

The End of Me Viewer Guide Session 1: Broken to be Whole

Discussion Question

1. What struck you from the video? What did the video teach you about brokenness?
2. Kyle said that Jesus is going to show us that much of what we have been taught in this world about happiness, purpose, and fulfillment is in direct conflict with the Kingdom of Heaven. In what ways are Jesus' teaching in conflict with what most people in the world believe about happiness? Purpose? Fulfillment?
3. Rachelle shared how she had tried to find purpose, happiness and fulfillment in the pursuit of money and achievements. What are some other things people in our culture pursue? What are some things that you sometimes find your worth in?
4. Kyle said we think what will make us fulfilled and happy is to pursue our own desires. Why do you think we have this false understanding?
5. Kyle and Rachelle both talked about getting to the "end of me", in other words the place where we stop trying to make it on our own and turn to God. How would you describe the state of being at the "end of me"?
6. Read Matthew 5:3 and Jeremiah 17:5-9. Compare and contrast these two verses.
7. Why do you think being poor in spirit is directly connected with being blessed? How would you describe the difference between the person described in verses 5 & 6 of Jeremiah 17 and verses 7-9?
8. In what ways has the person described in Jeremiah 17:7-9 a person who has reached the "end of me"? What was the result?
9. Kyle shared about the story of the woman who washed Jesus' feet. What did this story teach you about brokenness? What did it teach you about God? What did it teach you about God's view on brokenness?
10. Why do you think it is so hard for us to come to the end of ourselves and let go? In what ways do you try to cover your brokenness?
11. How have you experienced God taking something that was broken and making it whole again?

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12. Rachelle said “the humility that it takes to recognize our brokenness only brings us closer to God and that’s when our lives change and that’s when we can change other people’s lives.” Why does it take humility to recognize our brokenness? How does recognizing our brokenness bring us closer to God? What is the connection between having our lives changed and helping other change their lives?
13. How is coming to the “end of me” something that needs to be done once for someone who is not following Jesus? How is it something that needs to be done repeatedly for the follower of Jesus?
14. How does this lesson bring you hope when it comes to your own brokenness? How do the truths and insights in this lesson encourage you to come to the end of yourself?