

Update of the New Zealand Health of Older People Strategy

Live well, stay well, get well

Jim Nicolson, Populations Policy, Ministry of Health - May 2016

The Goal: Refresh New Zealand's 2002 Health of Older People (HOP) Strategy

2002 Vision: *Older people participate to their fullest ability in decisions about their health ... They are supported in this by co-ordinated and responsive health and disability support programmes.*

- well-informed choices
- health and disability support programmes integrated
- timely access to quality integrated health support
- support needs of older Maori
- population-based health initiatives
- health services proactively improve and maintain health
- hospital services integrated with required community-based care and support.
- complex health needs [addressed by] coordinated services

New Zealand Health Strategy

Vision: All New Zealanders live well, stay well, get well

- New NZ Health Strategy released April 2016
 - Will guide continued development of New Zealand's health system and services.
 - Contains guidance on actions to improve all New Zealanders' health, including older people
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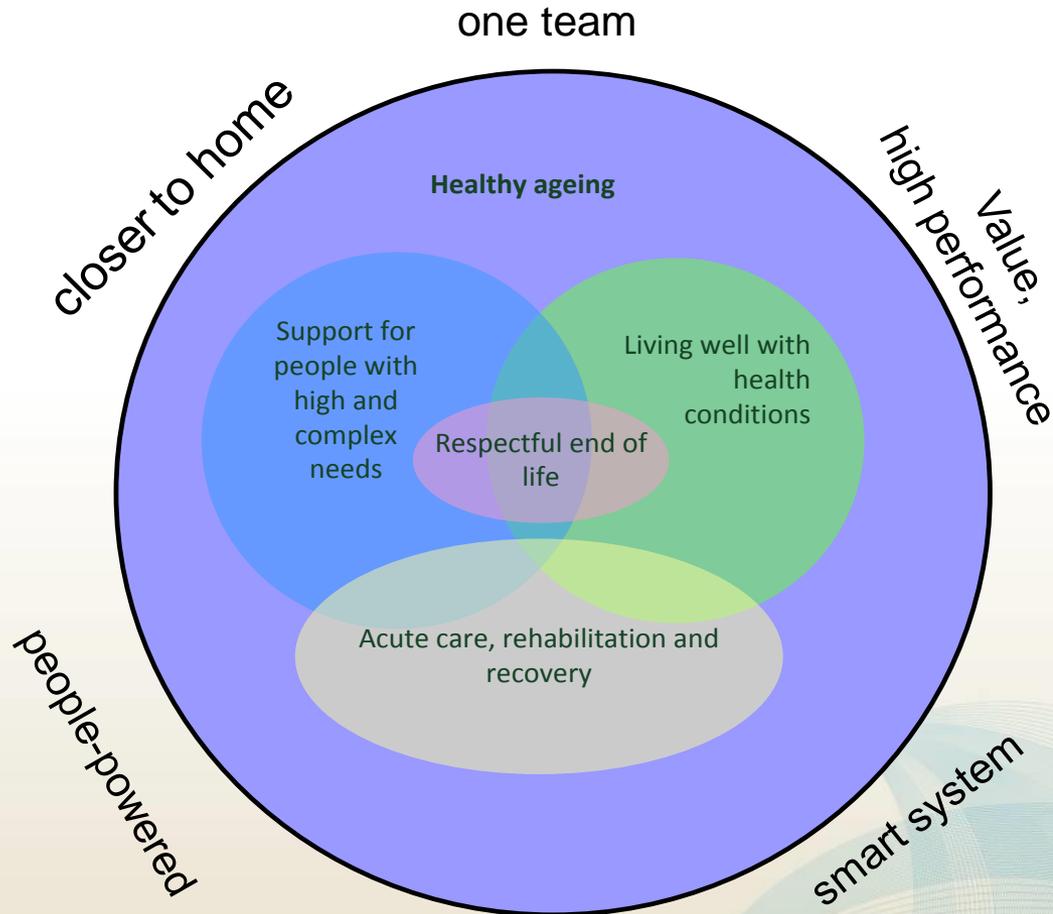
The New Zealand Health Strategy themes



Updating the Health of Older People Strategy

- Is now under development
- Will provide specific guidance on improvements to the system to improve the health of older people
- The update is being done through collaboration, partnership and co-design

Emerging Strategic Framework



Areas for change

Models of care

- Making the health services more person-centred
- Greater focus on wellness, to maintain independence and manage demand
- More attention to early detection of emerging conditions
- Earlier intervention to support people to live well with long term conditions
- Better coordination of assessment, planning, service delivery and review
- Target services to reduce inequities for Maori and priority populations

