

# RESOURCES

for combating Imposter Syndrome



## ARTICLES

[How to deal with imposter syndrome - Time Magazine](#)

[5 Types of imposter syndrome - The Muse](#)

[The Reality of Imposter Syndrome - Psychology Today](#)

[How to overcome imposter syndrome - The New York Times](#)

[Overcoming imposter syndrome - Harvard Business Review](#)

## BOOKS

[The Imposter Cure - Jessamy Hibberd](#)

[The Middle Finger Project - Ash Ambirge](#)

[The Secret Thoughts of Successful Women - Valerie Young](#)

[Unlocking your authentic self - Jennifer Hunt](#)

[Unworthy - Paul Mero](#)

## PODCASTS

[Episode 127 - Jordan Harbinger](#)

[The Life & Leadership Podcast Ep.](#)

[Unf\\*ck your brain Podcast Ep.](#)

## VIDEOS

[What is imposter syndrome & how can you combat it? - Elizabeth Cox, TedEd](#)

[Playlist: Fighting imposter syndrome - Ted Talks](#)

## COURSES, WEBINARS & PROGRAMS

[What imposter syndrome is and how to overcome it - LinkedIn Learning](#)

[Webinar: Battling imposter syndrome - Skillpath](#)

[Program: Eliminate Imposter Syndrome - Amplio Coaching](#)