



# PROVINCIAL GRAND LODGE OF MIDDLESEX CHARITY AWARENESS COMMITTEE

## Non-Masonic Middlesex Charities

### A Guide for Support

There are many charities but they can be surprisingly difficult to find. Good causes, of course, are not only registered charities and this guide provides a list of charities and where it has been confirmed that the status is registered we have provided the registered charity number.

More information about each registered charity, including details of their finances, can be found on the Charity Commission website: [www.charity-commission.gov.uk](http://www.charity-commission.gov.uk). It would be appropriate to make more enquiries of non-registered charities.

The Guide is divided into sections:

#### **Middlesex Charities – Local**

Operating only in or around the Middlesex area.

#### **Middlesex Charities – National**

Operating nationally but based in Middlesex

#### **Middlesex Charities – Local Office of National Charity**

National charity with a Middlesex area office

It is never possible to have included every charity so if you would like to suggest others for inclusion please do so by emailing the Provincial Grand Charity Steward, Mike Cumper, [mjc@quadvent.co.uk](mailto:mjc@quadvent.co.uk)

## **Middlesex Charities – Local**

Operating in or around the Middlesex area

### **Age UK Hillingdon**

Unit 2 Chapel Court  
126 Church Road  
Hayes  
UB3 2LW

020 8756 3045

Email:  
[lmcginty@ageukhillingdon.org.uk](mailto:lmcginty@ageukhillingdon.org.uk)

Reg. Charity No: 1051711

[www.ageukhillingdon.org.uk](http://www.ageukhillingdon.org.uk)

In 2010, Age UK Hillingdon became the new name for Age Concern Hillingdon. They are a local, independent charity committed to improving the lives of older people living in the London Borough of Hillingdon. As a brand partner of the national charity Age UK it shares the same values and mission but operates purely for the benefit of residents of the London Borough of Hillingdon.

They currently help over 16,500 older people in the Borough by providing a wide range of services including Information and Advice, practical help at home, improving health and wellbeing and many social contact groups to prevent loneliness and isolation.

### **Barnet & Chase Farms Hospitals Charitable Fund**

Trust Headquarters  
The Ridegway  
Enfield  
EN2 8JL

020 8375 2578

Email:  
[marcia.mcknight@bcf.nhs.uk](mailto:marcia.mcknight@bcf.nhs.uk)

Reg. Charity No: 1052057

[www.bcf.nhs.uk/fundraising/index](http://www.bcf.nhs.uk/fundraising/index)

These hospitals are leading the way in cancer care and treatment in North London and are recognised as a centre of excellence for cancer care and in March 2010 a major £1.5m fundraising appeal was launched to purchase a state of the art da Vinci Surgical Robot. The da Vinci Robot is the most technologically advanced surgical robotic system in the world. It uses robotic and computer technology to enhance the surgeon's vision and movement during keyhole surgery, enabling more advanced minimally invasive surgery to be undertaken. This will increase the number of patients who will benefit from the faster recovery, less blood loss, lower pain levels and reduced hospital stay that keyhole surgery provides.

The da Vinci Robot has already made a significant difference to the lives of patients with a diagnosis of prostate, bladder and kidney cancers. Prostate cancer is among the most commonly diagnosed cancers, affecting one in six men.

As you will have noted they already have the robot. It was decided not to deny today's patients this new technology and to buy it on interest free hire purchase, so all they need to do now is to pay for it.

### **Dreamflight**

7c Hill Avenue  
Amersham  
Bucks  
HP6 5BD

01494 722733

Email: [office@dreamflight.org](mailto:office@dreamflight.org)

Reg. Charity No: 1117303

Once a year since 1987, 192 seriously ill and disabled children from all over the UK, accompanied by a team of medical carers, board a chartered Boeing 747 at Heathrow and head to Florida to spend 10 magical days of fun and excitement. They could not undertake such a trip without the support of the army of doctors, nurses, physiotherapists and non-medical volunteers who care for the children 24 hours a day.

It is not just a holiday. The children leave behind their

[www.dreamflight.org](http://www.dreamflight.org)

families giving them an opportunity to discover independence, confidence, and a whole new outlook on life. Often for the first time, these children realise that they are not alone, and they are not the odd one out. They see children around them who have also suffered, they gain perspective, and experience things they never thought possible.

Dreamflight children have gone on to amazing achievements. In 2008, 8 of the returning Paralympians from Beijing, many of them medal winners, had been Dreamflight children citing the trip as a turning point for them.