Business and planning models

- Greater flexibility to better meet individual and population needs
 - Reduce the impact of social determinants of health status by improving integration of services across government agencies
 - Enable older people to move through health systems in a coordinated way
 - Improve the measurement of health sector effectiveness
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Areas for change

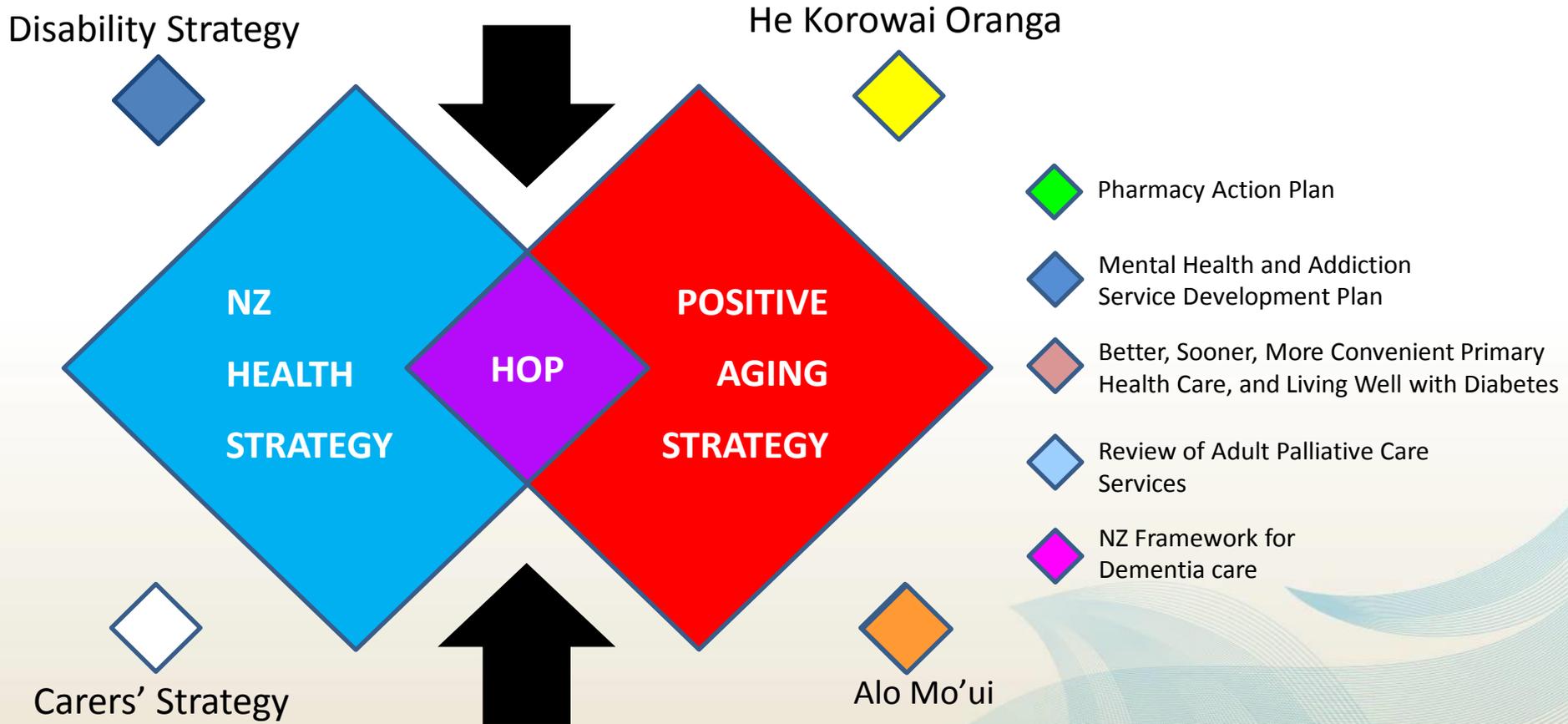
Enablers

- Create a framework for greater collaboration in health service design, planning, delivery and review
- Ensure the workforce is sufficient, well trained and appropriate to meet the needs of all older people (including cultural competence)
- Improve information technology, data integration, and flow of information
- Smarter use of technology in homes, care settings and hospitals

