



Holiday Gift Guide

9 Special Program Bundles That Your Hooper Will Love!



The Accelerated Player Journey

Creating 4 years of progress in 2.5 years

30 Months High School Varsity Ready

Complete all 4-week courses 2x
Graduate from The Confidence Formula HS level
Completed 12 months of The Confidence Warranty
Intensive Evaluation achieving Black Sock

12 Months High School Freshman Ready

Complete 3 months of The Confidence Warranty
Complete all nine 4-Week Focus courses
Intensive Evaluation achieving Purple Sock

3 Months Middle School JV Ready

Complete 3 months of 3X3 Ignition League
Complete three 4-Week Focus courses
Basic Evaluation achieving Green Sock

18 Months High School JV Ready

Complete 6 months of The Confidence Warranty
Begin 2nd round of 4-Week Focus courses
Begin The Confidence Formula HS level
Intensive Evaluation achieving Red Sock

6 Months Middle School "A" Team Ready

Complete six 4-Week Focus courses
Graduate The Confidence Formula MS level
Basic Evaluation achieving Blue Sock

*Need help deciding?
Consult with a
program advisor!
Text us at 603-932-5893*

The Accelerated Player Journey™

30-month Make your HS Varsity Team package valued at \$21,119

- 30% off paid in full = \$14,783
- 20% off payment plan of \$563/mo x 30 months



www.playpracticebasketball.com/journey

info@playpracticebasketball.com

Call us at 603-461-5775

Text us at 603-932-5893 (Data rates may apply)





Confidence Formula Premium

**We help your player build Concrete Confidence,
Guaranteed!**



12-WEEK PROGRAM

Confidence Formula™ Premium Package

- 12-Week Confidence Formula™
- 3 month Postural Foundations Physical Performance
- 3 month 24/7 Gym Access Membership
- 1 year Confidence Warranty (see pg 5 for more info)

Total Value \$7,866

- 20% off paid in full = \$6,293
- \$655/mo for 12 months



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Confidence Formula Basic

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12-WEEK PROGRAM

Confidence Formula™ Basic Package

- 12-Week Confidence Formula™
- 12 individual workouts on a custom schedule, or 24 group workouts
- Next group session March 17th- June 11th

Total Value \$1,999

- Pay deposit before Jan 1, 2026 to save \$200
- Bonus: 1 Month Confidence Warranty Included!



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The Confidence Warranty

We help your player build compound interest on their skill set year-round!



The Confidence Warranty

- Text accountability - 3x weekly asking questions
- Partner or group workouts - 2x monthly
- Dr. Dish shooting sessions (300 shots/30 min) - 2x Monthly
- Game film analysis - Coach BJ's feedback on 3-5 clips from your game or workout, specific to your player

Total Value \$299/month, \$3,588/year

- Full year = 2 free months = \$2,990
- 6 months = 1 free month = \$1,495
- 3 months = \$120 off = \$777

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4-Week Focus Courses

FOCUS on improving their skill level in a way that translates to games

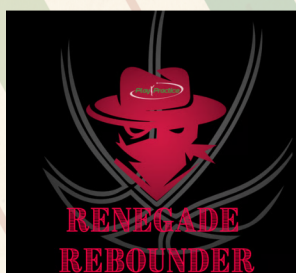


We help your basketball player gain ice-climbing certainty from the sneakers up!



**Ball-handling
Buccaneer**

We help your player gain command of the "Seven Seas" of ball-handling, so they can make decisions, solve problems, and create space to score in any situation!



We help your player become a renegade rebounder so they can GO GET THE BALL more often!



We help your player become an off-ball Ninja -

Exploiting defensive psychology to create scoring opportunities BEFORE they touch the ball!



7-Course Bundle

- All Seven 4-Week Focus courses
- Lifetime access to all course content
- 30 Bonus group sessions
- 30 Dr. Dish sessions
- Can be used any time - no expiration!

Total Value \$6,075

- Bundle Price = \$2,499

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4-Week Focus Courses

FOCUS on improving their skill level in a way that translates to games

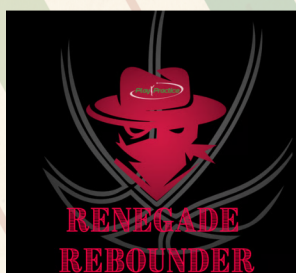


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Triple Play Course Bundle

- Pick any three 4-Week Focus courses 1on1
- Get 12 group bonus sessions
- And get 12 Dr. Dish sessions
- Can be used any time in 2026!

Total Value \$2,235

- Bundle Price = \$1,275

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Summer Camp

Short-duration camps with long-lasting impact

Ages 10+



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4-Day Focus Camp

- June 29 - July 2nd - 4 hours per day, \$399
- Early Bird Bonus: 4-pack of Dr. Dish sessions (\$120 value)
- Schedule 1pm-5pm Mon- Thurs
- Max of 12 players

Confidence Camp

- July 11- July 16th - 4 hours x 6 days, \$999
- All 12 modules of the Confidence Formula™
- Early Bird Bonus: 1 month Confidence Warranty (\$300 value)
- Max of 12 players



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Gym Rentals

Gym access, private rentals, team practice, and more!

24/7 Gym Access Memberships

- Options from 1 day a week for 3 months to daily access for an entire year, and everything in between!
- Annual memberships for additional savings

Private Gym Rental

- Private Indoor Court: Pay an hourly rate to get full access to our private court, starting at \$75/hr. for 1-2 players (or household)
- Private Group Court Rental: For group of 3-12 players, \$125/hr. (Large discounts available if you purchase 10+ hours at once)
- Dr. Dish: Use of our Basketball Shooting Machine, Dr. Dish

Birthday Parties

- The entire facility, including party space and court, for 2 hours
- A coach will be on hand for training and activities
- The Parent Lounge converts to a party space
- \$400- Save \$50 if purchased by 12/31/25

Pickleball Rental

Private rental for players of all levels

- \$60/hr OR
- \$99/mo for 4 hours of playtime

Team Practice Rental

Renting for your team? We like to help out rec and travel teams by trading free gym time (and even a practice run by our coaches) for the chance to show your players what we do.

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Add-ons

Perfect add-ons to complete the perfect gift!

Dr. Dish

- 50 Credit pass (15,000 shots!) = \$750
- 20 Credit pass (6,000 shots!) = \$450
- 12 Credit pass (3,600 shots!) = \$325



T-shirts- \$25

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FRONT



BACK

Gift Certificates

- 90% off purchased for a friend - buy \$100 gift card for \$10 to give to a friend that needs our help! (intended as gifts for new clients only)

call to purchase

A La Carte

- 30 min workout session \$125
- 60 min workout session \$250
- Dr. Dish shooting session \$30

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