Dreamflight believes that fun and joy are just as important as medical research and equipment – especially for children who perhaps can't wait long enough for the breakthrough they need or whose illnesses and treatments have brought pain, distress and disruption to their lives.

### **Heathrow Special Needs Farm**

Bath Road  
Longford  
UB7 0EF

01753 680330

Reg. Charity No: 294689

Heathrow Special Needs Farm is a small charitable community farm close to Heathrow Airport. They provide an environment in which people with special needs and disabilities of all ages can develop and grow in confidence, by working with farm animals. Activities include horse riding, animal care & welfare and gardening.

[www.heathrowspecialneedsfarm.co.uk](http://www.heathrowspecialneedsfarm.co.uk)

It is wholly reliant on charitable support and donations from business concerns, charitable organisations and a number of caring individuals.

### **Harlington Hospice**

Lansdowne House  
St Peter's Way  
Harlington  
UB3 5AB

020 8759 0453

Reg. Charity No: 1099332

Harlington Hospice supports clients with life limiting illnesses in Hillingdon. Our aim is to enhance the quality of life of those who use the hospice and allow them to reach their unique potential at a time when time is precious. Services include: Day Therapy, Hospice@home, Lymphoedema Clinic and Family Support. The focus is on the individual and their loved ones.

[www.harlingtonhospice.org](http://www.harlingtonhospice.org)

Harlington Hospice has to raise £1 million a year from charitable activities. We receive less than 20% Government Funding. The money comes through all sorts of fundraising activities designed to appeal to people of different interests and all ages.

### **Hillingdon Law Centre**

12 Harold Avenue  
Hayes  
Harlington

The Law Centre's main objective is to provide free legal advice and representation to poor, vulnerable and excluded members of society, where possible.

UB3 4QW

020 8561 9400

Reg. Charity No: 290792

[www.hillingdonlaw.org.uk](http://www.hillingdonlaw.org.uk)

It provides an independent legal advice service managed by local people and employing professionally qualified staff, having not-for-profit contracts with the Legal Aid Agency.

It is able to provide free and representation on matters relating to housing, family, immigration and asylum, welfare benefits and employment. They cannot provide advice on crime, motoring, commercial, conveyancing or give advice to landlords or employers.

### **Homelink Day Care**

t. Augustine's Day Respite  
Care Centre  
c/o St. Augustine's Vicarage  
Hospital Bridge Road  
Twickenham  
TW2 6DE

020 8255 1992

Email:  
[info@homelinkdaycare.co.uk](mailto:info@homelinkdaycare.co.uk)

Reg. Charity No: 1047856

[www.homelinkdaycare.co.uk](http://www.homelinkdaycare.co.uk)

- Homelink is a nurse-led day respite centre supporting carers of any age who give help and care to a partner, relative, friend or neighbour who can not manage without their help. This could be because of age, disability, physical and/or mental illness.

- This site is for people who have someone that they are caring for in the Whitton, Hounslow Borders, Twickenham, Hampton and Teddington areas.

- Homelink provides a happy and vibrant environment where people can enjoy each others' company supported by trained staff and volunteers. The Centre enables carers to take a well earned day's respite.

### **Karers 4 Kids**

7 Bellamy Close  
Uxbridge  
UB10 8SJ

07732 245905

Email:  
[Katrina@karers4kids.org.uk](mailto:Katrina@karers4kids.org.uk)

Reg. Charity No: 1111572

**No website known**

Set up around 2000 by Katrina and Chris Bijowski, the charity provides support for children with severe physical and mental problems as well as support for their families in the London Borough of Hillingdon. The major achievement to date is to provide a purpose built special needs playground in Hillingdon. There are also regular trips to Disneyland Paris for the children and their families which is funded by ongoing fund raising events. Their current project is to build facilities for special needs children at Abbotsfield School.

### **Michael Sobell House**

Mount Vernon Hospital  
Northwood  
HA6 2RN

01923 844829

Email:  
[gvhughes@michaelsobellhouse.co.uk](mailto:gvhughes@michaelsobellhouse.co.uk)

Reg. Charity No: 1079638

The Friends of Michael Sobell House support Michael Sobell House in providing a centre of excellence for specialist palliative care services enhancing, without discrimination, the care of patients with life limiting illness and support for their families and carers.