Legislation/policy/finding

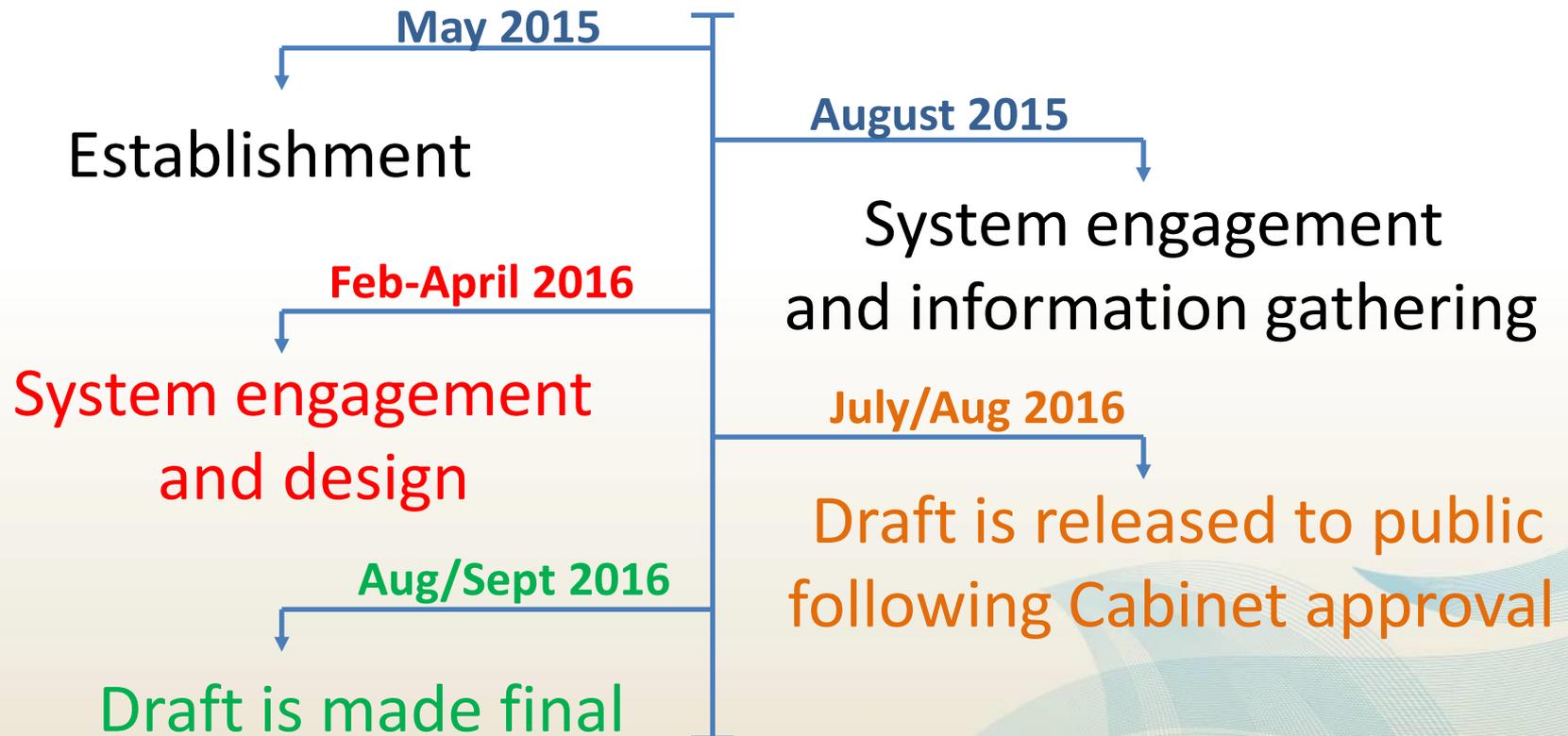
- Increasing flexibility/responsiveness in funding models to enable more innovation and improve targeting to high needs or priority groups
 - Longer term investment approach to achieve comprehensive enduring improvements to older people's health status and social connection
 - Identify investment opportunities across health and social sectors
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Context: How does the HOP Strategy fit in?



What's involved in a Strategy change?

HOP Strategy Timeline



How to stay involved

- write to: hopstrategy@moh.govt.nz
- suggestions through www.health.govt.nz
(search on Health of Older People Strategy)
- public consultation – make a submission, join a consultation meeting

For discussion

Models of care

- Making the health services more person-centred

Business and planning models

- Greater flexibility in business models to better meet individual and population needs

Enablers

- Create a framework for greater collaboration in the health sector

Legislation/policy/finding

- Longer term, cross sector investment to achieve comprehensive enduring improvements to older people's health