

The End of Me Leader Guide Session 3: Empty to be Filled

Connect

During each session, we will begin with a few questions to help you connect with one another and grow intimacy. Please take a couple of minutes to answer at least one of the following questions.

- In this session we will be discussing the idea of being emptied so that we can be filled with God. When you think of being emptied, what thoughts come to mind?
- What is one thing from the previous two sessions that you have already started to implement in your life?

Watch

PLEASE PLAY THE “END OF ME” DVD EPISODE #3

This study is designed to be used with an accompanying video teaching. Please play DVD Episode 3. While you watch, write down notes, questions, or comments you want to bring up in the discussion later.

Grow

In the following section, you will explore Bible passages and take part in discussion to help expand your knowledge on the topic of this session. If time is a concern, please choose just a few of the questions to answer and discuss in your group.

Discussion Question:

1. What stood out from the video?
2. Kyle said “Jesus loves to fill things that are empty”. He also says “he fills it with the best.” How is last week’s lesson a great example of this?
3. Kyle also shared how there were people in the gospels who were not filled with Jesus because they were filled with other things. How is those somewhat of an alarming warning for most of us in today’s culture? What does this teach you about Jesus?
4. Read Revelation 3:20. How is this another example of Jesus not being about to fill something that is already filled? What is Jesus promise to those who open the door?
5. Ken shared how in his decline, he felt totally empty and lonely. How would you describe the state of being empty? Share a time when you felt empty. How did God fill you in your emptiness?

Journey CHURCH

Pastor James Greer

James@jcpineville.com

www.jcpineville.com



6. Read 1 Samuel 30:1-6. Go around and share what David had lost up to this point. Verse 6 is one of the most powerful verse in the Bible. Knowing that David goes on from this experience to become the King of Israel, what role do you think this experience played in the rest of his life? How do you think David's life would have been different if he never went through this experience?
7. Kyle said "what we thought would fulfill us, has left us empty." Why do you think it is that the things we do desperately seek to fill us, end up never satisfying?
8. Ken shared about how at the Whitney Houston concert he experienced the most humiliating moment of his life. Why do you think God does his best work in us when we are at our lowest? How have you experienced this?
9. Read Matthew 16:24-27. In what ways do Jesus' words here echo the idea that we must get to the "end of me" in order to experience God in a deeper way?
10. How did you feel when Ken shared about the women who said that her church group had prayed for Ken years and years ago? What did that teach you about God's faithfulness? How does understanding God's faithfulness help us get to the end of ourselves?
11. According to this session, how important is it to come to the end of ourselves if we want to be filled with God?
12. In the video Kyle encouraged everyone to start to empty ourselves. What does this mean to you to empty yourself? What are some action steps we can take to empty ourselves?
13. What is one thing in your life you need to empty yourself of in order to have God fill you?
14. How can this group help you in coming to the end of yourself so you can be filled with Jesus?

Going Deeper

This section is designed to help the insights and the lessons you learned in this session have an impact on your heart and not just your mind. In other words, to allow this session to go from just knowledge to seeking transformation. Please take some time to do the following exercise as a group.

Today we are going to try an exercise that can help us be filled with God through others. Give everyone a notecard or a piece of paper. Have everyone write one thing they would love to hear from God. These are not meant to be questions they would like answered or prayer request.

Take a couple minutes to write the statement down on your piece of paper.

Once everyone is done, collect everyone's paper and redistribute them making sure no one received their statement. Have the group close their eyes. Now have one person open their eyes and read the statement on the paper they received out loud. Then go on to the next person and so on.