

Journey CHURCH

Pastor James Greer

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How to Get What You Really Want Leader Guide Session 1: Careful What You Wish For

Outline:

1. What do you want?
2. We want our **WAY**.
 - When we get our way, we often get in our own way.
3. We want to do what we want to do.
4. We want perpetual **PLEASURE**.
 - Pleasure is addictive, which undermines the please, which isn't what we want.
5. We want it **NOW!**
Later is longer.
 - Regret begins with "I want."
 - Regret ends with "I want to go back in time and not get what I wanted."
6. If we always get our way, we **LOSE** our way.
7. If we always do what we want to do, we end up where we don't want to be.
8. If we get what we want now, we may not get what we want **LATER**.
9. *What causes fights and quarrels among you? Don't they come from your desires that battle within you? You **DESIRE** but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight... (James 4:1-2).*
10. What we really want lurks in a realm we rarely explore.

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Discussion:

1. Andy joked about being grateful for “unanswered prayers.” What are some things you wanted at one time (perhaps when you were younger) but are now grateful you didn’t get?
2. Have you or someone you know ever had a seemingly innocent want become a pathway to a sin, habit, or regret?
3. Take a few minutes to write down examples of when you experienced the downsides of getting what you wanted.
4. In the message, Andy said, “Most of us don’t know what we really want because we’re so distracted by our desires and appetites... what we can have now.” Can you identify anything you currently want that has the potential to distract you from what you ultimately, really want?