Funding from charitable sources must reach an annual target of £1,200,000 to maintain patient care. Many services at Michael Sobell House would not exist without

[www.michaelsobellhouse.co.uk](http://www.michaelsobellhouse.co.uk)

Fundraising and Voluntary contributions from individuals, community groups, companies, charitable trusts and legacies.

### **The Mulberry Centre**

West Middlesex University  
Hospital

Twickenham Road  
Isleworth  
TW7 6AF

020 8321 6300

Email:  
[info@themulberrycentre.co.uk](mailto:info@themulberrycentre.co.uk)

Reg. Charity No: 1108999

[www.themulberrycentre.co.uk](http://www.themulberrycentre.co.uk)

The Mulberry Centre has been in existence for ten years now and its sole purpose is to provide support for those whose lives have been affected by cancer, whether they are patients, carers or those who have been bereaved. They have no geographical boundaries to their services though most of their catchment is in Middlesex and West London. In many instances the first and most important thing is giving a user undivided attention which many are not able to get elsewhere. The second thing is listening to the person's needs and the issues that are concerning them. In addition they provide information geared to the person's concerns, offer counselling on a one to one basis, and also provide support for groups of patients, for carers and for the bereaved. They provide welfare rights advice and assistance for people to obtain their welfare entitlements, and a number of different complimentary and relaxation therapies.

### **Nightingale Cancer Support Centre**

The Lancaster Centre  
53 Lancaster Road  
Enfield  
EN2 0BU

020 8366 9674

Email:  
[mary@nightingalehospice.org.uk](mailto:mary@nightingalehospice.org.uk)

Reg. Charity No: 1094435

[www.nightingalehospice.org.uk](http://www.nightingalehospice.org.uk)

Otherwise known as The Nightingale Community Hospice Trust it was set up in 2002 to provide a much needed layer of support to people living in the Borough of Enfield living with cancer.

Their mission is not only to enhance the quality of life for their clients, whatever the outcome of their illness, but also to improve their chances of survival. They do this by providing practical, physical and emotional support throughout their journey.

### **One To One**

Community Link Centre  
Knowle Green  
Staines  
Middlesex  
TW18 1XB

01784 446279

Email: [1to1@spelthorne.gov.uk](mailto:1to1@spelthorne.gov.uk)

Reg. Charity No: 1061508

**No website known**

One To One is a small charity working with adults with learning disabilities. They run three regular weekday evening events in Spelthorne, Runnymede and Weybridge and a pub evening in each area once a month as well as a monthly weekend event.

Their aim is to increase respect with which adults with learning difficulties are held by others and themselves, to offer opportunities for isolated adults to participate in the life of their local communities and to increase the awareness and understanding about people with learning difficulties in the community.

## **Paul Strickland Scanner Centre**

Mount Vernon Hospital  
Northwood  
Middlesex  
HA6 2RN

01923 844630

Email:  
[margaret.sullivan@stricklandscanner.org.uk](mailto:margaret.sullivan@stricklandscanner.org.uk)

Reg. Charity No: 298867

<http://www.stricklandscanner.org.uk>

An independent medical charity based at Mount Vernon Hospital in Northwood, providing a local, yet world class scanning service for the accurate and early diagnosis of cancer and other serious diseases. In the past 27 years, they have undertaken more than 200,000 scans with leading edge PET/CT, MRI and CT scanners. In order to remain at the forefront of technology, they need to fund a continuous programme of scanner replacement to give patients the best chance of life.

## **Shooting Star Chase Children's Hospice**

Fundraising Office  
Bridge House  
Addlestone Road  
Addlestone  
KT15 2UE

01932 823100

Email:  
[fundraising@shootingstarchase.org.uk](mailto:fundraising@shootingstarchase.org.uk)

Reg. Charity No: 1042495

[www.shootingstarchase.org.uk](http://www.shootingstarchase.org.uk)

Shooting Star Chase is a children's hospice service supporting local families with a child or teenager not expected to reach their 19<sup>th</sup> birthday. Currently helping over 500 families they are there for every step of their journey, sharing the good times, and helping them through the tough times with practical, nursing and emotional support.

Families receive the support free of charge, 365 days a year, in their own homes and communities and at their children's hospice. With no guaranteed Government funding they must raise £23,000 a day to continue their vital service.

