

CARRY ON PACKING LIST

(FOR LONG OR INTERNATIONAL FLIGHTS)



Electronics

- iPad or Tablet
- Headphones
- Back Up Battery
- USB cord
- Chargers
- Headphone Splitter
- Power Strip
- Camera
- Camera Battery & Charger



Personal Items

- Hand Lotion
- Hand Sanitizer
- Eye Drops
- Contact Lens Solution
- Chapstick
- Deodorant
- Mini Toothbrushes
- Sample Sizes of Makeup & Skin Care Products- recommend concealer mascara, lipstick and powder, moisturizer
- Saline Nasal Spray
- Hair Elastics/Brush

remember all liquids and gels need to be under 3oz and fit in quart size bag



Comfort Items

- Shawl or Blanket
- Travel Pillow
- Refillable Water Bottle with Filter
- Socks
- Eye Mask



Back Up Items

- Extra Underwear (especially if traveling with kids)
- Extra Shirt
- Extra Pair of Pants
- Change of Socks



Food/Medicine

- Gum
- Mints
- TSA Approved Snacks
- Bottle of Water
- Crackers
- Protein Bars (or other favorite snacks)
- Ibuprofen/Tylenol/Aspirin
- Antacid
- Anti Nausea Medicine
- Anti Diarrhea Medicine
- Prescription Medication
- Band-aids



Other

- All Jewelry
- Cash
- Passport
- Photo ID
- Credit Cards
- Print out of Flight and Hotel Information
- Notebook & Pen