of well-being and can even temporarily relieve pain.
- ☺ **Laughter protects the heart.** Laughter improves the function of blood vessels and increases blood flow, which can help protect you against a heart attack and other cardiovascular problems.

Laughter makes you feel good. And the good feeling that you get when you laugh remains with you even after the laughter subsides. Humour helps you keep a positive, optimistic outlook through difficult situations, disappointments and loss.

More than just a respite from sadness and pain, laughter gives you the courage and strength to find new sources of meaning and hope. Even in the most difficult of times, a laugh - or even simply a smile - can go a long way toward making you feel better. And laughter really is contagious - just hearing laughter primes your brain and readies you to smile and join in the fun.

- ☺ **Laughter dissolves distressing emotions.** You can't feel anxious, angry, or sad when you're laughing.
- ☺ **Laughter helps you relax and recharge.** It reduces stress and increases energy, enabling you to stay focused and accomplish more.
- ☺ **Humour shifts perspective,** allowing you to see situations in a more realistic, less threatening light. A humorous perspective creates psychological distance, which can help you avoid feeling overwhelmed.

Shared laughter is one of the most effective tools for keeping relationships fresh and exciting. All emotional sharing builds strong and lasting relationship bonds, but sharing laughter and play also adds joy, vitality, and resilience. And humour is a powerful and effective way to heal resentments, disagreements, and hurts. Laughter unites people during difficult times.

a) Complete the statements with information from the text in 1-5 words.

___ / 04 BE

1 People are able to think positively although there are _____

2 People often think about ongoing hard times and are afraid of

3 Besides a healthy way of life _____ can
bring your mind and body back into balance.

4 The ability to laugh easily and frequently can support _____

b) Decide whether the statements are true, false or not in the text. Mark the correct option.

___ / 05 BE

	true	false	not given
1 Laughter can ease pain for a short time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 Laughter can influence people's feelings and attitudes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 Laughter can reduce people's energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 Laughter can replace physical exercise.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 Laughter can make people's relationships exciting and lasting.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

c) Which summary of the text fits best? Mark the correct option.

___ / 01 BE

1 The text gives advice how to use laughter in romantic relationships.

2 The text describes the impact of laughter on a/the human being.

3 The text explains the link between laughter and mental health.

4 The text suggests opportunities to share laughter with others.

Mark the correct option in the chart below.

How to pack a lunch box

For students, packing their own lunch box can mean freedom from the same cafeteria food each day, or from a parent's taste in lunch packing.

For professionals, it can mean **(1)** a lunch hour free for exercising, networking with colleagues, or getting some work done. Packing a lunch can **(2)** money and allow you to take control of your health and your diet.

When you select a good lunch box look for **(3)** characteristics:

- enough capacity, especially if you are packing food for **(4)** day and not just a lunch hour
- insulation to keep things cool; food will be **(5)** than without any at lunchtime
- carrying handles or straps.

No matter **(6)** carefully you pack, your lunch box will end up with crumbs and spills in it, so think about how easy it will be to wipe or rinse out.

Prepare the day before what you want to have, because if you **(7)** something you want, you can pop down to the shops. You can even plan your lunch menus a week **(8)** if you like. Preparing your lunch the night before also means less time **(9)** in the morning.

Place your lunch box in the refrigerator once it is packed, to keep the food **(10)** spoiling. When preparing the food you should aim for variety each day.

- | | | | | |
|------|--------------------------------------|-------------------------------------|--------------------------------------|--------------------------------------|
| (1) | <input type="checkbox"/> had | <input type="checkbox"/> has | <input type="checkbox"/> have | <input type="checkbox"/> having |
| (2) | <input type="checkbox"/> protect | <input type="checkbox"/> safe | <input type="checkbox"/> save | <input type="checkbox"/> store |
| (3) | <input type="checkbox"/> that | <input type="checkbox"/> their | <input type="checkbox"/> these | <input type="checkbox"/> this |
| (4) | <input type="checkbox"/> an abridged | <input type="checkbox"/> an entire | <input type="checkbox"/> a limited | <input type="checkbox"/> a partial |
| (5) | <input type="checkbox"/> fresh | <input type="checkbox"/> fresher | <input type="checkbox"/> freshest | <input type="checkbox"/> freshly |
| (6) | <input type="checkbox"/> as | <input type="checkbox"/> how | <input type="checkbox"/> like | <input type="checkbox"/> what |
| (7) | <input type="checkbox"/> didn't have | <input type="checkbox"/> don't have | <input type="checkbox"/> haven't had | <input type="checkbox"/> won't have |
| (8) | <input type="checkbox"/> ahead | <input type="checkbox"/> advance | <input type="checkbox"/> in front of | <input type="checkbox"/> until |
| (9) | <input type="checkbox"/> are wasted | <input type="checkbox"/> is wasted | <input type="checkbox"/> was wasted | <input type="checkbox"/> were wasted |
| (10) | <input type="checkbox"/> away | <input type="checkbox"/> from | <input type="checkbox"/> in | <input type="checkbox"/> off |

3.2 Guided Writing

You are an exchange student at an English school. On your way to school you had a bike accident. The school wants you to fill in a school accident report form. Complete the form using the following details.

- 1 Sie fuhren am 10. April um 8.30 Uhr auf dem Weg zur Schule die *Park Street* bergab.
- 2 Am Ende der *Park Street* mussten Sie an einer Kreuzung anhalten.
- 3 Sie haben wie gewohnt gebremst, bemerkten aber zu spät, dass die Straße rutschig war.
- 4 Ihre Bremsen funktionierten nicht und Sie fielen vom Rad auf Ihre linke Körperseite.
- 5 Ihr Bein schmerzte sehr stark und Ihr Ellenbogen blutete.
- 6 Ein Autofahrer verband Ihren Arm und rief den Krankenwagen.
- 7 Ihre Gasteltern wurden vom Krankenhaus informiert. Sie mussten eine Woche zu Hause bleiben, da Ihr Arm gebrochen war.

LEERSEITE