## **St Marks Hospital Foundation**

Room 5W025  
St Marks Hospital  
Watford Road  
Harrow  
HA1 3UJ

020 8235 4092

Email: [foundation@nwlh.nhs.uk](mailto:foundation@nwlh.nhs.uk)

Reg. Charity No: 1140930

[www.stmarksfoundation.org](http://www.stmarksfoundation.org)

St Mark's Hospital Foundation is the only charity supporting the work of St Mark's Hospital in Harrow. Set up to fund what the NHS can't, the money they raise goes to ensure vital research, education and training goes ahead each year, maintaining St Mark's Hospital as a world class local bowel disease hospital.

Their current flow cytometer is 12 years old and therefore not only extremely dated but breaks down frequently. A new machine will massively increase their research productivity allowing their team to remain at the forefront of research into Crohn's disease, ulcerative colitis, polyposis and bowel cancer in addition to numerous other bowel afflictions. With this help they have moved one step closer to realising their vision of a world free of the pain and suffering caused by bowel disease in all its forms.

## **Shooting Star Chase Children's Hospice**

Fundraising Office  
Bridge House  
Addlestone Road  
Addlestone  
KT15 2UE

01932 823100

Email:  
[fundraising@shootingstarchase.org.uk](mailto:fundraising@shootingstarchase.org.uk)

Reg. Charity No: 1042495

[www.shootingstarchase.org.uk](http://www.shootingstarchase.org.uk)

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## **St Luke's Hospice**

Kenton Grange  
Kenton Road  
Harrow  
HA3 0YG

020 8382 8000

Email: [info@stlukes-hospice.org](mailto:info@stlukes-hospice.org)

Reg. Charity No: 298555

[www.stlukes-hospice.org](http://www.stlukes-hospice.org)

To provide specialist palliative care free of charge to people with advanced, progressive illnesses, which addresses their physical, emotional, social and spiritual needs thus enhancing their quality of life and supporting their families and carers.

St Luke's Hospice is an independent charity serving the multi-cultural/ethnic community of Harrow and Northern Brent. Unique in the area, we provide all our services free of charge to all and rely heavily on voluntary contributions from the community to ensure we remain open (we currently receive less than one third of our funding from the Government).

## **Sudbury Neighbourhood Centre**

809 Harrow Road  
Wembley  
Middlesex  
HA0 2LP

020 8382 8000

Email:  
[info@sudburyneighbourhoodcentre.co.uk](mailto:info@sudburyneighbourhoodcentre.co.uk)

Reg. Charity No: 1079460

[www.sudburyneighbourhoodcentre.co.uk](http://www.sudburyneighbourhoodcentre.co.uk)

Started in 1979 in response to local resident suggesting that there was a need for a venue where frail, elderly and lonely people could meet, it soon became obvious that something more than a cup of tea and a chat were needed and that some form of day care would be a great help to families who were providing care in the home.

Now offering luncheon club. Coffee shop, food shopping, social activities and outings. The first main service however is to listen.

## **The Willow Tree Centre**

Breakspear Road North  
Harefield  
Middlesex  
UB9 6LZ

A multi purpose outdoor centre in an attractive rural setting of 15 acres, bordered by woodland and within easy reach of London. More than 12,000 use the extensive facilities each year and it's a popular location for Guide groups and other youth organisations including Scouts, Girls Brigade, Duke of

01895 673264

Email:  
[info@willowtreecentre.co.uk](mailto:info@willowtreecentre.co.uk)

Reg. Charity No: 1062138

[www.willowtreecentre.co.uk](http://www.willowtreecentre.co.uk)

Edinburgh expeditions as well as local schools and businesses. The Centre can sleep 33 people in the Holiday House; this includes a training and function room to accommodate 80 visitors. There are 3 large campsites and grounds that can cater for over 1000 people.

Activities include archery, orienteering, pioneering, basketball and football. All facilities provide excellent access for those with physical disabilities and special needs.

## **The Wish Centre**

Unit 4A  
Livingstone Court  
55 Peel Road  
Wealdstone  
HA3 7QT

020 8416 7277

Email: [info@thewishcentre.org.uk](mailto:info@thewishcentre.org.uk)

Reg. Charity No: 1125263

[www.thewishcentre.org.uk](http://www.thewishcentre.org.uk)

The Wish Centre provides support and opportunities for women, young people and children who have been victims of abuse, domestic and sexual violence and neglect and for those who are suicidal or self harm.

Self harm is a way of coping with extreme circumstances or emotions such as living with sexual abuse or family violence, entering or leaving care, family break up and bereavement. There is a spiral of neglect and disadvantage for many children and women.

The Wish Centre provides a safe place that supports and inspires, and our innovative approach is a mix of peer based support, campaigning, youth work, counselling, mentoring, creative and achievement based projects for young people at risk.

## **Middlesex Charities – National**

Operating nationally but based in Middlesex

### **Aspire**

ANTC  
Wood Lane  
Stanmore  
Middlesex  
HA7 4AP

Reg. Charity No: 1075317

**[www.aspire.org.uk](http://www.aspire.org.uk)**

Spinal Cord Injury has a devastating effect on the 1,200 people who become paralysed each year.

The individual affected will lose muscle and sensory control and the vast majority become full time wheelchair users for the rest of their lives. Historically, the majority of spinal cord injuries have been sustained by those aged 15 to 40, with men outnumbering women, although increasingly it is affecting more older people too. Through its projects and programmes, Aspire offers practical support to the 40,000 people living with a spinal cord injury in the UK so that they can lead fulfilled and independent lives in their homes, with their families, in work-places and leisure time.

## **Middlesex Charities – Local Office of National Charity**

National charity with a Middlesex area office

### **Crossroads Care**

21A Windsor Street  
Uxbridge  
UB8 1AB

Reg. Charity No: 282102

[www.crossroads.org.uk/hillingdon](http://www.crossroads.org.uk/hillingdon)

Hillingdon branch of national charity, also has a branch in Harrow.

Hillingdon Crossroads was formed in 1980 to provide regular or occasional respite (breaks). With the help of highly trained Care Attendants we can help you live independently, without having to change your lifestyle.

We offer a service from birth onwards, covering all disabilities; this can be from as little as 1 hour for a 'check call' (see Services) to all day, we also have a 'waking' night service to allow the cared for to have a good nights sleep.

### **Cool2care**

7a Halland Way  
Northwood  
Harrow  
HA6 2AG

Reg. Charity No:

[www.cool2care.co.uk](http://www.cool2care.co.uk)

Cool2Care is committed to providing the very best support for families with disabled children and young adults, enhancing their lives both in their homes and out in the community. Our care-workers are young, trained, confident and skilled, acting as friends or buddies to the children they look after.

We understand that employing a care-worker or personal assistant (PA) benefits the whole family - the child gets a friend to interact and play with while the parents get regular breaks and support with their caring roles.

### **Harrow MS Centre**

Harrow School Farm  
Watford Road  
Harrow  
Middlesex  
HA1 3TS

Reg. Charity No: 299525

[www.harrowmscentre.co.uk](http://www.harrowmscentre.co.uk)

**Our Mission** - Is to improve the quality of life for people with MS.

**Our Vision** - To help more people with MS to live life to their full potential.

**Our Values** - To achieve this in a caring, supportive and friendly environment which enables members to manage their symptoms according to their own individual needs, and provide the best range of services, therapies, help and advice to as many of them as possible.

### **Masonic Trout Salmon Fishing Charity**

23 Cross Road  
Hanworth  
Middlesex  
TW13 6QP

Reg. Charity No: 1103882

[www.mtsfc.co.uk](http://www.mtsfc.co.uk)

Masonic Trout and Salmon Flyfishing Club (MTSFC) has the aim 'to bring an interactive fishing and countryside experience to people with Special Needs'. This includes disabled and disadvantage children, young people and adults. Fishing events are held up and down the country and participants invited from Special Needs Schools, Adult Day Centres and similar places to attend. Participants are introduced to fishing by an experienced fishing guide and helpers and lunch is provided for them and their carers or teachers. Middlesex events are held in Syon Park and Angling Projects (Cemex Lakes)..

## **Mencap**

Various local groups  
See website for details

[www.mencap.org.uk](http://www.mencap.org.uk)

Mencap work in partnership with people with a learning disability, and all our services support people to live life as they choose. It is the leading voice of learning disability and everything they do is about valuing and supporting people with a learning disability, and their families and carers.

Local groups can be found from the website by searching Middlesex.

## **Teddies for Loving Care (TLC)**

54 Medway Crescent  
Leigh on Sea  
Essex  
SS9 2UY

Reg. Charity No: 1087765

[www.tlcappeal.org](http://www.tlcappeal.org)

The Teddies for Loving Care Appeal (TLC) has a simple objective. To provide teddies or soft toys to A&E units, for the medical staff to give, at their discretion, to children who are in severe distress, where the staff feel that teddy to cuddle will help alleviate that distress, that will assist them in the urgent work.

The children take the teddies home with them.